

Zoom like you mean it

MAKING YOUR VIRTUAL
MEETINGS SOMETHING THEY
WANT TO ATTEND.

Rebecca M. Fernandez

Who are you!?







NEIGHBORHOOD



FAVORITE BREAKFAST FOOD



Meetings are where PEOPLE meet.

- In-person or on-line
- Community = Connection
- Community membership increases mental health
 - ➤ Belonging, Support, Purpose
- Log on early to engage new and returning guests
- Welcome Committee by chat
- Call on people to engage
- Role model icebreaker/activities when it makes sense
- 2x the time!

Let's

Are you ready to move?

Have

Fun!

Scavenger Hunt

Something you borrowed and haven't returned.

Something from your childhood.

Something you recently bought that you regret.



Name that song.

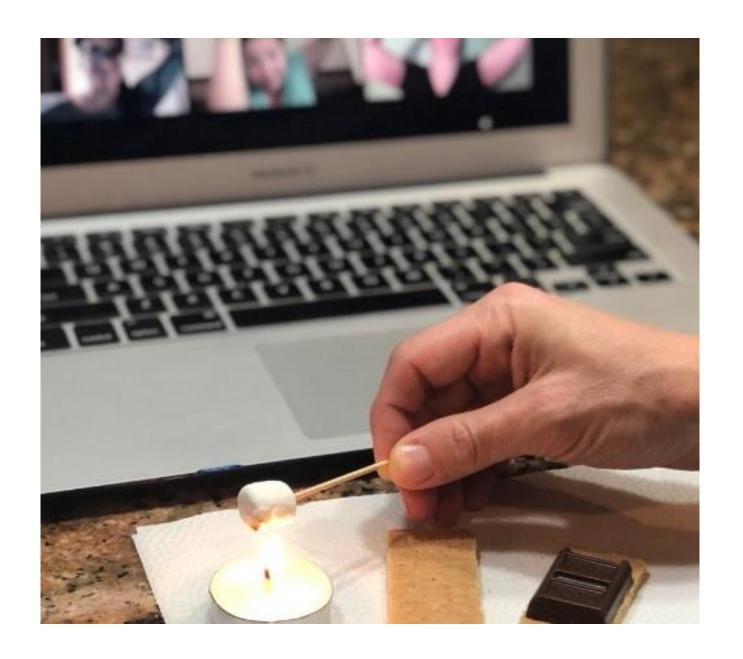


Virtual Show & Tell

MTV Cribs.

Cribs your fridge, or your bathroom!





Virtual
Campfire
& group
activities.

Launch polls!

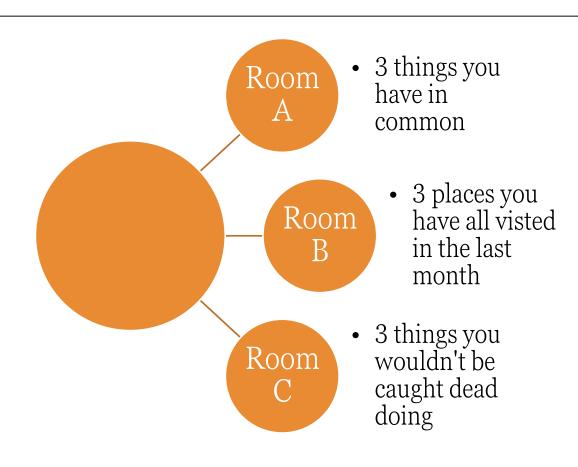
HAND TO YOUR HEART, HOW MANY TIMES HAVE
YOU SHOWERED THIS WEEK?

DO YOU WANT TO LEARN HOW TO USE VIRTUAL BACKGROUNDS?

Virtual Backgrounds



Breakout rooms



Don't go it alone!

- Host should focus on leading
- Co-host should let people in the room, mute/unmute noisy people, and monitor the chat room for questions.
- Enlist someone to trouble shoot they should have the link, the meeting ID and the password handy
- Welcome Committee should welcome new people as they arrive with a personal message.
- Whenever possible, let others speak.

What's working for you?