Livable Orlando: An Age-Friendly Initiative

CNU Orlando – Rethinking the City as Age-Friendly
January 28, 2020
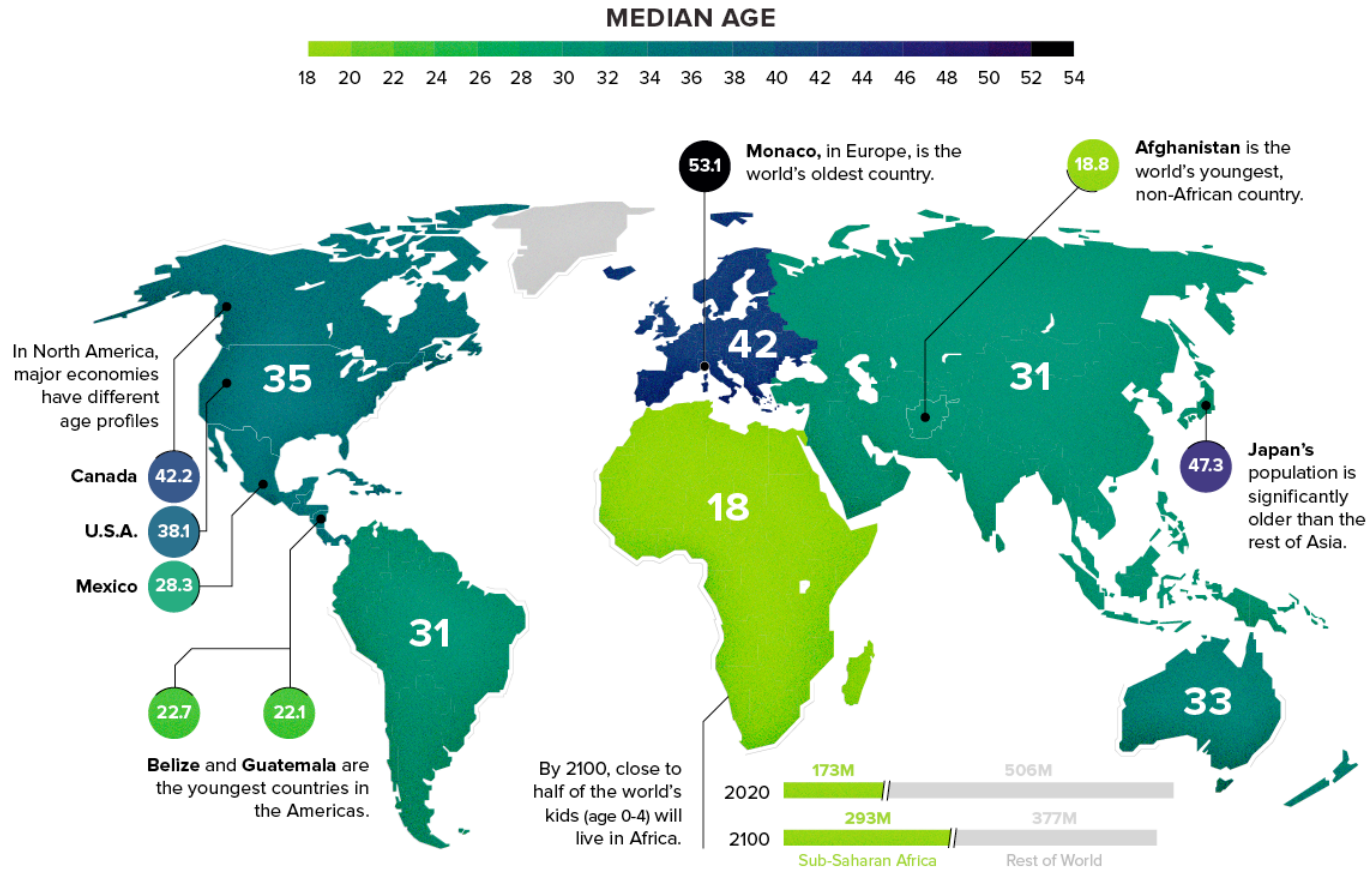
Presented by
Paul S. Lewis, FAICP

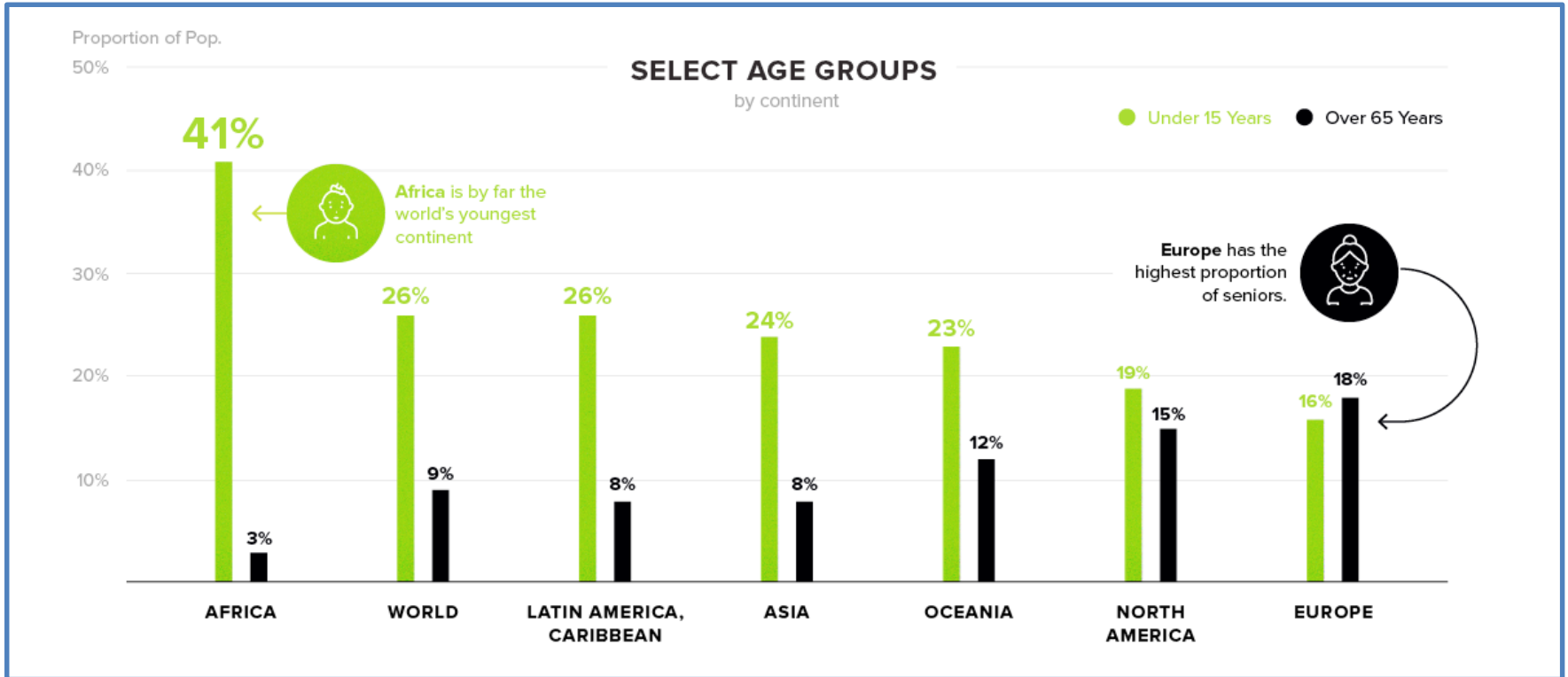CITY OF
ORLANDO

Setting the Stage

Source: VisualCapitalist.com – February 2019
(CIA World Factbook, Gates Notes, Statista)

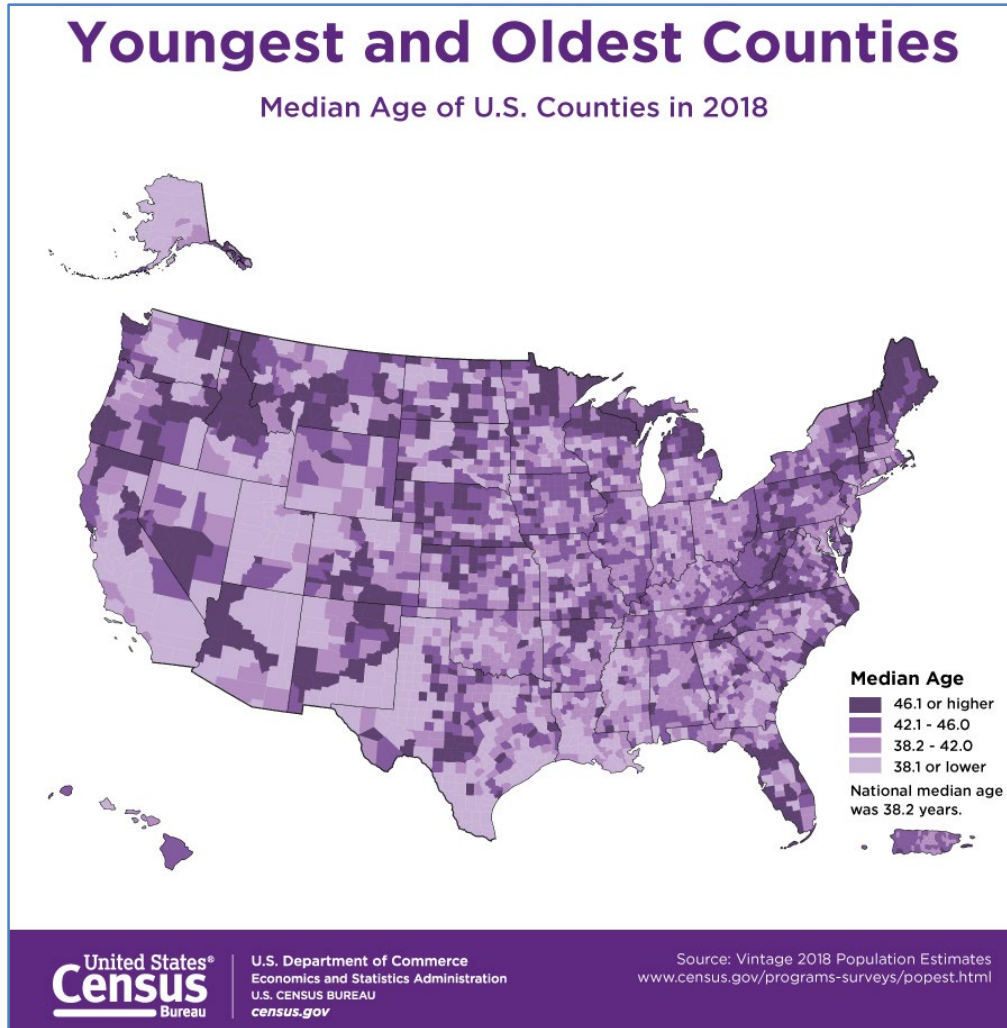# Setting the Stage

THE MEDIAN AGE OF CONTINENTS
Africa has the world's youngest population, with a median age in the teens

Source: VisualCapitalist.com – February 2019
(CIA World Factbook, Gates Notes, Statista)

Youngest and Oldest Counties

Median Age of U.S. Counties in 2018

Median Age
- 46.1 or higher
- 42.1 - 46.0
- 38.2 - 42.0
- 38.1 or lower

National median age was 38.2 years.

United States® Census Bureau

U.S. Department of Commerce
Economics and Statistics Administration
U.S. CENSUS BUREAU
census.gov

Source: Vintage 2018 Population Estimates
www.census.gov/programs-surveys/popest.html

- The population of the United States is rapidly aging.

- By 2030, one of every five people in the U.S. will be 65 or older.

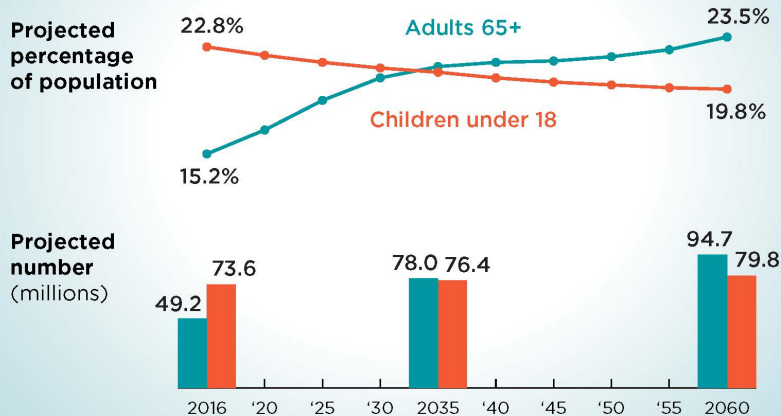- Orlando is actually on the lower end in terms of Median Age (33.9).

CITY OF ORLANDO
AGE-FRIENDLY COMMUNITY

By 2035, the number of adults older than 65 will be greater than the number of children under 18.

Setting the Stage

A More Diverse Nation — Distribution of Race and Hispanic Origin by Age Groups. Source: Vintage 2018 Population Estimates, U.S. Census Bureau, www.census.gov/programs-surveys/popest.html

- We are becoming a more diverse nation in every age group.

- In percentage terms, the highest growth has been in the Hispanic population.

Midwest Counties Are Getting Younger
Median Age Change: 2010 to 2018

Change in years
- 4.3 or higher
- 2.6 - 4.2
- 0.1 - 2.5
- -1.4 - 0.0
- -1.5 or lower

National median age change was 1.0 year.

United States Census Bureau

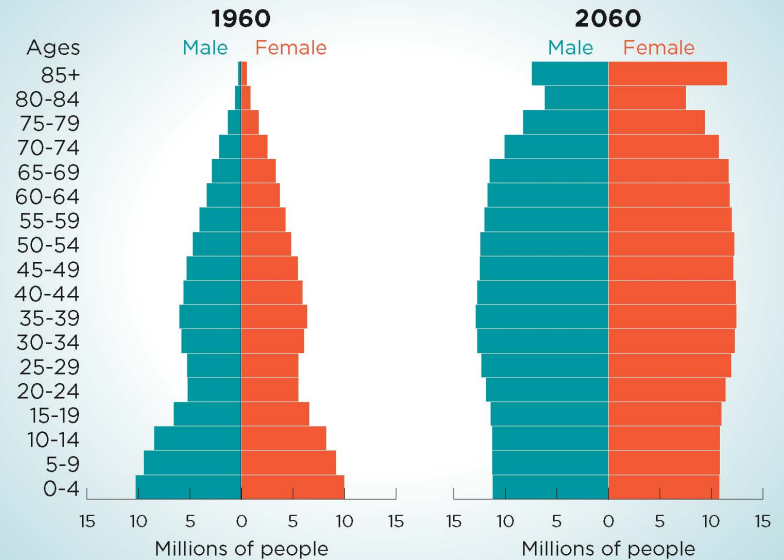U.S. Department of Commerce
Economics and Statistics Administration
U.S. CENSUS BUREAU
census.gov

Source: Vintage 2018 Population Estimates
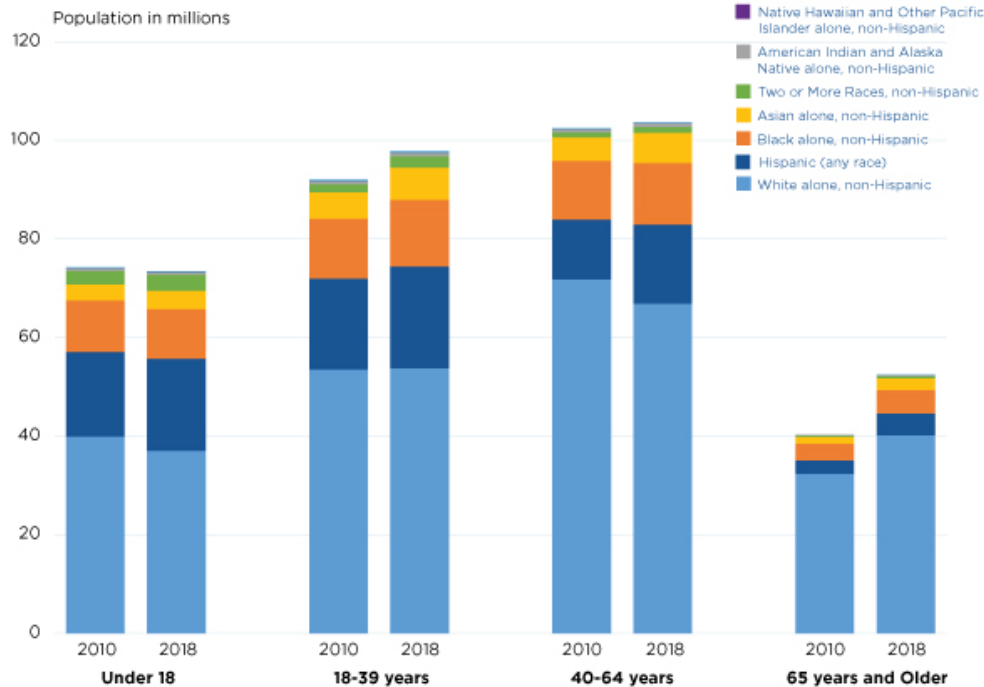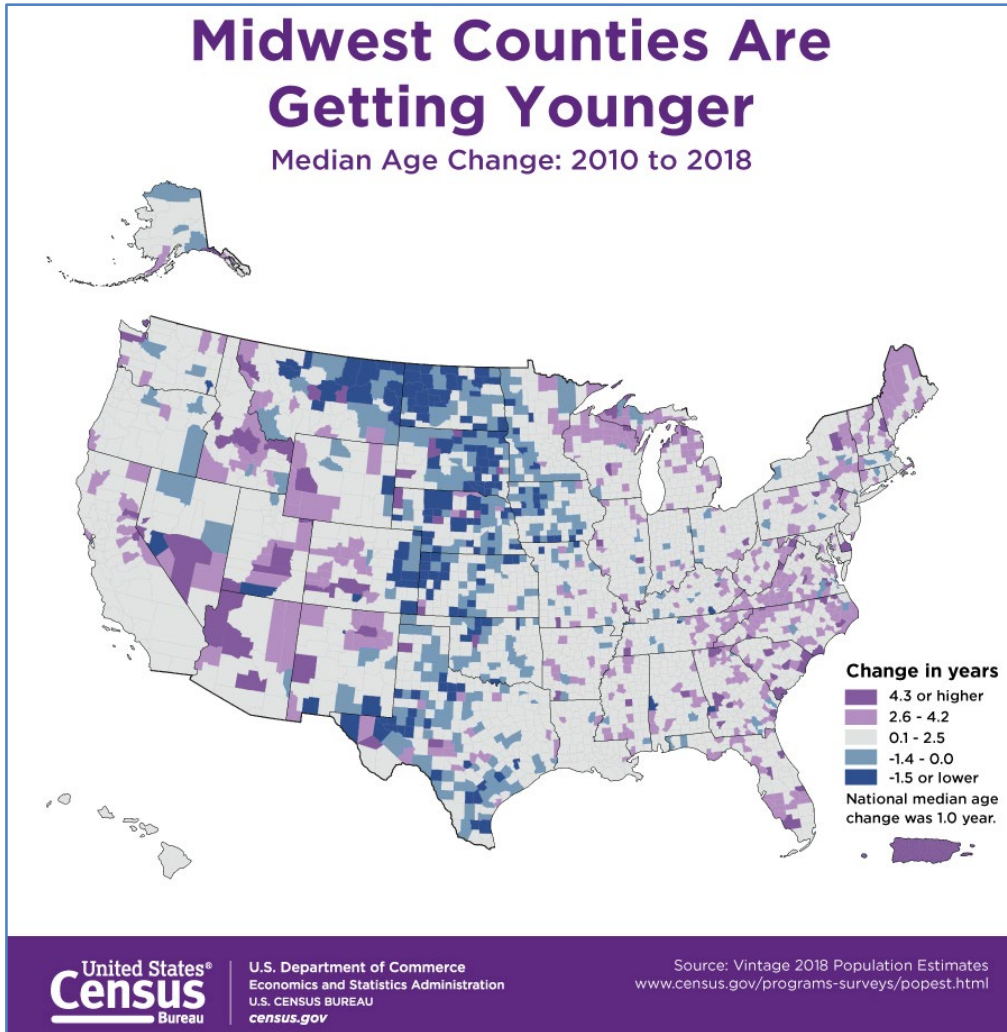www.census.gov/programs-surveys/popest.html

- The Median Age in some areas of the country are actually declining.

- Florida and Orange County are growing in terms of Median Age.

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Setting the Stage

2018 Profile of Older Floridians

Florida Demographic Profile

The demographics section presents the population characteristics of those age 60 and older and examines traits about older Floridians, such as the number of veterans, voters, and drivers.

Age Category	Value	Percent
All Ages	20,840,568	100%
Under 18	4,178,384	20%
Under 60	15,262,987	73%
18-59	11,084,603	53%
60+	5,512,586	26%
65+	4,134,536	20%
70+	2,897,458	14%
75+	1,863,667	9%
80+	1,091,201	5%
85+	562,037	3%

Source: BEBR, 2019

Gender	Value	Percent
Male	2,503,774	45%
Female	3,008,812	55%

Source: BEBR, 2019

Living Alone	Value	Percent
Male Living Alone	388,649	34%
Female Living Alone	753,165	66%

Source: AGID 2012-16 ACS

Educational Attainment (65+)	Value	Percent
Less than High School	622,205	15%
High School Diploma	1,222,176	30%
Some College, No Degree	770,277	19%
Associates Degree or Higher	1,312,231	32%

Source: U.S. Census Bureau, 2013-2017 ACS

Marital Status	Male	Female
Never Married	131,350	140,444
Percentage Never Married	6%	5%
Married	1,609,505	1,347,405
Percentage Married	71%	49%
Widowed	218,130	808,155
Percentage Widowed	10%	29%
Divorced	322,145	462,610
Percentage Divorced	14%	17%

Source: AGID 2012-16 ACS

Race and Ethnicity	Value	Percent
White	4,798,088	87%
Black	589,669	11%
Other Minorities	124,829	2%
Total Hispanic	872,100	16%
White Hispanic	813,849	15%
Non-White Hispanic	58,251	1%
Total Non-Hispanic	4,640,486	84%
Total Minority	1,711,427	31%

Source: BEBR, 2019

Driver License Holders	Value	Percent
Drivers	5,028,482	30%

Source: Florida Department of Highway Safety and Motor Vehicles, 2019

Registered Voters	Value	Percent
Registered Voters	4,974,432	35%

Source: Florida Department of State, 2018

Veterans	Value	Percent
Age 45-64	471,082	32%
Age 65-84	616,816	41%
Age 85+	153,731	10%

Source: U.S. Department of Veterans Affairs

Grandparents	Value	Percent
Living With Grandchildren	265,690	5%
Grandparent Responsible for Grandchildren	65,475	1%
Grandparent Not Responsible for Grandchildren	200,190	4%
Not Living With Grandchildren	4,683,055	85%

Grandchildren are defined as being under the age of 18.
Source: AGID 2012-16 ACS

English Proficiency	Value	Percent
With Limited English Proficiency	425,506	8%

Source: AGID 2012-16 ACS

2018 Profile of Older Floridians

Orange County Demographic Profile

The demographics section presents the population characteristics of those age 60 and older and examines traits about older Floridians, such as the number of veterans, voters, and drivers.

Age Category	Value	Percent
All Ages	1,349,597	100%
Under 18	312,132	23%
Under 60	1,120,702	83%
18-59	808,570	60%
60+	228,895	17%
65+	159,240	12%
70+	103,824	8%
75+	63,619	5%
80+	36,855	3%
85+	18,811	1%

Source: BEBR, 2019

Gender	Value	Percent
Male	102,335	45%
Female	126,560	55%

Source: BEBR, 2019

Living Alone	Value	Percent
Male Living Alone	13,290	33%
Female Living Alone	26,865	67%

Source: AGID 2012-16 ACS

Educational Attainment (65+)	Value	Percent
Less than High School	29,269	18%
High School Diploma	41,892	26%
Some College, No Degree	24,679	15%
Associates Degree or Higher	47,928	30%

Source: U.S. Census Bureau, 2013-2017 ACS

Marital Status	Male	Female
Never Married	5,250	6,855
Percentage Never Married	6%	6%
Married	62,210	49,465
Percentage Married	71%	46%
Widowed	6,505	31,000
Percentage Widowed	7%	29%
Divorced	13,205	20,995
Percentage Divorced	15%	19%

Source: AGID 2012-16 ACS

Race and Ethnicity	Value	Percent
White	171,707	75%
Black	43,762	19%
Other Minorities	13,426	6%
Total Hispanic	53,712	23%
White Hispanic	48,097	21%
Non-White Hispanic	5,615	2%
Total Non-Hispanic	175,183	77%
Total Minority	124,326	54%

Source: BEBR, 2019

Driver License Holders	Value	Percent
Drivers	211,009	20%

Source: Florida Department of Highway Safety and Motor Vehicles, 2019

Registered Voters	Value	Percent
Registered Voters	213,098	25%

Source: Florida Department of State, 2018

Veterans	Value	Percent
Age 45-64	25,400	38%
Age 65-84	21,391	32%
Age 85+	4,153	6%

Source: U.S. Department of Veterans Affairs

Grandparents	Value	Percent
Living With Grandchildren	16,075	7%
Grandparent Responsible for Grandchildren	3,390	1%
Grandparent Not Responsible for Grandchildren	12,685	6%
Not Living With Grandchildren	175,455	77%

Grandchildren are defined as being under the age of 18.
Source: AGID 2012-16 ACS

English Proficiency	Value	Percent
With Limited English Proficiency	22,315	10%

Source: AGID 2012-16 ACS

Note: The American Community Survey (ACS) requires a minimum of 50 cases in a geographic area and therefore a value of 0 may denote fewer than 50 seniors in a region.

20% of Florida's Population is 65+
12% of Orange County's Population is 65+

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Setting the Stage

	2018 Estimate	Percent
SEX AND AGE		
Total population	**285,705**	**(X)**
Male	132,334	46.3%
Female	153,371	53.7%
Under 5 years	19,493	6.8%
5 to 9 years	14,688	5.1%
10 to 14 years	13,518	4.7%
15 to 19 years	13,108	4.6%
20 to 24 years	18,909	6.6%
25 to 34 years	69,245	24.2%
35 to 44 years	40,880	14.3%
45 to 54 years	33,716	11.8%
55 to 59 years	15,031	5.3%
60 to 64 years	15,963	5.6%
65 to 74 years	18,221	6.4%
75 to 84 years	8,905	3.1%
85 years and over	4,028	1.4%
Median age (years)	33.9	(X)
65 years and over	31,154	10.9%
18 years and over	228,787	(X)
Male	104,581	45.7%
Female	124,206	54.3%
65 years and over	31,154	(X)
Male	12,917	41.5%
Female	18,237	58.5%

Age Breakdown 45+
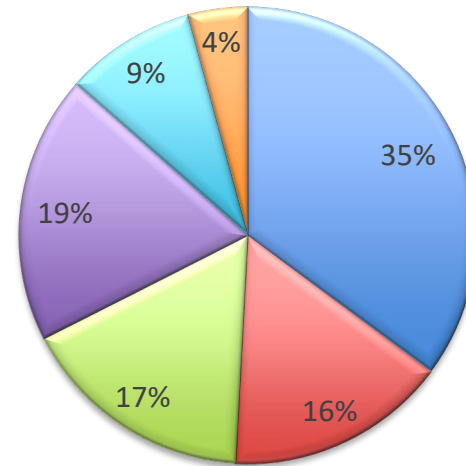
- 45 to 54 years — 35%
- 55 to 59 years — 16%
- 60 to 64 years — 17%
- 65 to 74 years — 19%
- 75 to 84 years — 9%
- 85 years and over — 4%

By the Numbers

- 95,864 over 45 years of age (33.6%)
- 62,148 over 55 years of age (21.8%)
- 31,154 over 65 years of age (10.9%)
- The percentage of seniors in the City of Orlando (those aged 65+) has increased from 8.8% in 2010 to 10.9% in 2018.

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AARP Age-Friendly Communities

The AARP Network of Age-Friendly States and Communities
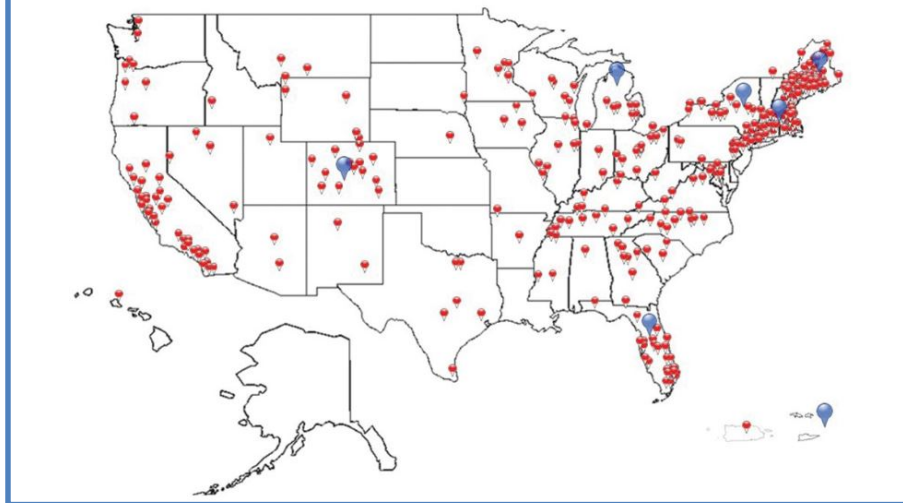
- The AARP Network of Age-Friendly States and Communities is the United States affiliate of the World Health Organization's Age-Friendly Cities and Communities Program, an international effort launched in 2006 to help cities prepare for rapid population aging and the parallel trend of urbanization.

- The program has participating communities in more than 20 nations, as well as 10 affiliates representing more than 1,000 communities.

- As of January 2020, there are six states, one territory, and over 440 communities participating in the network.

- In the U.S., nearly 100 million people live in a town, city, county, territory, or state that has enrolled in the network.

- **Joining the network is the beginning of the process, not the end!**

AARP Age-Friendly Communities

On October 28, 2019, the City of Orlando joined the AARP Network of Age-Friendly Communities. As a member of the network, we have committed to conducting a community assessment to determine our city's age-friendliness, to develop an action plan based on its findings and implement age-friendly initiatives.

Mayor Buddy Dyer, Commissioner Robert Stuart (District 3), State House Representative Anna Eskamani (District 47), Jeanne Curtin (Florida Department of Elder Affairs Director of Livable Communities), Jeff Johnson (AARP Florida State Director), and members of the Mayor's Committee on Livability & Healthy Aging (Mayor Beardall Senior Center).

Assessment & Action Plan Process

Developing an age-friendly community: the process

Year 5: Progress / status update

Years 3-5: Implementation

Year 2: Create an action plan

Year 1: Conduct a survey and listening sessions

Enrollment

Members of the AARP Network of Age-Friendly States and Communities program commit to improving their age-friendliness and submit to a rigorous membership assessment cycle. Being an age-friendly community requires a commitment to a five-year cycle of continuous improvements.

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AGE-FRIENDLY COMMUNITY

Assessment & Action Plan Process

8 DOMAINS OF A LIVABLE COMMUNITY

AARP Real Possibilities Florida

Department of ELDER AFFAIRS STATE OF FLORIDA

Community Support & Health System
Access to affordable, person-centered health care and social services to promote active and independent living

Transportation
Safe and reliable transportation options to increase mobility and community participation

Housing
Appropriate and affordable housing that promotes and supports aging in place

Communication & Information
Increased access to information through various methods including print, tv, and digital

Respect & Social Inclusion
Actively promotes, engages, and celebrates the valuable contributions of all adults in the community

Civic Participation & Employment
Opportunities to contribute in the workplace and volunteer to make a difference in the community

Social Participation
Easy access to social and cultural activities for increased quality of life

Outdoor Spaces & Buildings
Accessible, inviting, and safe outdoor spaces and buildings that encourage active participation and recreation

HOSPITAL

NEWS STATION
WXC-TV

VOTE

© 2019 Florida Department of Elder Affairs

Assessment & Action Plan Process

AARP Livability Index | Great Neighborhoods for All Ages

Updated June 2018

LIVABILITY DEFINED   SCORING   LIVABILITY CATEGORIES   ABOUT US   FAQS   RESOURCES

LIVABLE COMMUNITIES

How **livable** is your **community**?   enter your address, city, state or zip code

What is the Livability Index?

The AARP Public Policy Institute developed the Livability Index as a web-based tool to measure community livability. Users can search the Index by address, ZIP Code, or community to find an overall livability score, as well as a score for each of seven major livability categories: housing, neighborhood, transportation, environment, health, engagement, and opportunity. Users also can customize the Index to place higher or lower emphasis on the livability features of most importance to them. The Livability Index website provides resources to help consumers and policymakers use livability scores to effect change in their communities. It is the first tool of its kind to measure livability broadly at the neighborhood level for the entire country, and it is intended to inform and encourage people to take action to make their communities more livable.

Please visit the following link on the AARP website:

https://livabilityindex.aarp.org/

Assessment & Action Plan Process

TOTAL INDEX SCORE

54

Livability Score ❓

CATEGORY SCORE

- **68** HOUSING — Affordability and access >
- **48** NEIGHBORHOOD — Access to life, work, and play >
- **41** TRANSPORTATION — Safe and convenient options >
- **56** ENVIRONMENT — Clean air and water >
- **55** HEALTH — Prevention, access and quality >
- **51** ENGAGEMENT — Civic and social involvement >
- **57** OPPORTUNITY — Inclusion and possibilities >

How are Livability Scores Determined?

- The Livability Index assesses seven broad categories of community livability, including housing, neighborhood, transportation, environment, health, engagement, and opportunity.
- AARP draws from more than 50 unique sources of data, including 40 metrics and 20 policies.
- While metrics measure how livable communities are in the present, policies measure how they might become over time.
- Metric values and policy points within each category are combined to create the category score. Each metric receives equal weight.
- Those category scores are then averaged to create a location's total livability score.
- Communities are compared to one another, so the average community gets a score of 50.
- Cities receive a score based on the average scores of neighborhoods within their boundaries. Most communities have a range of more- or less-livable neighborhoods, but for a community to get a high score, neighborhoods throughout it need to score well. This makes it even more challenging for a city to get a high score – the more neighborhoods there are within a given boundary, the less likely it will be that all of them have high scores.

Explore the Score

70

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Assessment & Action Plan Process

NEIGHBORHOOD
Access to life, work, and play — Share this score

What makes a neighborhood truly livable? Two important qualities are access and convenience. Compact neighborhoods make it easier for residents to reach the things they need most, from jobs to grocery stores to libraries. Nearby parks and places to buy healthy food help people make smart choices, and diverse, walkable neighborhoods with shops, restaurants, and movie theatres make local life interesting. Additionally, neighborhoods served by good access to more distant destinations via transit or automobile help residents connect to jobs, health care, and services throughout the greater community.

Metrics | Policies

How does my community compare to neighborhoods across the country?
● TOP THIRD ● MIDDLE THIRD ● BOTTOM THIRD ○ MISSING DATA

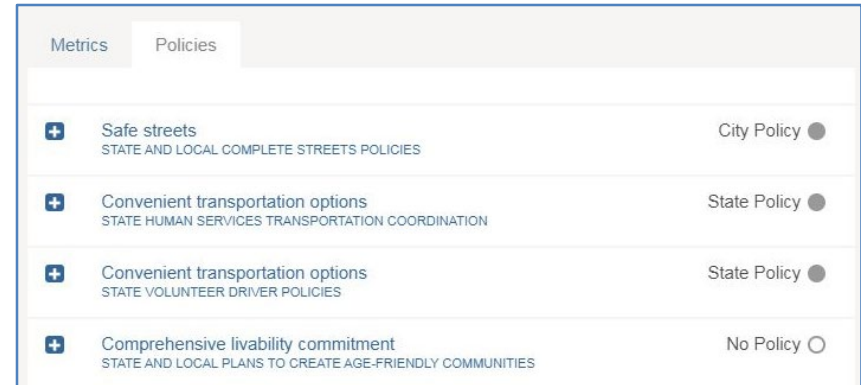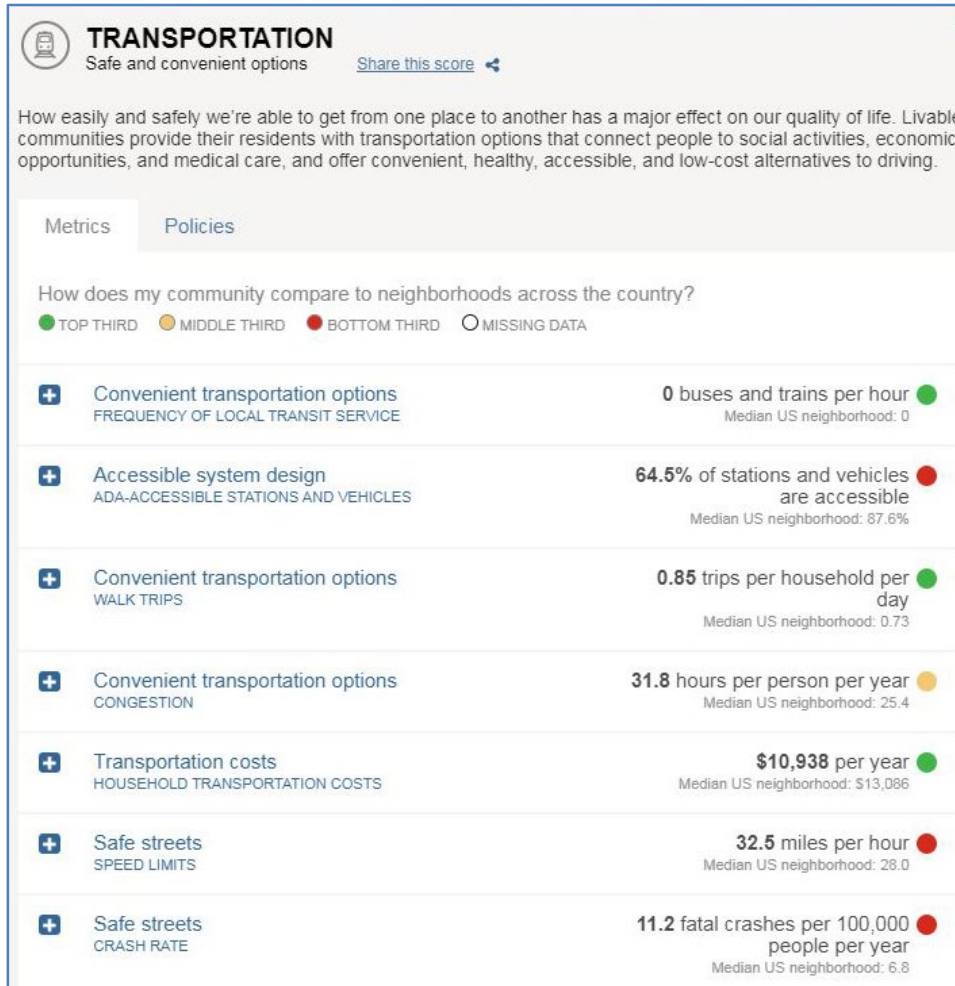|		
Proximity to destinations — ACCESS TO GROCERY STORES AND FARMERS' MARKETS	1.5 stores and markets ● Median US neighborhood: 0.0	
Proximity to destinations — ACCESS TO PARKS	0.8 parks ● Median US neighborhood: 0.0	
Proximity to destinations — ACCESS TO LIBRARIES	0.1 libraries ● Median US neighborhood: 0.0	
Proximity to destinations — ACCESS TO JOBS BY TRANSIT	0 jobs ● Median US neighborhood: 0	
Proximity to destinations — ACCESS TO JOBS BY AUTO	86,721 jobs ● Median US neighborhood: 32,699	
Mixed-use neighborhoods — DIVERSITY OF DESTINATIONS	0.65 index from 0 to 1 ● Median US neighborhood: 0.70	
Compact neighborhoods — ACTIVITY DENSITY	6,142 jobs and people per sq. mi. ● Median US neighborhood: 3,020	
Personal safety — CRIME RATE	468 crimes per 10,000 people ● Median US neighborhood: 261	
Neighborhood quality — VACANCY RATE	13.9% of units are vacant ● Median US neighborhood: 8.8%	

Metrics | Policies

Mixed-use neighborhoods — STATE AND LOCAL TOD PROGRAMS	City Policy ●
Comprehensive livability commitment — STATE AND LOCAL PLANS TO CREATE AGE-FRIENDLY COMMUNITIES	No Policy ○

What All Goes Into the Neighborhood Category?
What makes a neighborhood truly livable? Two qualities are most important: access and convenience. Compact neighborhoods make it easier for residents to conveniently reach things they most need, from jobs to grocery stores, libraries to parks. AARP measures whether several amenities are within one-half mile of the neighborhood boundary, not whether they exist at all in the community. Downtown neighborhoods laid out on a compact grid of streets will typically score higher than suburban neighborhoods that spread out over a greater distance with fewer nearby destinations.

Orlando's Score = 48

Assessment & Action Plan Process

TRANSPORTATION
Safe and convenient options   Share this score

How easily and safely we're able to get from one place to another has a major effect on our quality of life. Livable communities provide their residents with transportation options that connect people to social activities, economic opportunities, and medical care, and offer convenient, healthy, accessible, and low-cost alternatives to driving.

Metrics   Policies

How does my community compare to neighborhoods across the country?
● TOP THIRD   ● MIDDLE THIRD   ● BOTTOM THIRD   ○ MISSING DATA

Convenient transportation options FREQUENCY OF LOCAL TRANSIT SERVICE	0 buses and trains per hour Median US neighborhood: 0	●
Accessible system design ADA-ACCESSIBLE STATIONS AND VEHICLES	64.5% of stations and vehicles are accessible Median US neighborhood: 87.6%	●
Convenient transportation options WALK TRIPS	0.85 trips per household per day Median US neighborhood: 0.73	●
Convenient transportation options CONGESTION	31.8 hours per person per year Median US neighborhood: 25.4	●
Transportation costs HOUSEHOLD TRANSPORTATION COSTS	$10,938 per year Median US neighborhood: $13,086	●
Safe streets SPEED LIMITS	32.5 miles per hour Median US neighborhood: 28.0	●
Safe streets CRASH RATE	11.2 fatal crashes per 100,000 people per year Median US neighborhood: 6.8	●

Metrics   Policies

Safe streets STATE AND LOCAL COMPLETE STREETS POLICIES	City Policy ●
Convenient transportation options STATE HUMAN SERVICES TRANSPORTATION COORDINATION	State Policy ●
Convenient transportation options STATE VOLUNTEER DRIVER POLICIES	State Policy ●
Comprehensive livability commitment STATE AND LOCAL PLANS TO CREATE AGE-FRIENDLY COMMUNITIES	No Policy ○

What All Goes Into the Transportation Category?
Livable communities provide their residents with transportation options that offer convenient, healthy, and low-cost alternatives to driving that are accessible to all. Some urban communities thought to be doing incredibly well on transportation may not necessarily see that translated in their Transportation score. Their streets may be clogged with traffic or the local transit provider may not report data on the frequency of local transit service (or that service may not have frequent enough service).

Orlando's Score = 41

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AGE-FRIENDLY COMMUNITY

Assessment & Action Plan Process

Other Sources of Data & Analysis:

- Florida Department of Elder Affairs Documents
- Senior Resource Alliance Documents
- Community Health Improvement Plan (CHIP)
- City of Orlando Documents
- ICMA Planning for All Ages Survey
- FPR Master Plan Survey
- Livability/Age-Friendly Orlando Survey
- Table Talks Data
- AARP Livability Index

Assessment – Age-Friendly Community Survey Update

How's It Going So Far?

- Survey has been "live" since October 28, 2019.

- Based on the City's resident population of 291,800, we are hoping to receive at least 800 responses from people 45+, and 1,000+ overall.

- As of January 21, 2020, we have received a total of 623 on-line survey responses.

- Of those, 521 were completed by people 45+ in age.

- Our sample so far isn't representative of our overall population at 90% White, 91% Non-Hispanic, and 85% homeowners. We are also skewing higher income which makes sense considering these results are only for on-line survey responses.

- We have not yet done the data entry for any of our paper surveys, which have been distributed to our recreation centers with senior programs, including Beardall, College Park, Dr. James. R. Smith, Engelwood, Northwest, and L. Claudia Allen.

The City of Orlando invites you to take our

Age-Friendly Community Survey

All residents age 45+ are encouraged to take this comprehensive survey to tell us how we can make Orlando a more livable and age-friendly city.

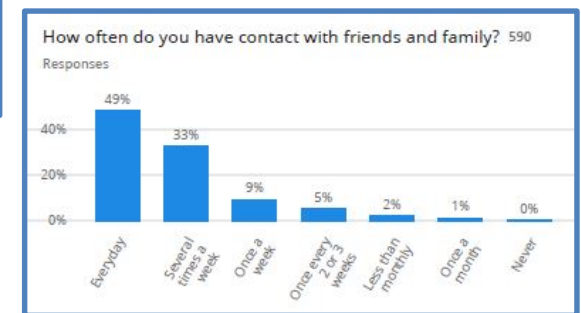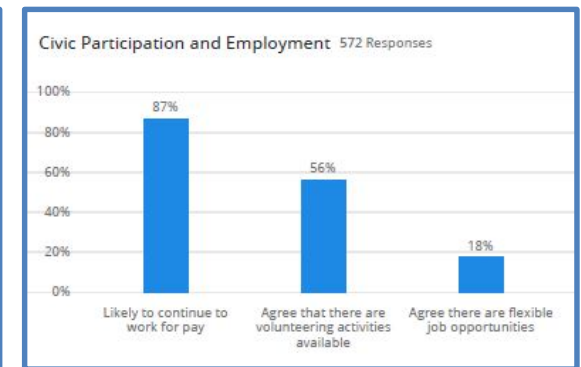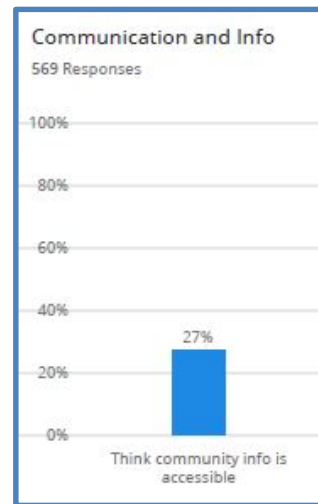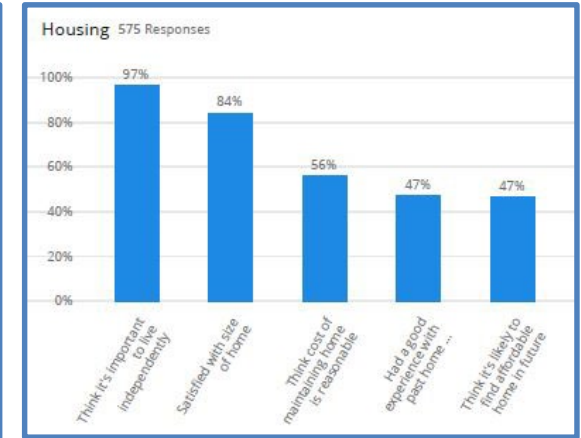To take the survey and get more information, visit **orlando.gov/agefriendly**.

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Assessment – Age-Friendly Community Survey Update

What Are We Seeing So Far?

- Transportation and dissemination of community information are very important to respondents, and ranked very low – most people drive themselves (57%), and only 26% think public transit is accessible. 27% think community information is accessible.

- 97% of respondents think it's important to live independently as they age, and the two factors they worry about most are a lack of public transportation and housing affordability. Less than half (47%) think it's likely they'll be able to find an affordable home in the future.

- In regards to civic participation and employment, 87% said they are likely to continue to work for pay, but only 18% agree that there are flexible job opportunities.

- On the issue of social isolation, 77% of respondents said they feel connected to others, and a plurality of 82% said they have contact with friends and family at least several times a week (49% everyday and 33% several times a week).

Transportation 576 Responses

Housing 575 Responses

Communication and Info 569 Responses

Civic Participation and Employment 572 Responses

How often do you have contact with friends and family? 590 Responses

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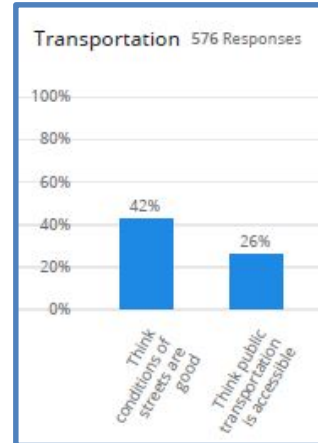
Assessment – Age-Friendly Community Survey Update

Why Do You Think Community Information Is Not Accessible?

"If they have difficulty leaving their homes, they only have traditional modes of communication (TV, radio, newspaper). Most people don't receive local papers at their home. Usually people use TV and radio for entertainment, and may overlook any community information that appears there. TV news is fast-paced and doesn't really spend a lot of time on community information for seniors. The internet is an option, but those who are low-income may not have internet. Many seniors are not internet savvy either. They could call, but today there are no phone books (only internet directories) and if they have not phone or don't know how to navigate a smart phone, they may have a hard time pinpointing and reaching out to organizations that provide information."

What Type Of Information Do You Think Needs To Be More Accessible?

"1. The type of services and how to access those services. 2. Community events (arts, entertainment, sports, etc.). 3. Situations relating to crime and personal safety. 4. Need to know and good to know telephone numbers."

"Affordable housing, safe transportation, resources available for the elderly."

"Anything and everything that may pertain to seniors and their options to live, survive, and thrive in Orlando."

General Comments

"There are not enough places for socialization for older adults, Downtown caters to 20-somethings. As a former NYer (city), and a often visitor I noticed a big difference between the two cities. My friends and I socialize a lot but often we end up at home because there aren't enough places for us to feel comfortable. Orlando caters to young broke people!"

"We need more sidewalks, on both sides of collector streets, in better condition, with ramps facing the direction of travel – not dumping wheelchair users at an angle into the intersection. Better enforcement of crosswalks. More favorable ped signals (always on with green + lead phases).

"I think there's room for improvement. In many instances, Orlando has a fairly significant population of seniors because retirees have themselves chose to remain here – not because Orlando has made a concerted effort to have/keep them here. Whereas seniors share many of the same challenges as other citizens (e.g., transportation, parking), they also have challenges that warrant a focused approach from the city."

Schedule/Timeline for Action Plan Process

Event	Date
Press Conference – Kick Off	October 28, 2019
On-Line Survey Runs on Various Digital Platforms	October 28, 2019 – Early March 2020
Mayor's Committee on Livability & Healthy Aging #1	November 20, 2019
Neighborhood Association Meetings	November 2019 – January 2020
Focus Groups/Listening Sessions	February – March 2020
Mayor's Committee on Livability & Healthy Aging #2	January 22, 2020
Mayor's Neighborhood & Community Summit	March 7, 2020
Mayor's Committee on Livability & Healthy Aging #3	March 25, 2020
Older Americans Month Event	May 2020 – Date TBD
Mayor's Committee on Livability & Healthy Aging #4	May 27, 2020
Outreach Event	June 2020 – Date TBD

Schedule/Timeline for Action Plan Process

Event	Date
Mayor's Committee on Livability & Healthy Aging #5	July 22, 2020
Mayor's Committee on Livability & Healthy Aging #6	September 23, 2020
Outreach Event	October 2020 – Date TBD
Mayor's Committee on Livability & Healthy Aging #7	November 18, 2020
Mayor's Committee on Livability & Healthy Aging #8	January 27, 2021
Municipal Planning Board Workshop	February 16, 2021
Mayor's Committee on Livability & Healthy Aging #9	March 24, 2021
City Council Workshop – Presentation of Action Plan	April 2021
City Council Hearing – Acceptance of Action Plan	April/May 2021
Celebration Event – Older Americans Month	May 2021
Action Plan forwarded to World Health Organization	May/June 2021

CITY OF ORLANDO AGE-FRIENDLY COMMUNITY

Outline of Action Plan

Letter from Mayor Dyer

Executive Summary

Chapter 1: Introduction to Age-Friendly Orlando

Chapter 2: Assessment & Planning
- Demographics
- Age-Friendly Livability Survey
- AARP Livability Index
- Existing Reports
- Outreach Events
- Key Findings

Chapter 3: The Eight Domains of Livability

Built Environment
1. Transportation
2. Housing
3. Outdoor Spaces & Buildings

Social Environment
1. Social Participation
2. Respect & Social Inclusion
3. Civic Participation & Employment
4. Community Support & Health Services
5. Communication & Information

Chapter 4: Goals & Actions

Built Environment
1. Transportation
2. Housing
3. Outdoor Spaces & Buildings

Social Environment
1. Social Participation
2. Respect & Social Inclusion
3. Civic Participation & Employment
4. Community Support & Health Services
5. Communication & Information

Chapter 5: Implementation & Evaluation
- Implementation
- Funding
- Equity and Results

Now all we have to do is fill in all the blanks.

Blue Zones Update

What's Happening?

- In 2019, the Orlando Economic Partnership (OEP) engaged Blue Zones, LLC to conduct an assessment of Orange County to determine if the area was ready to pursue Blue Zones strategies.
- From August through September, Blue Zones staff conducted in-depth interviews and listening sessions with many people and organizations on topics such as livability, health, food systems, and the built environment – many of the same topics we'll be working on as part of our effort.
- On November 13, 2019, the OEP hosted a meeting to provide an update on the assessment. The report was also presented to the OEP's Blue Zones steering committee earlier in the day (the City is not on the steering committee).
- Blue Zones and OEP are currently going through a scoping process that will determine the scope of work and geography for a potential project.
- February 2020 is when that process will be completed and we'll know more.

Dan Buettner, author and longevity expert at one of his presentations.

The work of Blue Zones, LLC is rooted in research and identification of the world's longest-lived cultures and most extraordinary populations. Their findings were published in the New York Times best-selling books The Blue Zones, The Blue Zones Solution, The Blue Zones of Happiness and Thrive – all published by National Geographic books. They have applied the tenets of the Blue Zones in over 40 cities throughout the U.S. They use a systematic, environmental approach to well-being that optimizes policy, urban and building design and social networks.

CITY OF ORLANDO
AGE-FRIENDLY COMMUNITY

Cross-Pollination of Planning Efforts

We have so much going on right now, it's downright mind-boggling.

Having said that, we will do our best to cross-pollinate our Age-Friendly effort with the following:

- Green Works Orlando Community Action Plan (Sustainability/Resiliency)
- Future-Ready City Master Plan
- Parks Master Plan
- Downtown Master Plan
- Complete Streets Strategy (Implementation)
- Orlando Transportation Guidelines
- Vision Zero Action Plan
- Regional Affordable Housing Initiative (Implementation)
- Orange County Housing For All 10-Year Action Plan (Implementation)

Tuesday, February 4, 2020 at 6 p.m.
Beardall Senior Center
800 Delaney Avenue, Orlando

Questions/Discussion

Please visit our Livable Orlando: An Age-Friendly Initiative Website:
https://www.orlando.gov/Community-Programs-Events/AARP-Age-Friendly-Community