



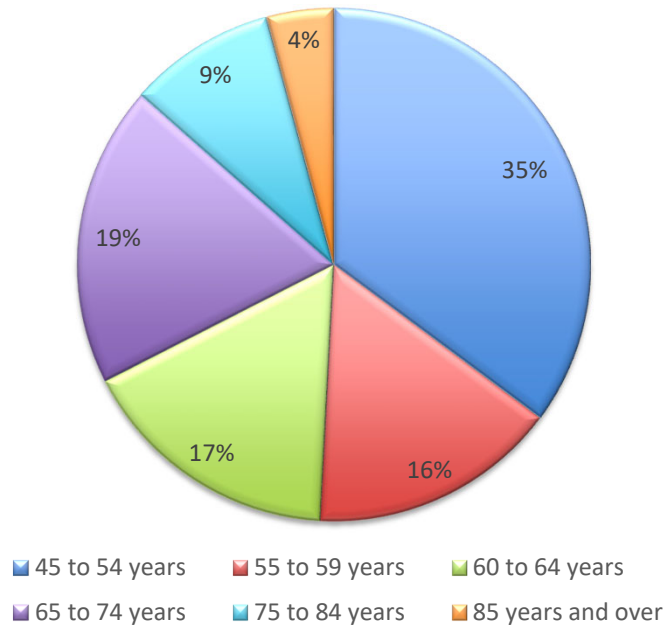
Age-Friendly Community Livability Survey Results

Mayor's Committee on Livability & Healthy Aging
March 24, 2021

Presented by
Paul S. Lewis, FAICP

Setting the Stage

Age Breakdown 45+



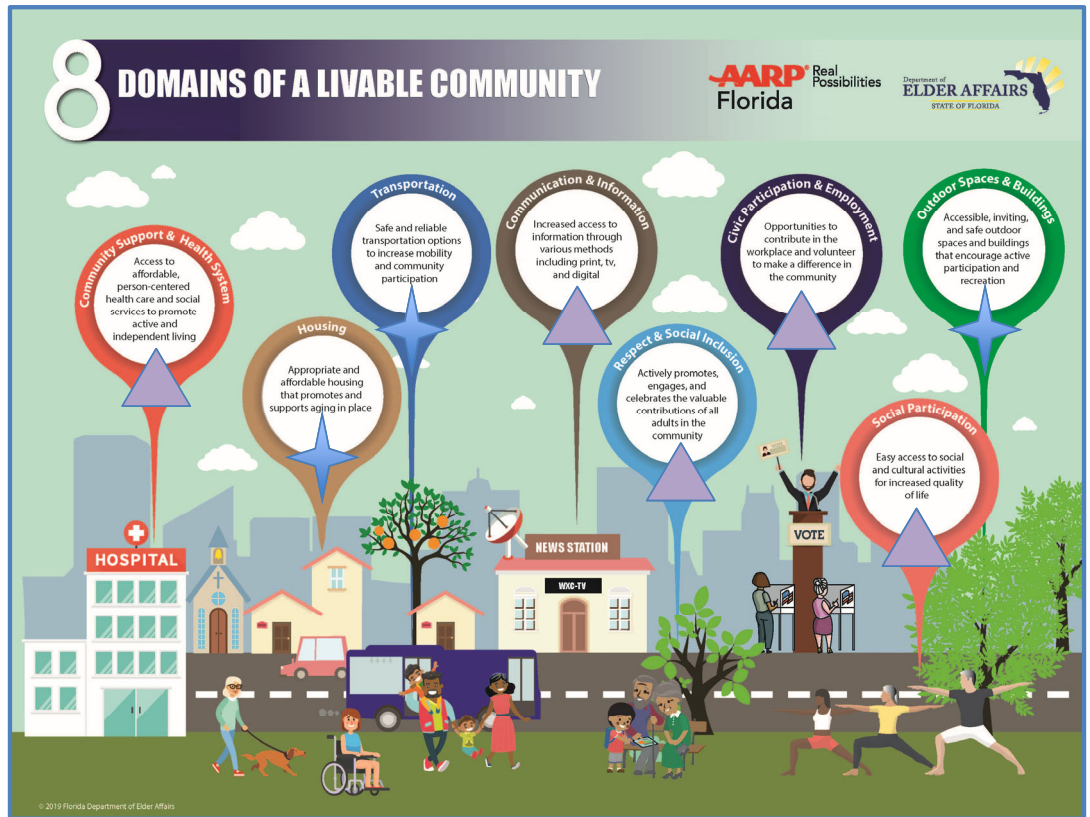
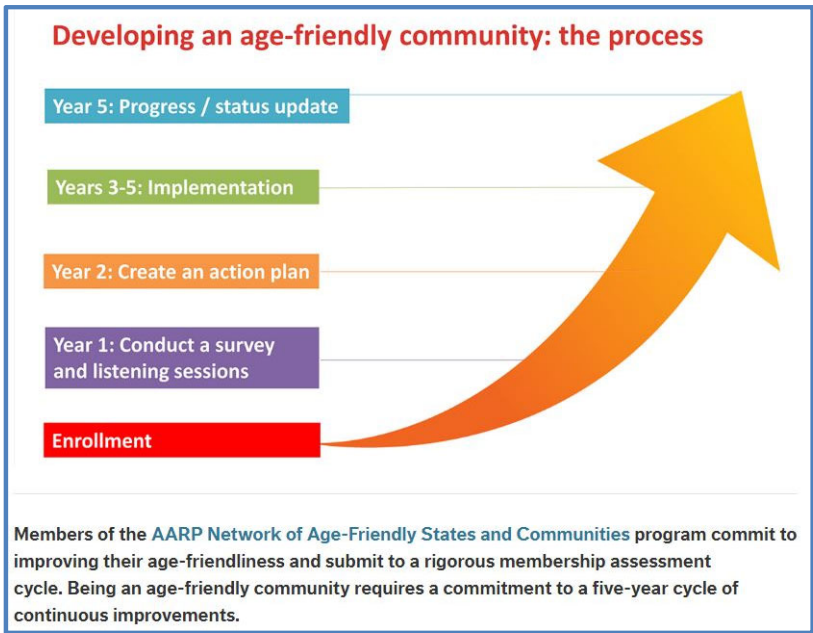
By the Numbers


- 95,864 over 45 years of age (33.6%)
- 62,148 over 55 years of age (21.8%)
- 31,154 over 65 years of age (10.9%)
- The percentage of seniors in the City of Orlando (those aged 65+) has increased from 8.8% in 2010 to 10.9% in 2018.




	2018 Estimate	Percent
SEX AND AGE		
Total population	285,705	(X)
Male	132,334	46.3%
Female	153,371	53.7%
Under 5 years		
Under 5 years	19,493	6.8%
5 to 9 years		
5 to 9 years	14,688	5.1%
10 to 14 years		
10 to 14 years	13,518	4.7%
15 to 19 years		
15 to 19 years	13,108	4.6%
20 to 24 years		
20 to 24 years	18,909	6.6%
25 to 34 years		
25 to 34 years	69,245	24.2%
35 to 44 years		
35 to 44 years	40,880	14.3%
45 to 54 years		
45 to 54 years	33,716	11.8%
55 to 59 years		
55 to 59 years	15,031	5.3%
60 to 64 years		
60 to 64 years	15,963	5.6%
65 to 74 years		
65 to 74 years	18,221	6.4%
75 to 84 years		
75 to 84 years	8,905	3.1%
85 years and over		
85 years and over	4,028	1.4%
Median age (years)		
Median age (years)	33.9	(X)
65 years and over		
65 years and over	31,154	10.9%
18 years and over		
18 years and over	228,787	(X)
Male		
Male	104,581	45.7%
Female		
Female	124,206	54.3%
65 years and over		
65 years and over	31,154	(X)
Male		
Male	12,917	41.5%
Female		
Female	18,237	58.5%

Assessment & Action Plan Process



Built Environment 

Social Environment 

Assessment – Age-Friendly Community Survey Results



The City of Orlando invites you to take our
Age-Friendly Community Survey

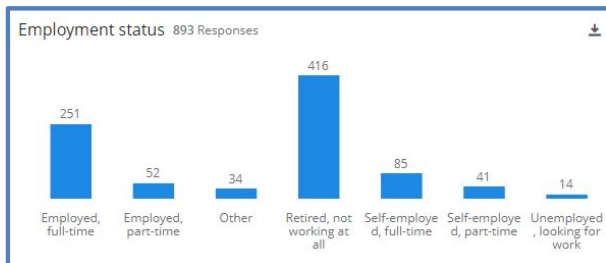
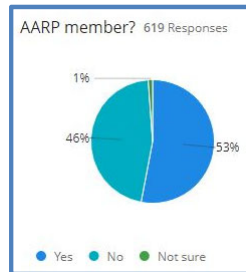
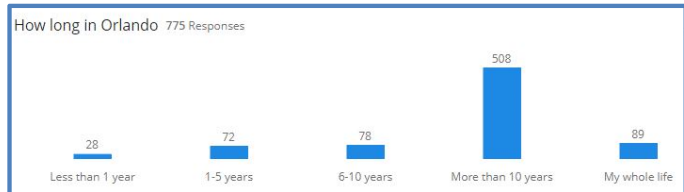
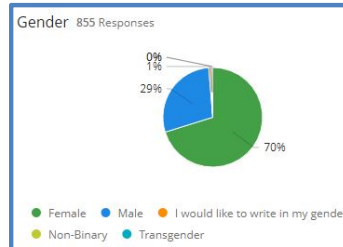
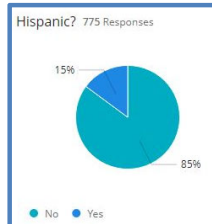
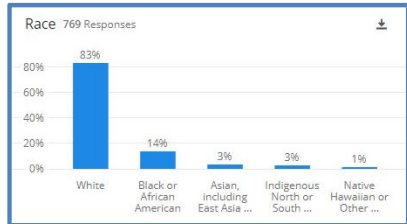
All residents age 45+ are encouraged to take this comprehensive survey to tell us how we can make Orlando a more livable and age-friendly city.

To take the survey and get more information, visit orlando.gov/agefriendly.

- Survey went “live” on October 28, 2019.
- We made a concerted effort to obtain both on-line responses and in-person responses (200+ paper survey responses were received) which were distributed to our recreation centers with senior programs.
- We attended multiple events (prior to the Covid-19 shutdown), including neighborhood meetings, Orlando’s Black History Month reception, the Motown Goes Gospel event at Dr. Smith Center, seven (7) Future Ready City community meetings in each City Commission district, What’s Up Downtown, and the Mayor’s Neighborhood & Community Summit.
- Based on the City’s resident population of 298,362 (April 1, 2020 BEBR), we were hoping to receive at least 800 responses from people 45+, and 1,000+ overall.
- To date, we have received a total of 1,226 responses, with 1,003 of those being people 45+ in age.



Assessment – Age-Friendly Community Survey Results



Who Responded?

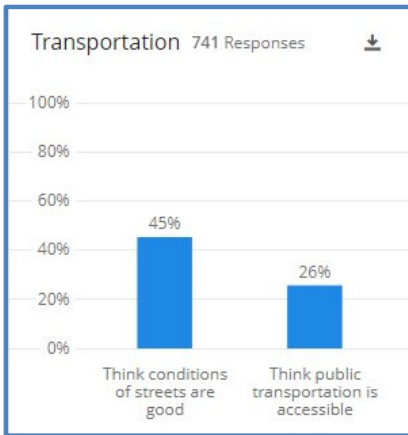
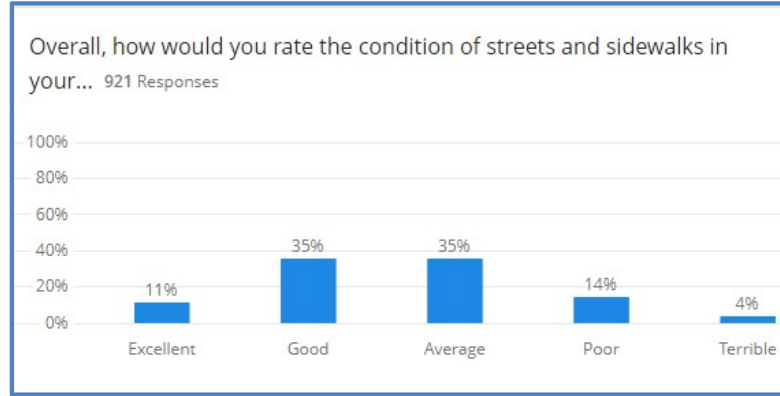
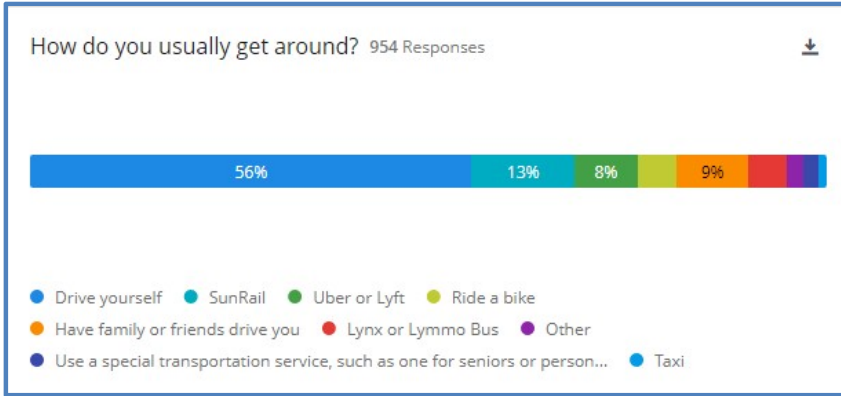
- 1,226 total responses, with 1,003 of those being people 45+ in age.
- Our 45+ sample population self-identified as 83% White, 14% African-American, 3% Asian, and 15% Hispanic.
- Unfortunately, the percentages for African-American and Hispanic respondents fell short of Orlando’s overall percentages (26% & 31% respectively).
- Our respondents also skewed primarily homeowner (81%) and female (70%).
- Most respondents have lived in Orlando for more than 10 years.



Age-Friendly Community Livability Survey Results

Built Environment – Transportation (Livability Domain #1; Respondents 45+)

Safe and reliable transportation options to increase mobility and community participation.



- Transportation was considered very important to respondents, but existing infrastructure ranked fairly low. 46% of respondents feel that our streets and sidewalks are in excellent to good condition in their neighborhood, most people drive themselves (56%), and only 26% think public transit is accessible.
- Respondent Comments:

"I think it would be a better place to live as I age if there was better public transportation...and I could walk to restaurants and shopping. I really want to live in a walkable city, and I'm not sure Orlando is that place."

"Transportation accessibility worries me as I age. If I had to give up my car, I would be stranded and disconnected. This continues to concern me as I age."

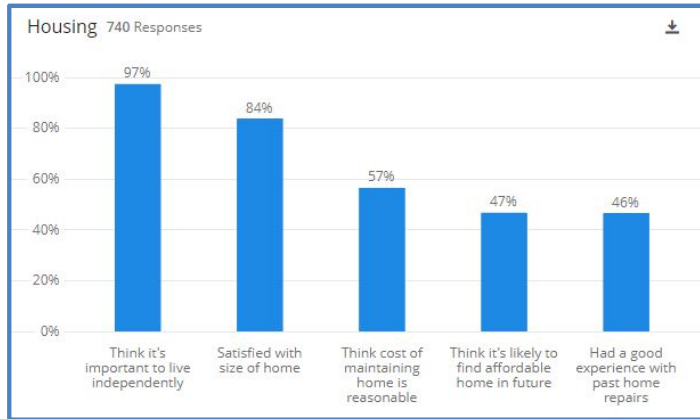


"If you are healthy and can drive, and have the money, the City of Orlando is an excellent place to live. But public transportation is lacking away from the city center...there is an extreme lack of public transportation from neighborhoods (where seniors live) to entertainment."

Age-Friendly Community Livability Survey Results

Built Environment – Housing (Livability Domain #2; Respondents 45+)

Appropriate and affordable housing that promotes and supports aging in place.

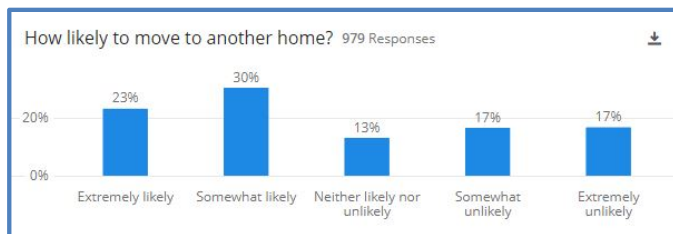
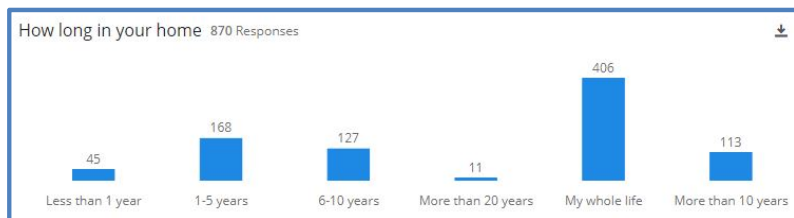


- 97% of respondents think it's important to live independently as they age, and the two factors they worry about most are a lack of public transportation and housing affordability.
- More than half (53%) think it's likely they'll move to another home, but less than half (47%) think it's likely they'll be able to find an affordable home in the future.
- Respondent Comments:

"My greatest concern is affordable housing, as I age. Being able to maintain my current home for as long as I am physically able to live independently. Then, being able to afford to live in a retirement community that provides assisted living and progresses to full time care when needed."

"I'd like to see truly walkable neighborhoods. I'd like to see multigenerational housing complexes in the city."

"I don't want to leave, but all the 55+ communities seem to be outside the City; it is a shame that we don't make keeping our seniors here more of a priority. This is a young person's city – let's change some of that. Dedicate land for senior housing, in the City core where we can walk to take care of most things."

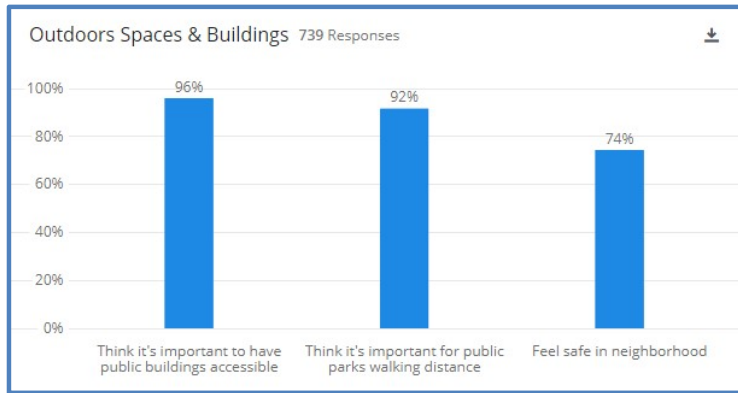


"Extremely important for both young and those aging to have affordable rent. I do NOT want to live in a "senior" community. Age diversity is very important to keep a "youthful" attitude, outlook..."

Age-Friendly Community Livability Survey Results

Built Environment – Outdoor Spaces & Buildings (Livability Domain #3; Respondents 45+)

Accessible, inviting, and safe outdoor spaces and buildings that encourage active participation and recreation.



- 96% of respondents think it's important to have accessible public buildings.
- 92% of respondents feel that it's important for our public parks to be located within walking distance of their homes. This is something we are addressing in the new Parks Master Plan with a 10-minute walk-to-a park analysis.
- 74% of respondents say they feel safe in their neighborhoods.

Respondent Comments:

"I am very satisfied with the City of Orlando as a place to live as I age. The climate is great. I am located in an area where as long as I can walk, I can get to all the services I need for daily life including excellent services for seniors at the College Park Recreation Center and Pool."

"Some buildings do not have a handicap ramp or doors. It is difficult for an individual to hold the door and push someone in. This is very discouraging. Need more dementia friendly restaurants in the City. It is difficult to go out with someone with Alzheimer's/dementia. One example was there were stairs and it made it more challenging to get to the table."

"My area is systematically designed to be inaccessible and unsuitable for aging people."

"I've noticed that more affluent neighborhoods have more parks close in walking distance that are well maintained with little restrictions. However, in the more urban area the parks are not in walking distance and if they are, they are not maintained and nice, they lack upgrades and there are restrictions on use."

"I LOVE all the parks in Orlando. I would like to see some creative additions like talking benches or art installations, or water features."

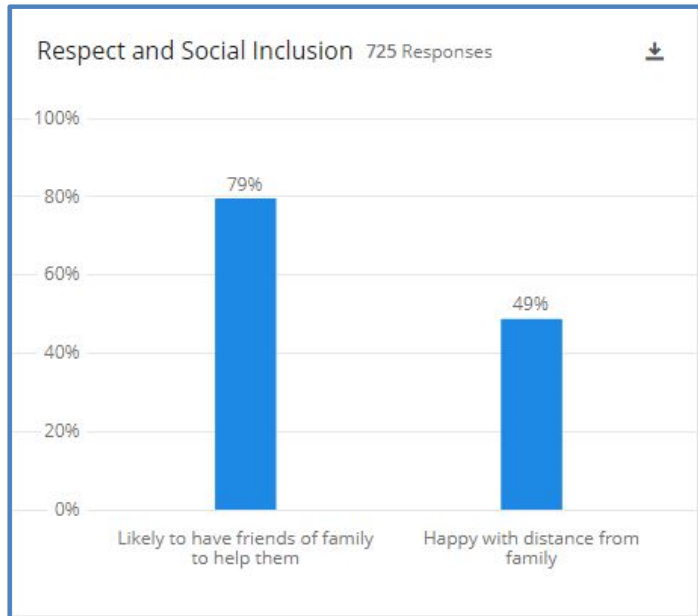
"I love Orlando but we need to do more to build a world-class city. We need better transportation and safer outdoor areas, better healthcare, entertainment, and a baseball team!"



Age-Friendly Community Livability Survey Results

Social Environment – Social Participation (Livability Domain #4; Respondents 45+)

Easy access to social and cultural activities for increased quality of life.



- 79% of respondents said that they are likely to have friends or family available to help them.
- 49%, or a little less than half, are happy with the physical distance from their family.

Respondent Comments:

"Can City coordinate with both healthcare institutions and art institutes to provide coordinated events/seminars for elderly or retired? Also, provide more event details for senior and community centers on City website."

"I live at the very south end of the City in an older and lower income neighborhood. Many of the nicer resources and accessibility seem to be in the newer, more affluent neighborhoods. This makes staying connected very difficult for the very people who probably need it most but have fewer resources to access it on their own."

"We need better connections for seniors. Events to gather and share, feel loved and valued so seniors who have lost family members feel less lonely. Group homes, senior health care, events, are needed."

"I wish that there would be a place where seniors who do not have one foot in the grave can get together and learn, play, and enjoy."

"The majority of activities in Orlando are targeted at young adults. I wish there was more socialization for spry 88-year olds."

"Having lived in this neighborhood over 40 years, I feel lucky to be in a good community of caring people to help if called upon..."

"More accessible, up-to-date and welcoming community centers will be advantageous..."

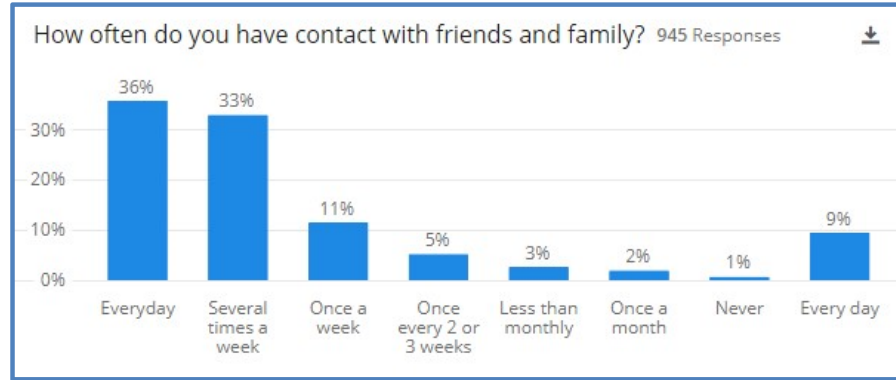
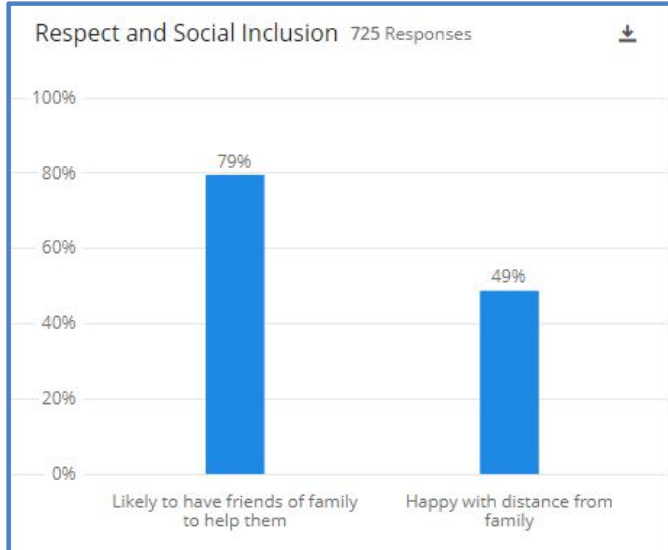
"There are so many activities for seniors – perhaps a book listing all art, music classes, etc., would be helpful as many of us hate the internet."



Age-Friendly Community Livability Survey Results

Social Environment – Respect & Social Inclusion (Livability Domain #5; Respondents 45+)

Actively promotes, engages, and celebrates the valuable contributions of all adults in the community.



Respondent Comments:

"I believe we need to do more to bridge the gap between the seniors and the younger generation. Education and understanding with social gatherings between the two. Possibly going old school door-to-door."

"I'm seriously concerned about aging in the City of Orlando. My condo needs repairs and updating which I might not be able to afford and if I have to move out of my home I don't think I could get affordable housing in a safe environment in the City. Luckily, I have friends who would help me if needed, but many do not have a safety net. I feel there is much that the City needs to implement for it to be elder livable."

"Focus on inter-generational activities that older adults can be more involved in; focus on social activities for working older adults. Dancing that's free and open to the public (the Villages town squares)..."



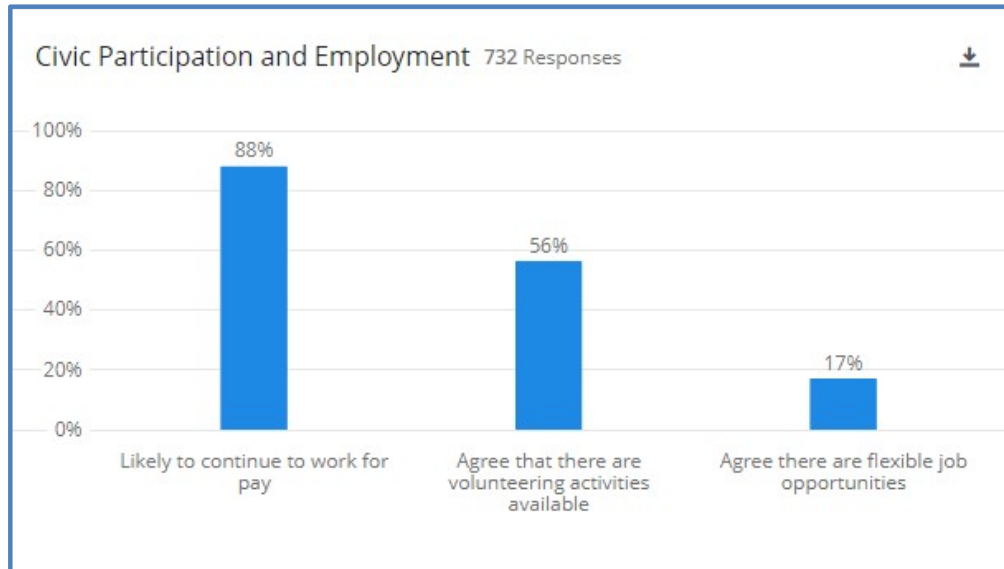
"...every time I hear about something interesting, it's always in Winter Park. They say it's because that's where the older people live! HA...we need more things for seniors in other parts of Orlando..."

- On the issue of social isolation, 79% of respondents said they feel connected to others, and a plurality of 78% said they have contact with friends and family at least several times a week (45% everyday and 33% several times a week).

Age-Friendly Community Livability Survey Results

Social Environment – Civic Participation & Employment (Livability Domain #6; Respondents 45+)

Opportunities to contribute in the workplace and volunteer to make a difference in the community.



- In regards to civic participation and employment, 88% said they are likely to continue to work for pay, but only 17% agree that there are flexible job opportunities.
- Only 56% felt that there are appropriate volunteering activities out there

Respondent Comments:

"I'm concerned with age discrimination when it comes to looking for work."

"I signed up a while ago on a City website about volunteering and have absolutely never been contacted or connected. I sought out my own volunteering at Leu Gardens and have been pleased with the opportunity...but the City did not help at all and I was disappointed. I have lived in Florida most of my life, but I am relatively new to Orlando. The hardest part about my move here has been connecting with people..."

"The City is vibrant and filling up with youth. It is growing at a pace that scares me. My sister and I have discussed that we both feel "Orlando is leaving us behind". We have lived here since the mid-70s...We have strongly considered leaving. She and her husband have been seeking employment for the last 2 years. Both have masters degrees, both have enormous talent and experience, both take immense pride in their work. They get invited to an interview and then, they are overlooked...TIME AFTER TIME. There is no other reason that explains this across the board losing out to another candidate except for their age which is over 65. There is NOT another reason except for the gray hairs on their head and some wrinkles setting in...this city is all about youth and children but very biased against the elderly. It's abundantly clear every day. It is not senior friendly or respected. And Orlando should be worried about that."

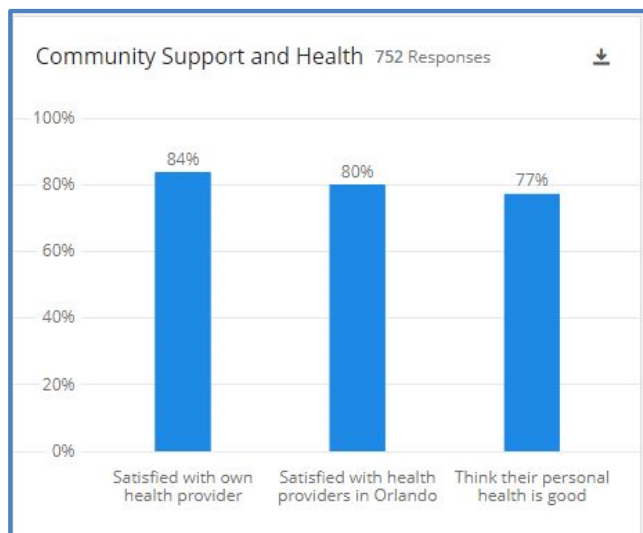
"...I also think there are many jobs that could be done by seniors and which would give them more purpose and income. If there is an organization that helps with things like this, I don't know about it. I don't recall seeing anything from the City about resources for seniors."



Age-Friendly Community Livability Survey Results

Social Environment – Community Support & Health Services (Livability Domain #7; Respondents 45+)

Access to affordable, person-centered health care and social services to promote active and independent living.



- 80% of respondents are satisfied with healthcare providers in Orlando
- 84% of respondents are satisfied with their own healthcare providers
- 77% of respondents think their personal health is good

Respondent Comments:

"I'm concerned about my access to health care, (primary care, specialists, etc.), access to groceries, pharmacies, and access to public transportation. It appears as though the City's focus is on attracting and retaining millennials and gen Y."

"I feel that it is extremely important to offer affordable housing for the elderly. Many only receive Social Security and others are working so hard, to make a living that is barely enough and are still not eligible for food stamps. The elderly should have access to free health care and food assistance due to their age. This would be one less thing to worry about and would make life easier for them."

"I became visually impaired a few years ago and the City isn't as friendly for blind people as it should be, something I never noticed before and have heard the same thing from others with disabilities. Lack of suitable transport is a big problem. Medical transport is inefficient and unreliable, regular transport gets expensive and many are afraid of being taken advantage of."

"I am not able to visit a lot of the local shops because there are either no walkways or entrances I can use. The sidewalks on Mills/50 are impossible to go down if you are in a large wheelchair. Also, I am unable to find a taxi that can accommodate me. No Ubers or Lyfts are accessible either. Basically, if you are a morbidly obese person in Orlando, you have to stay in your residence. There is no affordable way to get around."

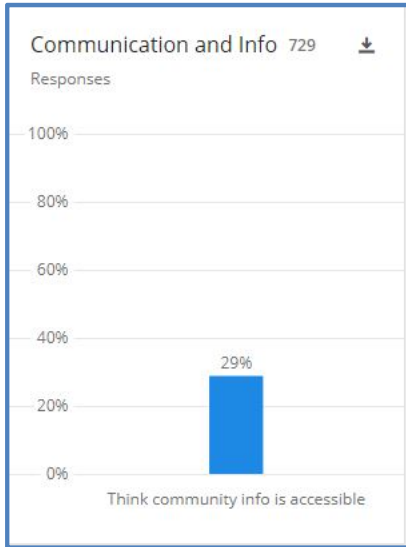
"The only concern I have is that the City of Orlando has limited resources for elderly residents. Additional funding from the City of Orlando's budget should be allocated to local social service agencies to increase assistance for elderly Orlando residents."



Age-Friendly Community Livability Survey Results

Social Environment – Communication & Information (Livability Domain #8; Respondents 45+)

Increased access to information through various methods including print, TV, and digital.



- Only 29% of respondents think community information is accessible.
- Respondent Comments:

Why Do You Think Community Information Is Not Accessible?

“If they have difficulty leaving their homes, they only have traditional modes of communication (TV, radio, newspaper). Most people don’t receive local papers at their home. Usually people use TV and radio for entertainment, and may overlook any community information that appears there. TV news is fast-paced and doesn’t really spend a lot of time on community information for seniors. The internet is an option, but those who are low-income may not have internet. Many seniors are not internet savvy either. They could call, but today there are no phone books (only internet directories) and if they have not phone or don’t know how to navigate a smart phone, they may have a hard time pinpointing and reaching out to organizations that provide information.”

What Type Of Information Do You Think Needs To Be More Accessible?

“1. The type of services and how to access those services. 2. Community events (arts, entertainment, sports, etc.). 3. Situations relating to crime and personal safety. 4. Need to know and good to know telephone numbers.”

“Anything and everything that may pertain to seniors and their options to live, survive, and thrive in Orlando.”



“The senior centers are fantastic & should be promoted more. My mother is 94 & I find the systems for getting help for her are very fragmented. You can’t go to one place & get all the info you need, & and the different places tell you different things...”



“There is a generation that still likes tangible reading material, such as mail and newspaper delivery. Teaching seniors about using smartphones and how to use Uber/Lyft or grocery delivery may be useful in the event they need immediate assistance.”

Assessment – Age-Friendly Community Survey Update

General Comments

“There are not enough places for socialization for older adults, Downtown caters to 20-somethings. As a former NYer (city), and a often visitor I noticed a big difference between the two cities. My friends and I socialize a lot but often we end up at home because there aren’t enough places for us to feel comfortable. Orlando caters to young broke people!”

“We need more sidewalks, on both sides of collector streets, in better condition, with ramps facing the direction of travel – not dumping wheelchair users at an angle into the intersection. Better enforcement of crosswalks. More favorable ped signals (always on with green + lead phases).”

“I am so impressed that you are putting a focus on this specific topic. I actually owned and worked in senior home healthcare for the last 15 years...my frustration for the truly “elderly” seniors was multifaceted...I saw many people not having transportation to and from appointments and very few resources for some of them to use...for those who cannot afford in-home help, they are very “trapped”, particularly those who do not qualify for Medicaid. Thank you for asking and for caring!”

“I think there’s room for improvement. In many instances, Orlando has a fairly significant population of seniors because retirees have themselves chose to remain here – not because Orlando has made a concerted effort to have/keep them here. Whereas seniors share many of the same challenges as other citizens (e.g., transportation, parking), they also have challenges that warrant a focused approach from the city.”

“Orlando is beautiful and becoming more and more vibrant. Unfortunately, I think the elderly are being left behind...Orlando needs to lead the way in innovative changes that include taking care of the elderly by implementing programs that will ensure that the aged population can be monitored and can receive the care they need in order to live a healthy, vibrant life.”

“I feel that the idea of what a 45+ person is in today’s age must change & that’s where you need to start. Today’s aging population is not our grandmothers/grandfathers of yesteryear. We are much more active, technologically included, modern, open-minded, socially connected, healthy & look much younger. Keep that in mind!!!”

“We’ve only been residents for a few weeks. So far I’m very impressed with Orlando. Please do something about your HOT summers. Don’t think I’m ready for that.”

“I love Orlando and have been here my whole life. I’ve seen our city grow into a great place to be.”



Key Dates for Action Plan Process

Event	Date
Press Conference – Kick Off	October 28, 2019
On-Line Survey Runs on Various Digital Platforms	October 28, 2019 – Present
Mayor’s Committee on Livability & Healthy Aging Meeting #1 <small>(Presentation: Setting the Stage/Background Data/AARP Livability Index/Outline of Action Plan Process/Blue Zones Update)</small>	November 20, 2019
Mayor’s Committee on Livability & Healthy Aging Meeting #2 <small>(Presentations: Universal Design; Summary of Regional Affordable Housing Report and Orange County’s Housing For All 10-Year Action Plan)</small>	January 22, 2020
Covid-19 Pause (Planus Interruptus)	Remainder of 2020
Mayor’s Committee on Livability & Healthy Aging Meeting #3 <small>(Presentation: Final Survey Results; Overview of Revised Schedule)</small>	March 24, 2021
Mayor’s Committee on Livability & Healthy Aging Meeting #4 <small>(Presentations: Transportation Initiatives; Affordable Housing Update)</small>	May 26, 2021
Public Presentations on Initiative & Survey Results (6)	May/June/July 2021
Mayor’s Committee on Livability & Healthy Aging Meeting #5 <small>(Presentation: Parks Master Plan; Work Session: Review of Assessment & Planning Chapter)</small>	July 28, 2021
Fun/Educational Event TBD	August 21, 2021
Mayor’s Committee on Livability & Healthy Aging Meeting #6 <small>(Presentation: Future Ready Master Plan; Work Session: Review of Chapter 1: Built Environment)</small>	September 22, 2021



Key Dates for Action Plan Process

Event	Date
Mayor's Committee on Livability & Healthy Aging Meeting #7 <small>(Presentation: Social Environment Topic; Work Session: Review Chapter 2 – Social Environment)</small>	November 17, 2021
Mayor's Committee on Livability & Healthy Aging Meeting #8 <small>(Work Session: Review of Goals & Actions Chapter & Implementation & Evaluation Chapter)</small>	January 26, 2022
Series of Public Presentations on Draft Plan w Neighborhood Groups	February/March 2022
Mayor's Committee on Livability & Healthy Aging Meeting #9 <small>(Preliminary Review of Entire Action Plan, including Executive Summary and Introduction)</small>	March 23, 2022
Municipal Planning Board Workshop	April 19, 2022
Mayor's Committee on Livability & Healthy Aging Meeting #10 <small>(Final Review and Approval of Action Plan)</small>	May 25, 2022
Fun/Educational Event TBD (Older Americans Month)	May 2022
City Council Workshop – Presentation of Action Plan	June 2022
City Council Hearing – Acceptance of Action Plan	July/August 2022
Action Plan forwarded to World Health Organization (WHO)	August 2022
Celebration Event	September 2022



Questions/Discussion

Please visit our **Livable Orlando: An Age-Friendly Initiative Website:**
<https://www.orlando.gov/Community-Programs-Events/AARP-Age-Friendly-Community>

