

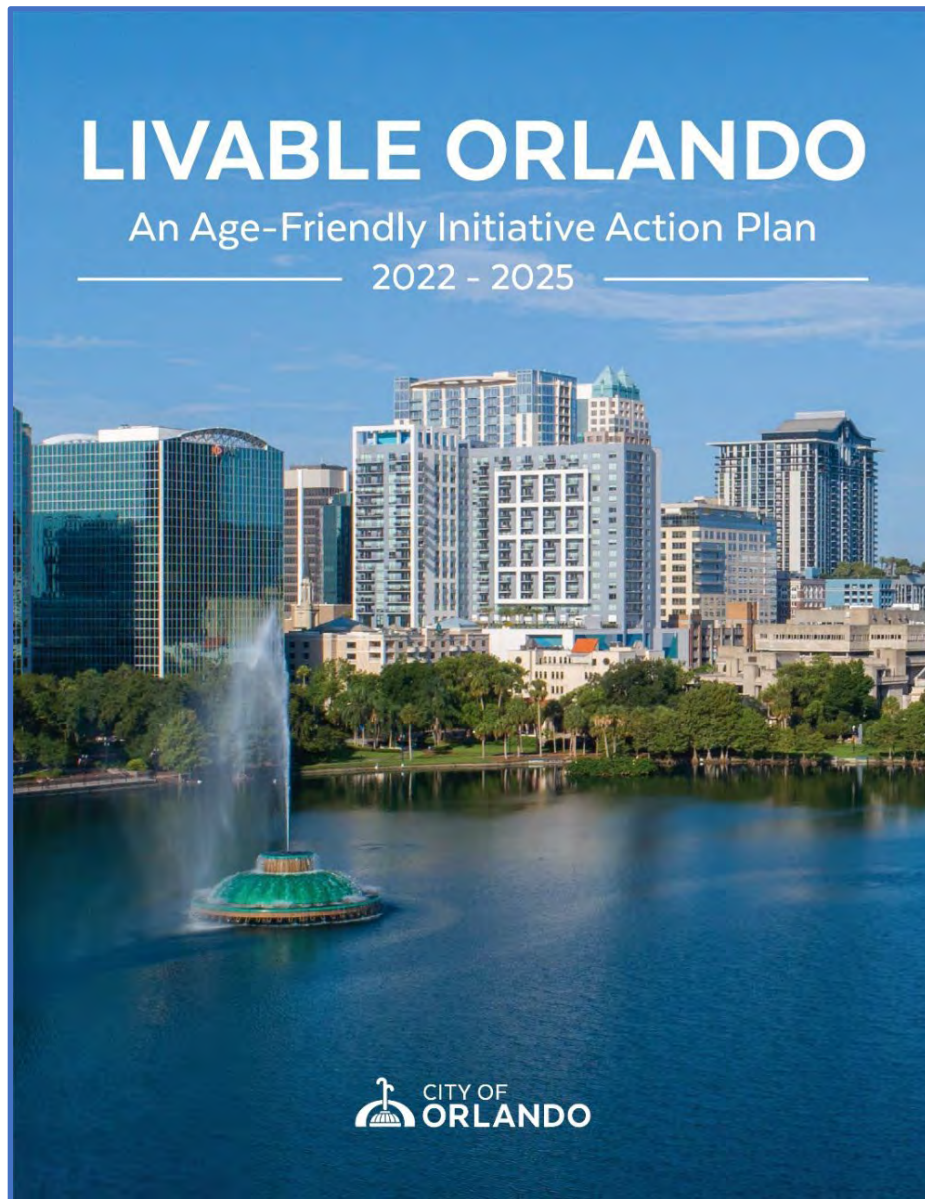
# Mayor’s Committee on Livability & Healthy Aging 2023 Year-End Report

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**Our Mission:**

To ensure the City of Orlando remains a “Community for a Lifetime” for all its residents by making recommendations to the Mayor and City Council.

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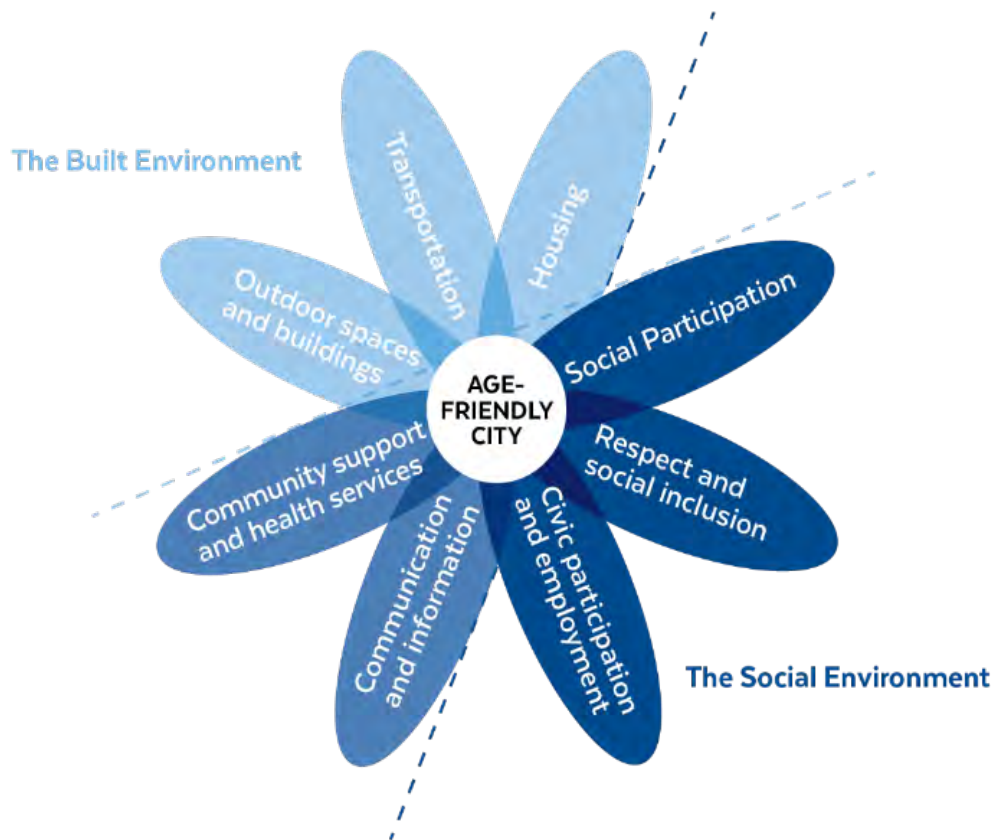
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# LIVABLE ORLANDO: AN AGE-FRIENDLY INITIATIVE ACTION PLAN 2022-2025

## Background

- The Orlando City Council approved the *Livable Orlando Age-Friendly Action Plan 2022-2025* on September 12, 2022. The Plan was created under the auspices of the World Health Organization (WHO) and their affiliate in the United States, AARP.
- Orlando’s Plan focuses on improving the built and social environments to ensure “livability for people of all ages”, with a special emphasis on older adults. There are 25 goals and 89 action items across 8 domains of livability.



- The Mayor’s Committee on Livability & Healthy Aging (MCLHA) guides the Plan’s implementation.
- In January 2023, Orlando hired a Livable Orlando / Age-Friendly Project Manager under a one-year contract at 20 hours/week (temporary/part-time). The Project Manager is responsible for providing staff support to the MCLHA and supporting the implementation of the Livable Orlando Action Plan. Efforts include coordinating with internal staff on City efforts, supporting community partners, and developing strategies for prioritizing and implementing the Action Plan’s 25 goals and 89 action items.

*Action Items: H.1.7.*

## Recognition/Raising Awareness

- **2023 APA Florida Innovation in Planning for All Ages Award – COMPLETED.** The Livable Orlando Action Plan received the *Innovation in Planning for All Ages Award of Excellence* from the Florida Chapter of the American Planning Association (APA). This award spotlights a project, program or campaign in Florida that emphasized innovative planning in meeting the needs of the 50+ population and demonstrated how communities can become more age-friendly. This award was sponsored by AARP Florida and was presented at the Florida APA conference on September 6 in Jacksonville. With more than 3,000 members, APA Florida is the second-largest APA Chapter in the country. See [APA Florida Age-Friendly Video v3.mp4](#).



*Action Items: C.1.1.*

- **AARP National’s Inaugural Age-Friendly Leadership Academy – COMPLETED.** Paul Lewis & Committee Vice-Chair, Tristan Ruby, represented the Livable Orlando network during a 10-month national AARP Age-Friendly Leadership Academy. This inaugural program, which ran from October 2022 through July 2023, included monthly on-line presentations, workshops, and project-based learning discussions.  
*Action Items: B.2.1., H.1.2.*
- **Community Presentations – COMPLETED.** Orlando’s age-friendly efforts have been presented at several conferences/events including:
  - Mayor’s Neighborhood & Community Summit (March 25, 2023). At the City of Orlando’s 18<sup>th</sup> Annual Neighborhood and Community Summit, staff (Paul Lewis & Mimi Reggentin) led a session on the Livable Orlando initiative and action plan. Staff overviewed demographic trends, the eight domains of livability and how this national AARP Network of Age-Friendly States and Communities program is being implemented at the local level in Orlando.
  - Florida Council on Aging Statewide Conference (August 8, 2023). At the 2023 Florida Council on Aging statewide conference, Orlando staff (Paul Lewis & Mimi Reggentin) and AARP Florida staff presented a session on “advancing housing options for older adults in your community.” Orlando staff provided both a summary of the housing components within the Livable Orlando Action Plan as well as preliminary data related to the City’s award of a 2023 AARP Challenge Grant for an educational and outreach campaign on accessory dwelling units (ADUs).

- LIFE at UCF (September 12, 2023). More than 300 members of the Learning Institute for Elders (LIFE) at UCF listened to the City of Orlando (Paul Lewis) and AARP Florida present information on the AARP Network of Age-Friendly States and Communities – and how this international effort is being implemented in Orlando. LIFE at UCF was organized in 1991 as an outgrowth of the Elderhostel Institute Network of Affiliated Institutes for Learning in Retirement. This nonprofit organization is affiliated with UCF through the College of Interdisciplinary Studies and is funded through membership fees from the more than 800 members. Learn more at [www.life.ucf.edu](http://www.life.ucf.edu).



*Action Items: H.1.3.*

- **Internal Presentations and Outreach – COMPLETED.** After the Action Plan was approved, staff provided presentations to several departments to enlist support in our age-friendly efforts including:
  - Economic Development Department/Business Development (March 23, 2023). Internal discussion and briefing to EDV Business Development staff on the Livable Orlando initiative and how “livability” extends to the business community. Discussions touched upon successful programs in other communities and local efforts to recruit restaurants for a dementia-friendly dining program.
  - Main Street Director’s Presentation/Exercise (April 19, 2023). Staff conducted an exercise with the Main Street Directors that focused on the surging in the older adult population, the value of older adults from a business perspective, and the hidden challenges that can affect an older adult’s ability to effectively engage / patron local businesses. Staff also began discussions on how to implement age-friendly business practices with the different Main Street programs.
  - Families, Parks, and Recreation, Transportation, Office of Sustainability & Resiliency/Green Works, Housing, Orlando Fire Department, and Orlando Police Department. Throughout 2023, staff has met with people across multiple departments to inform and encourage people to integrate age-friendly concepts into their planning and operational programming. Staff will continue to connect with each of these departments to learn more about their existing efforts to service older Orlando residents – and how these efforts might connect with other programs both within the City and the community.

## MAYOR'S COMMITTEE ON LIVABILITY & HEALTHY AGING (MCLHA)

- The Mayor's Committee on Livability and Healthy Aging (MCLHA), formerly known as the Mayor's Committee on Aging, was established more than 30 years ago and charged with making recommendations to the Mayor of Orlando regarding programs and events beneficial to older adults.
- Membership of the MCLHA has been strengthened in recent years not only to foster partnerships between the City and organizations that provide services to older adults, but also to encourage partnerships between organizations themselves. The current (December 2023) roster of the MCLHA includes 18 talented volunteers representing key senior service organizations, community partners, residents, and local advocates, including:
  - Dean Grandin, Chairperson (Retired)
  - Tristan Ruby, Seniors First, Inc., Vice-Chairperson
  - Yazmin Alfonso, AARP Florida (2023)
  - Todd Bowers, LIFE at UCF (2023)
  - Nicole Brown, Orange County Office on Aging
  - Marwa El-Menshawi, MD, Chapter Health System /Cornerstone Health Services
  - Joan Erwin, League of Women Voters (2023)
  - Dean Garrow, Cypress Creek Village II HOA (2023)
  - Sara Gonzalez, Orange County Library System (2023)
  - Marie Hernandez, AARP Florida, Volunteer
  - Sarah Larsen, MetroPlan Orlando (2022)
  - Coralie Laboy, Laboy Senior Living Consultant (2023)
  - Paul Meunier, retired aviation technology and maintenance (2021)
  - Karla Radka, Senior Resource Alliance
  - Reverend Erika Rembert Smith, Washington Shores Presbyterian Church (recent)
  - Ladda Thiamwong, PhD, RN, University of Central Florida School of Nursing (while Dr. Thiamwong is on sabbatical, Dr. Ayse Malatyali will be the UCF representative)
  - Tim Willings, retired P.E. (2023)
  - Joan Hansen, Member Emeritus (in 2023, who served for more than 30 years, was awarded an Emeritus membership).
- On January 25, 2023, the MCLHA reviewed the Action Plan's 25 goals and 89 action items and identified "First Priorities" and "Next Priorities" to provide staff with direction in terms of implementation for the first full year of the approved plan (2023). Those items are highlighted in the attached Action Items Matrix.
- On March 22, 2023, the MCLHA approved an updated mission statement, to "Ensure the City of Orlando remains a "Community for a Lifetime" for all its residents by making recommendations to the Mayor and City Council that focus on:
  - Breaking down stereotypes of aging and transform the way the City and its citizens interact with older adults;
  - Assessing the adequacy and appropriateness of services provided to citizens to optimize the potential for healthier and longer lives;
  - Overseeing the progress of the selection, prioritizing, and implementation of the Livable Orlando Age-Friendly Action Plan's 25 goals and 89 action items; and,
  - Working with the City to build partnerships with citizens, civic organizations, and businesses to create an age-friendly community."



## BUILDING COMMUNITY PARTNERSHIPS THROUGH THE MCLHA

### Partnership with the Orange County Library System

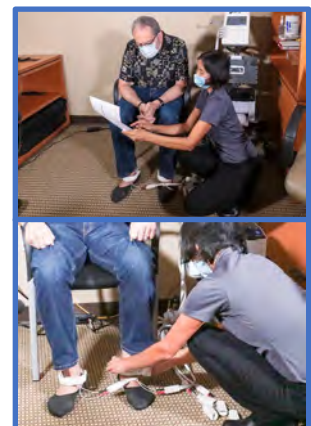
- Downtown Orlando Active Aging Opportunities Series – COMPLETED.** In Spring 2023, the LYMMO, which is a free downtown transit circulator operated by LYNX, was expanded to serve the Beardall Senior Center as well as two affordable senior high-rise apartments. However, informal discussions in the community showed a reluctance in riding the LYMMO. The Downtown Orlando Active Aging Opportunities series was developed to help residents become familiar with the enhanced LYMMO services and learn more about the programs and resources offered in the Orlando central business district. City staff approached several high-rise apartments and Kinneret expressed an interest in promoting the program to their residents. Launched on September 29, this series included tours of the Dr. Phillips Center for the Performing Arts, Orange County Library System, Orlando Pottery Studio, and a brain health presentation by UCF. It concluded on November 2 with a celebration of National Mobility Week and rides on SunRail and the SWAN autonomous transit demonstration project. City staff and members of the MCLHA acted as LYMMO ambassadors, guiding participants in how to navigate this free transit service. Partnering in this effort to encourage community engagement and reduce social isolation were the City of Orlando (Parks and Transportation), the Orange County Library System, LYNX, AARP, UCF, and the Dr. Phillips Center. As a bonus, this Downtown series helped launch a new partnership between the Orange County Library System and Kinneret, with the Library beginning a monthly arts and craft class at Kinneret Apartments in January 2024.



*Action Items: A.2.2., C.3.1., E.2.2., F.1.2., F.1.3., F.3.2.*

### Partnership with the University of Central Florida

- UCF Falls Prevention Research – COMPLETED.** Falling — and the fear of falling — are the leading cause of injury, disability, and hospitalization among racially diverse, low-income older adults according to the Centers for Disease Control and Prevention (CDC). In March 2023, UCF’s School of Nursing and Dr. Ladda Thiamwong (an MCLHA member) were awarded a \$2.3 million grant from the National Institutes of Health (NIH) to research the effectiveness of technology and the “PEET” preventative exercise program. For this research grant, Dr. Thiamwong partnered with Kinneret apartments and Orlando’s L. Claudia Senior Center. There were 120 low-income, minority participants age 60+ enrolled in the program, with a mean age of 75. In the PEER intervention group, seniors were asked to participate in group exercise classes (60 minutes per week for eight weeks) and home-based exercises (twice a week for eight weeks). Exercises focused on balance and strength training. Participants were supported with a peer coach. Additional follow-up occurred over a nine-month period in order for UCF staff to measure the long-term impact of reducing a person’s fear of falling and improving their balance. Based on the success of this grant, Dr. Thiamwong has incorporated programming for Orlando residents into several other grant proposals that focused on falls prevention.



*Action items: F.1.4., G.2.2., G.3.1., H.1.4.*

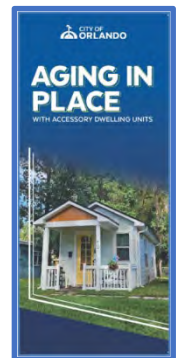
## Partnerships with AARP

- 2021 AARP Community Challenge Grant: Tables of Connection – COMPLETED.** In 2021, the City of Orlando was awarded an AARP Community Challenge Grant to build two solar-powered tables/shade structures in Willows Park and Prince Hall Park. Physical work on the two Tables of Connection were completed in late 2021, with dedication of the new resiliency tables and associated public art in early 2022 (when the Livable Orlando Action Plan was being drafted). This Tables of Connection project was a placemaking/Future Ready Master Plan collaboration and staff is currently working to expand the resiliency/art tables concept to multiple locations through Green Works Orlando.



*Action Items: E.1.3.*

- 2023 AARP Community Challenge Grant: ADU Education & Outreach Campaign – COMPLETED.** In May 2023, the City of Orlando was awarded a \$10,000 AARP Community Challenge Grant to raise awareness of accessory dwelling units (ADUs), especially in minority communities, through the development of marketing materials and community outreach efforts. From May through November 2023, staff successfully conducted pre-program interviews with homeowners and residents in multicultural communities; prepared ADU educational brochures that translate City Code regulation into easy-to-understand, customer-friendly language with visuals (both in English & Spanish); greatly enhanced orlando.gov web-based content to explain the ‘what’, ‘why’, and ‘how’ of developing an ADU in the City of Orlando with an emphasis on aging in place (please visit Orlando.gov/ADU to view this content); conducted six community educational sessions throughout the City with an emphasis on multicultural neighborhoods; and performed outreach to professionals including those representing financial institutions, real estate agents, elder services providers and non-profits, City advisory boards, and other civic groups.

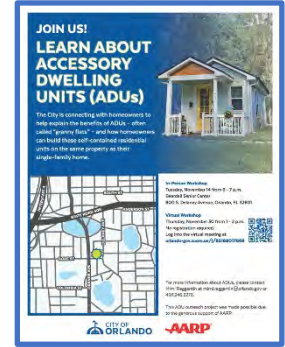


Of the six ADU community educational events, five were in-person while the sixth was virtual using the Zoom platform. Our goal was to reach a total of 180 people with an average of 30 people per event. Our overall attendance was 253 people, with 227 reached at in-person events and 26 at our virtual event, for an average of 42 people per event. From a geographical perspective, we were able to do events in several multicultural settings including the Grand Avenue Neighborhood Center which is in a predominantly African American area, the Beardall Senior Center in the heart of Downtown Orlando, and the Dover Shores Community Center which is an area with a high percentage of Hispanic residents. We were able to distribute our newly created ADU brochures at each event. Additional brochures have been distributed throughout the City at our recreation centers and senior centers.





In terms of raising awareness, our ADU project was featured in an [Orlando Sentinel](#) interview and article (July 4, 2023) and a [WESH-2](#) television interview and story (June 28, 2023). We also provided ADU presentations to our Municipal Planning Board, the MCLHA, and Affordable Housing Advisory Committee. In addition, we provided ADU presentations to the APA Florida – Orlando Metro Section as part of a panel of Central Florida governments (webinar), at the Florida Council on Aging annual conference, and the AARP-sponsored Housing Roundtable with the Tampa/Orlando Business Journal (OBJ) – “Affordable Housing Table of Experts: A Discussion on Accessory Dwelling Units and How They Expand Housing Options for People of All Ages”. This discussion was later featured in an OBJ article (November 14, 2023).



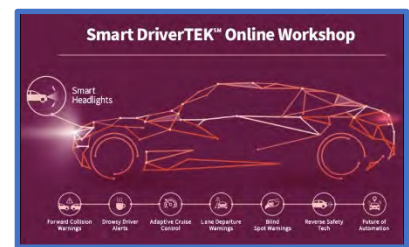
City staff have shared several key recommendations for “ADU/granny flat” construction with the AARP national team, including the need to move the conversation from the cost of ADU construction and toward a cost comparison with other supportive housing options (assisted living and nursing home care). Other recommendations included more national focus on helping homeowners understand the differences and benefits of both ADUs and home additions (that do not necessarily meet ADU requirements).

*Action Items: A.3.1., B.1.1., B.2.1., B.2.2., B.3.1., F.1.4., F.1.5., H.1.3.*

- Senior Planet and OATS (Older Adults Technology Services) Partnership – IMPLEMENTED / ON-GOING.** In 2023, FPR became an “OATS” community. OATS is a technology education program developed by Senior Planet through a partnership with AARP. In the summer of 2023, 14 FPR staff completed five weeks of training to become certified “Senior Planet” instructors for classes on social media, video chat, streaming, smart TVs, and how to protect your personal information online. In the fall 2023, FPR staff began offering these OATS technology workshops at L. Claudia Allen and Beardall Senior Centers to help adults age 55+ stay connected to family and friends as well as connect with businesses and services in an online platform.

*Action Items: D.2.1., F.3.2., H.1.4.*

- Smart DriverTEK (in partnership with AARP) – IN PROGRESS.** In the fall 2023, FPR began offering the Smart DriverTEK program at several senior and community center locations. This 90-minute program keeps drivers “in the know” about the latest vehicle safety technologies, and how to use them. From lane departure warnings and smart headlights to blind-spot detection systems and more, the workshops help drivers recognize how these technologies might enhance their driving safety and extend their safe driving years. Attendees leave with a vehicle technology checklist, which can be used to identify smart features that may already be in their cars – or can provide guidance on desired technologies when shopping for a new car. This program, which was developed by AARP Driver Safety and The Hartford, supports FPR’s goal of promoting arts, recreation, leisure, and educational activities involving and targeting a wide range of older adults.



*Action Items: C.2.3., C.3.3.*

- **Reach Out and Play Board Games – COMPLETED.** FPR was selected to participate in the national AARP Reach Out and Play board games campaign. Held at the Beardall Senior Center on September 15, 2023, more than 75 older residents from across the City spent an afternoon playing classic board games – re-imagined with age-inclusive components, such as easy-to-grasp game pieces and increased font size. The campaign was created to promote social connections and reduce isolation – and, was held during the week of Grandparents Day. FPR was able to keep the board games and continues to use them in the community to create fun social connections and reduce isolation.



*Action Items: E.2.1.*

- **AARP Florida MOVE Roundtable (Numerous Organizations Involved) – COMPLETED.** The Orlando MOVE Roundtable was a (mostly) virtual six-week cohort discussion on how Central Florida could ensure that older adults can successfully utilize the (new to Orlando) Brightline service. This conversation quickly grew to incorporate all forms of non-car travel – from fixed LYNX bus routes to SunRail to bicycling and using paid services such as Uber and LYFT. Roundtable discussions also focused on the intersection of transit, land use, and community development. Participants included staff and volunteers from LYNX, MetroPlan Orlando, GOAA, Brightline, FDOT, Bike/Walk Central Florida, AARP, and the City of Orlando. The goal was to promote connection between these stakeholders on issues related to safety, awareness, connection, language, and accessibility.



*Action Items: C.2.3.*

- **Affordable Housing Table of Experts – COMPLETED.** On October 4, 2023, staff participated in an AARP organized “affordable housing table of experts: a discussion on accessory dwelling units and how they expand housing options for people of all ages.” The focus was on affordable housing, housing choice, and ADUs as one housing solution. Additional discussion centered on Orlando’s new affordable housing trust fund, preservation of affordable senior high-rise complexes, the Paramore Asset Stabilization Fund as well as the relationship between housing, transportation, employment, and economic development. An edited transcript of this discussion was given to the Orlando Business Journal to include in their print materials. Participating in this discussion were LIFT Orlando, Seminole County Chamber, Orlando Regional Realtor Association, Habitat for Humanity, Florida Housing Coalition, Orlando Business Journal, and AARP Florida.

*Action Items: B.2.1.*

## Partnership with MetroPlan Orlando

- **Transportation Safety Grant – IN-PROGRESS.** In February 2023, MetroPlan Orlando was awarded a \$3.79 million federal grant to develop Vision Zero Safety Action Plans throughout Orange, Osceola, and Seminole counties and the associated municipalities. The federal grant is part of the 2022 Safe Streets and Roads for All Action Plan. During grant implementation, MetroPlan will continue to work with local governments to engage the community and develop innovative, evidence-based projects that focus on low-cost, high-impact safety solutions. The ultimate goal is zero deaths and serious injuries on the region’s roads. Between 2016-2020, there were a total of 361,633 crashes on Central Florida’s roads, resulting in 1,396 deaths. About 65% of the fatal crashes occurred in historically disadvantaged areas and 32% of the crashes involved pedestrians and cyclists.

*Action Items: C.1.1., C.1.4., C.1.5., C.1.7., C.2.1., C.2.2.*

## Partnerships with Seniors First, Inc.

- **Senior Tran – ONGOING.** The City’s Downtown Community Redevelopment Agency (CRA) has an ongoing partnership with Seniors First to provide the Senior Tran shuttle service to 12 downtown Orlando senior apartment complexes. Seniors First operates this service three days a week using ADA-accessible buses. The goal is to provide mobility services to the pharmacy, grocery store, and general merchandise stores (such as Target) for low-income seniors who lack access to transportation. Seniors First also provides transportation to their Neighborhood Lunch program sites.  
*Action Items: C.1.4., C.1.5., C.1.9., C.2.2., G.1.1.*
- **Virtual Reality Engagement – ONGOING.** Seniors First has implemented a virtual reality travel and education program for participants in their Neighborhood Lunch programs, including L. Claudia Allen Senior Center, and Englewood Community Center. Seniors First is using the Meta Oculus headset that enables users’ peripheral vision to reduce the incidence of motion sickness, tripping, and falls. Staff rotates these headsets across their network of neighborhood lunch programs to give all Neighborhood Lunch participants an opportunity to travel (virtually) to museums, national parks, and tourist destination around the world. The goal is to help address social isolation and depression.  
*Action items: G.2.2., H.1.4.*
- **Tablets to Meals on Wheels Recipients – ONGOING.** Seniors First’s Project Connect program provides select Meals on Wheels recipients with a 4G WIFI tablet loaner for one year. This program has benefited an estimated 200-400 Meals on Wheels recipients in 2022 and 2023.  
*Action items: G.2.2.*
- **Emergency Preparedness Assistance – ONGOING.** Seniors First provides clients of their Community Care for the Elderly, Meals on Wheels, and Neighborhood Lunch programs with emergency preparedness assistance including helping vulnerable clients register for the People with Special Needs registry, disseminating disaster information prior to the storms, – and, after a disaster, reaching out to clients and helping connect them to resources.  
*Action items: G.3.3., H.3.1., H.3.3.*

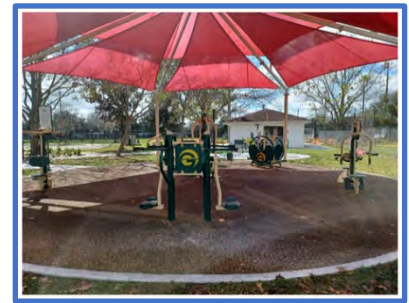
## INTEGRATION OF AGE-FRIENDLY CONCEPTS INTO ORLANDO’S PROGRAMS & SERVICES

### Families, Parks, and Recreation (FPR) – Built Environment Successes

- **Prince Hall Park – COMPLETED.** In June 2023, FPR completed construction of a new playground adjacent to the Table of Connection resiliency table. This new amenity provides active recreational space to families near the Richmond Estates neighborhood of Orlando. Prior to completion of this playground, the closest park was a mile away, which was not walkable for older adults or families with young children. The new park amenities includes a fitness station, benches, shade structures and trees, and trash receptacles. All park amenities meet ADA requirements. Prince Hall Park is also the site of one of Orlando’s AARP Sponsored “Tables of Connection”, a shaded picnic table outfitted with a wi-fi hotspot and charging stations to connect residents to the internet. The table is also located by the playground allowing grandparents and parents to watch their children while using their cell phones, computers, and other devices.

*Action Items: A.1.3., E.1.3., F.1.2.*

- **Grand Avenue Park – COMPLETED.** In 2020, Orlando began the design to convert the former Grand Avenue school property into a neighborhood center and park. The intergenerational amenities portion of this project were completed in 2022, including a playground that enables a caregiver to swing with a child as well as shaded all-ages exercise stations which are designed for individuals using wheelchairs and other mobility challenges.



*Action Items: A.1.3., F.1.2.*

- **The Grove Park and Tennis Centre – COMPLETED.** In May 2023, the City of Orlando opened a new 66-acre signature park in the new Packing District – a redevelopment area that was an historic citrus packing district. The park features a 1.5-mile trail for walking and biking as well as 17 tennis courts, four of which can be adapted for pickleball. The park features a new 4,000-square-foot welcome center with amenities that includes a clubhouse, lockers, showers, restrooms, and meeting (educational) space. This signature park and surrounding open spaces will provide a recreational and placemaking location for the new Packing District community under construction that will ultimately include mixed housing opportunities and a vibrant commercial district.

*Action Items: A.1.3., F.1.2.*

- **Dartmouth Park – COMPLETED.** The playground renovation completed in June 2023 features equitable access amenities, including ADA access, a sensory play center, and a shaded pavilion.

*Action Items: A.1.3.*

- **MCLHA Partnership Activities Previously Mentioned:**

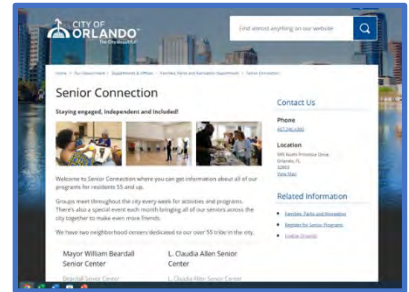
- Tables of Connection – 2021 AARP Community Challenge Grant (see page 8)

### Families, Parks, and Recreation (FPR) – Social Environment Successes

- **Senior Connection Committee – ON-GOING.** In 2023, FPR launched a Senior Connection Committee to create a more comprehensive approach to meeting the recreational needs of Orlando’s older residents. This Committee is responsible for identifying community needs, developing programming, and coordinating ongoing activities at the City’s two senior centers and network of neighborhood centers. This Committee is

also focused on expanding educational programming and intergenerational opportunities. This Committee supports FPR’s goal of providing ongoing activities for seniors to promote the social engagement of seniors.  
*Action Items: A.1.1., D.2.1., E.1.2., F.1.2., F.1.3., F.1.4., G.3.1.*

- **Senior Connection Website – COMPLETED.** Launch in August 2023, the new “Senior Connection” webpage on the City’s [Orlando.gov](http://Orlando.gov) website centralizes web-based information about active aging programming. The Senior Connection webpage includes detailed information about the City’s two senior centers, including hours, a list of regular programming, and links to the web-based calendar of activities where residents can sign up to attend. The webpage also provides links to the seven Neighborhood Centers with regular senior programming – and three centers that are developing a senior focus.



*Action Items: F.1.5.*

- **Senior Connection Annual Calendar – ON-GOING.** In 2023, FRP began developing an annual events calendar for senior programming. Annual programming activities include field trips, special events, and holiday socials. In 2023, field trips included excursions to Calypso Cruise, Strawberry Festival, Dixie Crossroads, Hard Rock Tampa, and the movies. Special events included Super Bingo, Denim and Pearls Social, and Mind Your Health Mental Health Fair. Holiday socials were held for Christmas, Thanksgiving, and New Year 2023.



*Action Items: E.2.2.*

- **MCLHA Partnership Activities Previously Mentioned:**
  - Downtown Orlando Active Aging Opportunities Series Partnership (see page 7)
  - Senior Planet and OATS (Older Adults Technology Services) Partnership (see page 9)
  - Smart DriverTEK (see page 9)
  - Reach Out and Play Board Games (see page 10)

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## Housing – Built Environment Successes

- **Accelerate Orlando Funds for the Housing Rehabilitation Program – APPROVED.** The City of Orlando uses the state-funded State Housing Initiatives Partnership (SHIP) program to administer the Housing Rehabilitation Program, which helps qualified homeowners with needed home repairs to correct conditions that may threaten their health and safety. The city recognizes the growing need to preserve existing housing stock and this program allows city residents to maintain their assets, and age in place within the safety of their own homes. On August 14, 2023, Orlando City Council approved the utilization of \$1,000,000 in Accelerate Orlando funds towards this program, which will allow us to help approximately sixty additional homeowners with needed home repairs. Through the Accelerate Orlando Initiative, launched in 2022, the city is leveraging \$58 million in federal funds to further our efforts in tackling two of the community’s most daunting challenges: homelessness and affordable housing.

*Action Items: B.3.1., B.3.2., B.3.4.*



- **Creation of Affordable Housing Trust Fund – APPROVED.** The Orlando Housing Ready Project is one of the City's significant responses to increase the affordable housing stock, addressing the financial burden affecting the most vulnerable populations by assembling financial resources other than the US Department of Housing and Urban Development (HUD) and the State of Florida. Orlando's Affordable Housing Trust Fund was established for the purpose of providing the financial resources and leverage necessary to create and preserve affordable housing units in the City – and will be the vehicle used in structuring deals. The initial fund value is approximately \$9 million. Funds are derived from the City's General Fund dollars and may be used to support medium and large-scale projects funded by 9% and 4% Low-Income Housing Tax Credits (LIHTC), as well as other affordable housing projects. As part of this effort, allocating funding in conjunction with LIHTC requires those funds to be structured as a loan and, because General Fund dollars cannot be loaned out, the creation of Affordable Housing Trust Fund is necessary. City Council approved the ordinance creating the Trust Fund on September 2023. The City will likely issue a solicitation to begin looking at projects in 2024.

*Action Items: B.2.3.*

- **Baptist Terrace/The Roberts – COMPLETED.** In 2020, the longstanding owners of Baptist Terrace senior high-rise complex were in the process of selling this Jackson Street property. If completed, this sale would have diminished the limited stock of affordable senior housing in Orlando. This housing stock was preserved when the Orlando Neighborhood Improvement Corporation purchased the building in August 2020. Over the next two years, this 197-unit senior tower was completed renovated. This purchase and renovation were made possible, in part, by a \$1 million grant from the City's Downtown Orlando Community Redevelopment Agency. On March 31, 2022, the property was renamed The Roberts during a ribbon-cutting and re-dedication event.



*Action Items: B.1.3.*

- **Kinneret Apartments (Fairstead – Community Partner) – COMPLETED.** On September 28, 2022, the Kinneret Council on Aging sold Kinneret Apartments, a 280-apartment, two-towered property on Delaney Avenue that provides affordable housing to income qualifying adults aged 62-up. Fairstead, a purpose-driven, vertically-integrated real estate company agreed to preserve this affordable senior apartment complex. In 2023, Fairstead embarked on substantial renovations to modernize the seniors' homes, investing \$18 million to include façade and roof repairs, common area improvements, modern kitchens and bathrooms, new flooring, senior-friendly accessibility improvements, energy-efficient appliances, lighting, and plumbing. Affordable rents will be preserved, with senior residents continuing to pay no more than 30% of their incomes towards rent. The Kinneret Council on Aging will continue to provide services to residents, including the food pantry and exercise programs. For Jewish residents, staff will continue to distribute Kosher holiday meals and host celebrations for Shabbat and Jewish holidays.



*Action Items: B.1.3.*

- **Fern Grove Apartments – CONSTRUCTION BEGUN.** In 2023, construction began on Fern Grove Apartments, a 138-unit senior multi-family affordable housing community, located on W D Judge Drive, between John Young Parkway and Mercy Drive. The City of Orlando provided \$1.3 million in HOME Investment Partnerships Program (HOME) funds towards the project, which has a total project budget of \$42,232,237. The tentative completion date for Fern Grove Apartments is September 30, 2024.

*Action Items: B.1.3.*

## Housing – Social Environment Successes

- **HUD Choice Neighborhood Planning Grant – IN PROGRESS.** In 2023, Lift Orlando and the Orlando Housing Authority (OHA), in partnership with the City of Orlando, received a \$500,000 HUD Choice Neighborhoods Planning Grant for the creation of a comprehensive neighborhood revitalization plan for Lake Mann Homes, Lorna Doone Apartments (senior apartments), and the surrounding community. The City set-aside funding in the amount of \$250,000 for community outreach, capacity building/public meeting support, and neighborhood planning including existing conditions assessment, infrastructure study, walk audit, etc. This comprehensive planning approach, that is anticipated to take 18 months to two years, will involve engaging community stakeholders in developing a strategic action plan. After the action plan is completed, the goal is to leverage this plan into a significant implementation grant – these grants have a \$50 million cap.  
*Action Items: A.3.1., B.1.1., B.2.1., B.2.2., B.2.3., B.3.1.*
  - **MCLHA Partnership Activities Previously Mentioned:**
    - 2023 AARP Challenge Grant: ADU Education & Outreach Campaign (See page 8)
- 

## Transportation – Built Environment Successes

### Bikeways

- **Downtown Connector Trail – COMPLETED.** Nearly two miles of the Downtown Connector Trail were opened in March 2023. This trail extension completes the southern leg of the Downtown Loop, providing the Lake Como, Lake Davis/Greenwood, and Lake Cherokee neighborhoods with a safe and convenient alternative transportation option. The Downtown Connector Trail now ties into a network of paths that loop through more than a dozen neighborhoods including the Orlando Urban Trail, Gertrude’s Walk, Lake Underhill Path, Bumby Path, and Cady Way Trail.  
*Action Items: C.1.4., C.1.5., C.2.1., C.2.2.*
- **Bicycle Friendly Businesses – IN PROGRESS.** In fall 2023, Orlando launched a Bicycle Friendly Business program to highlight organizations that go above and beyond to encourage a welcoming atmosphere for bicycling. The first step for interested businesses and organizations is applying to the national League of American Bicyclists for a “bicycle friendly business” designation. The League ranks applications on their level of bicycle friendliness by bronze, silver, gold, or platinum designations (or no award.) Orlando area businesses that submit applications by November 23, 2023, will be part of Orlando’s bicycle friendly celebration in early 2024 that will include recognition at City Council, inclusion in a bicycle friendly map, social media, business decals, and more. Orlando’s Bicycle Friendly Business program is a partnership between Orlando’s Transportation Planning Division and the Office of Sustainability and Resilience. As of July 2023, both Orlando City Hall (gold designation) and the City’s Fleet and Facilities Building (bronze designation) have been certified as Bicycle Friendly and are part of the 18 businesses within Orlando’s jurisdiction that have received an award (1 platinum, 2 gold, 4 silver, 8 bronze and 3 silver). Visit <https://bikeleague.org> for more information.  
*Action Items: C.2.1., C.2.4.*



## Roadways

- **Raleigh Street Safety Improvements – COMPLETED.** In September 2023, improvements on Raleigh Street were completed to make the road safer for residents to walk, bike, and drive. These improvements on the section of Raleigh Street spanning from S. Kirkman Road to Willie Mays Parkway included the construction of a 12-foot bike and walking path, the addition of pedestrian safety islands, and additional left turn lanes.  
*Action Items: C.1.3., C.1.4., C.1.5., C.2.1., C.2.2.*
- **Corrine Drive Safety Improvements – COMPLETED.** Orlando’s Transportation Department received the inaugural Wheel of Achievement Award from Bike/Walk Central Florida in June 2023 for the safety improvements on Corrine Drive. Improvements included the installation of a Pedestrian Hybrid Beacon and artistic crosswalk in front of East End Market, as well as a pop-up path in celebration of Bike and Roll to School Day. In combination, the Corrine Drive Safety Improvements allowed for the continued advocacy and attention to the redesign of Corrine Drive through a complete streets approach. Bike/Walk Central Florida created this award to recognize local efforts that go beyond the minimum and truly move the needle in support of those who walk, bike, and/or roll throughout the community.  
*Action Items: C.1.3., C.1.4., C.1.5., C.2.1., C.2.2.*



## Transit

- **Boarder Platform Demonstration Project – COMPLETED.** In September 2023, a new bus stop boarder was completed on Amelia Street, at the Hughey Avenue bus stop. This platform allows passengers to get on and off the bus safely while keeping the bus in a priority position on the road. [Check out these awesome features here in this video.](#)  
*Action Items: C.1.4., C.1.5., C.2.2., C.2.3.*
- **LYMMO Expansion – COMPLETED.** In March 2023, LYNX and the City of Orlando expanded the [LYMMO Lime route](#) to better serve seniors. The new Lime route now offers service to Beardall Senior Center, the Marks Street Senior Recreation Complex, and several senior high-rises, including Kinneret Apartments (280 units), Magnolia Towers (153 units), and the Orlando Cloisters (101 units). The goal was to provide more connectivity through alternative transportation to help seniors, many of whom are limited income, better connect with local programming and services. [Watch video.](#)  
*Action Items: C.1.1., C.1.4., C.1.5., C.2.2.*
- **Autonomous Swan Shuttle – COMPLETED.** In August 2023, the City of Orlando expanded its fare-free, autonomous shuttles to the Creative Village community in Downtown Orlando. This “SWAN Shuttle” is powered by Beep technologies and offers seating for up to eleven passengers. Vehicles are ADA compliant. The roughly one-mile route has five stops connecting LYNX Central Station and SunRail to UCF/Valencia Downtown, Luminary Green Park, Electronic Arts, and the OCPS ACE School. Learn more at [orlando.gov/swanshuttle](http://orlando.gov/swanshuttle).  
*Action Items: C.1.4., C.1.5., C.2.2.*



- **MCLHA Partnership Activities Previously Mentioned:**
  - MetroPlan Transportation Safety Grant (see page 10).

### Transportation – Social Environment Successes

- **Motorized Scooter Share Program Contract – PENDING.** In fall 2023, the City of Orlando updated language for the vendor contract for the Bike Share/Motorized Scooter Share Program, which enables users to rent dockless bikes or scooters, equipped with GPS technology, without the need to return them to a specific location. Based on feedback from the MCLHA, new contracts will require vendors to offer three types of scooters available: a traditional scooter, a sit-down (bike-like) scooter, and an adaptive scooter. All scooters will be required to have turn signals. Per the City’s new contract, the adaptive scooter must have three-wheels or self-balancing technology, a seat, and a basket or container to hold a mobility device such as a cane. These adaptive scooters will operate on a “library model” where users will call to request, and the scooter will be delivered within an hour. The new vendor contracts should be executed in 2024.  
*Action Items: C.1.6.*

- **MCLHA Partnership Activities Previously Mentioned:**
  - Downtown Orlando Active Aging Opportunities Series (see page 7)
  - AARP Florida MOVE Roundtable (see page 10)

### Other Livable / Age-Friendly Efforts – Social Environment Successes

- **Orlando Fire Department (OFD) Community Risk Reduction Programs – BEGUN.** Community Risk Reduction staff is responsible for educating the public on how to avoid or reduce risky or unhealthy behaviors as well as plan and respond to disasters or emergencies. The focus is on the prevention of loss of life, loss of property, and damage to the community and environment through education and preparedness.
  - **CERT Training – ON-GOING.** In spring 2023, staff held a CERT (Community Emergency Response Team) training at Episcopal Church of St. John the Baptist for 25 community members. Topics focused on how to better prepare for hazards that may affect their home or community. Attendees are now able to become CERT volunteers and can perform basic response activities such as distributing educational materials, supporting emergency operations centers, and checking on frail neighbors during times of disaster. A second CERT course is tentative scheduled for January 2024.
  - **Community Outreach and Education – ON-GOING.** Community Risk Reduction staff has conducted community outreach and education on falls prevention, home safety, and disaster preparedness. Outreach was provided to numerous neighborhood groups, faith organizations, assisted living facilities, nursing homes as well as local senior centers and community events. The program incorporates materials from the national “Remembering When” program and the National “Neighborhood Emergency Training” program.
  - **Elder Links – UNDER DEVELOPMENT.** OFD staff have begun developing an Elder Links program that will provide a structured system for first responders at the scene to identify frail individuals who have a high “falls risk” or risk of future medical emergency – and then connect these individuals to Elder Links staff. Once identified, dedicated staff will schedule a home visit to help identify fall hazards, provide





information on falls prevention, and provide Information on community support services such as meal programs, in-home care, and programs that provide financial supports. Staff will also connect residents to other OFD programming such as the smoke detector installation program, PlusePoint app, CPR training, and CERT classes. When fully operational, Elder Links will also include a heightened community engagement component and educational resources. In 2023, OFD has begun developing print and presentation materials, and has begun community outreach efforts.

- **Citizens Fire Academy – UNDER DEVELOPMENT.** The Citizen Fire Academy is a six-week training program that provides residents with better understanding of the organizational structure, operations, and programs within the Orlando Fire Department. Staff is working toward offering this academy in early 2024.

*Action Items: E.1.1, G.1.2, G.3.1, G.3.3., G.3.4, H.1.6, H.3.3.*

- **Community Investment Program Grants for Fiscal Year 2023/24 – COMPLETED.** The City of Orlando’s fiscal year 2023/24 budget, which was approved by Orlando City Council on October 23, 2023, included funding for fifty-three human service organizations to address the diverse needs and challenges that Orlando residents experience. “Support of Seniors” was one of six program focus areas of this Community Investment Program. For FY 2023/24, a total of \$508,000 was allocated to nine agencies under the Support of Seniors category, which represents a 30% increase in funding from FY 2022/23. Seniors First received \$245,000 for their Project Home that provides nutritious meals and medical equipment to help seniors and disabled adults remain living in their homes. The Community Investment Program also provided funding for legal services, vision impairment services, home improvements, support services as well as arts programming.

*Action Items: B.3.2., C.1.9., E.3.2., G.1.1., G.1.2, H.3.1.*

- **Orlando Employees’ Men’s Wellness Summit and Women’s Escape to Wellness – COMPLETED.** Each year, the City of Orlando’s Human Resources Department hosts two wellness summits for City employees to showcase and promote healthy lifestyle habits and resources for mental and physical well-being. In 2023, the Men’s Wellness Summit was held on September 15 and focused on fitness, avoiding injuries, preventing chronic conditions, and promoting longevity. The Women’s Escape to Wellness was held on October 20 and focused on managing chronic conditions, physical fitness, and maintaining a healthy weight.

*Action Items: E.1.1., G.3.1., G.3.4.*

- **Wellness Wednesday Newsletter – BEGUN.** In November 2023, the City of Orlando’s internal weekly Wellness Wednesday Newsletter featured an article on recognizing the signs that aging parents and loved ones may need assistance. Caregiver strategies and support were also included.

*Action Items: E.1.1.*

- **Hidden Heroes Campaign – UNDER REVIEW.** In December 2023, The Mayor’s Veterans Advisory Council connected with AARP Florida and the national Elizabeth Dole Foundation to learn more about their Hidden Heroes campaign. The focus is to bring attention to military caregivers by sharing their stories, building local systems for caregiver support, and helping connect them to resources and services. As of December 2023, nearly 200 cities, counties, and states have joined the Hidden Heroes campaign. If implemented, this program will be a partnership with the Elizabeth Dole Foundation, with financial support from AARP Florida.

*Action Items: G.1.3., H.1.3.*



## FUTURE OPPORTUNITIES

- **Creating Permanency:** dedicate staff to creating a ‘community for a lifetime’.
- **Expand Operational Integration:** establish livability champions in each department; create senior volunteer program; incorporate livability & healthy aging into Communication efforts, and integrate aging equity into City programs and functions.
- **Policy Integration:** incorporate livability/age-friendly concepts into policy and operational documents such as the 2050 Growth Management Plan Update, Complete Streets, Vision Zero, DTO 2.0, and Accelerated Orlando Rehabilitation Plan.
- **Recognize Contributions:** build recognition into awards (e.g., Main Streets and Neighborhoods).
- **Expand Committee Partnerships:** strengthen programs with AARP, OCLS (consistent with their strategic plan), League of Women Voters, MetroPlan, and LIFE at UCF.



## Orlando Livable Action Plan: 2023 Year-End Update

### Domain: Outdoor Spaces & Buildings

GOAL	ACTION ITEM	STATUS/RESULTS (End of Year One - 2023)
GOAL A.1 - Ensure that the needs and opinions of older adults are considered in park and open space planning and design.	Action Item A.1.1: Create a system to engage surrounding neighborhood residents, including older adults, via surveys, community meetings, and other engagement methods through the park planning and design process.	FPR created the Senior Connection Committee. FPR utilizes surveys and community feedback in all of its park projects and is currently working on a new Parks Master Plan including community engagement.
GOAL A.1 - Ensure that the needs and opinions of older adults are considered in park and open space planning and design.	Action Item A.1.2: Develop a set of recommendations for age-friendly and dementia-friendly park features to use as a guideline when designing City-owned parks and greenspaces.	
GOAL A.1 - Ensure that the needs and opinions of older adults are considered in park and open space planning and design.	Action Item A.1.3: Mitigate the effects of extreme heat on vulnerable populations such as older adults by providing trees in parks, open spaces and along roadways/paths, shade structures, and water/cooling amenities (e.g., splash pads, water fountains) in public parks, where practicable.	Shade structures, intergenerational seating/play areas, landscaping including shade trees, and water fountains were incorporated into several projects including Prince Hall, Grand Ave Park, The Grove, and Dartmouth Park.
GOAL A.1 - Ensure that the needs and opinions of older adults are considered in park and open space planning and design.	Action Item A.1.4: Work with the Orlando Police Department (OPD) to educate older adults about how they can improve the safety of Orlando's outdoor spaces including encouraging older adults to report problems or concerns and to participate in OPD Community Programs such as Neighborhood Watch groups, the Citizen Observe Program, LGBTQ Safe Place, and National Night Out.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> The Age-Friendly Project Manager has reached out to OPD to determine how best to enhance already-existing programming; additional coordination anticipated in Years 2 & 3.
GOAL A.2 - Improve the sense of place, comfort, and interconnectedness of communities by promoting culturally appropriate age-friendly amenities and events.	Action Item A.2.1: Promote more public art to create landmarks, to make areas more aesthetically pleasing, and to assist with wayfinding.	
GOAL A.2 - Improve the sense of place, comfort, and interconnectedness of communities by promoting culturally appropriate age-friendly amenities and events.	Action Item A.2.2: Work with the Families, Parks & Recreation Department, Downtown Development Board/Community Redevelopment Agency, and Main Street Districts to promote age-friendly events that increase a sense of place and of safety.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> Completed Downtown Active Aging Series in partnership with LYNX, AARP, UCF, Orange County Library System, and Dr. Phillips Center. Additional coordination anticipated in Years 2 & 3.

**Domain: Outdoor Spaces & Buildings (cont.)**

<b>GOAL</b>	<b>ACTION ITEM</b>	<b>STATUS/RESULTS (End of Year One - 2023)</b>
GOAL A.2 - Improve the sense of place, comfort, and interconnectedness of communities by promoting culturally appropriate age-friendly amenities and events.	Action Item A.2.3: Explore the creation of an Age-Friendly Certification Program and/or Age-Friendly Business Tool Kit that would educate and assist businesses in better serving their customers, no matter their age or ability.	Met with Business Development/Main Street staff and Main Street Directors to educate and encourage them to incorporate age-friendly concepts into operations/programming; additional outreach and coordination needed in Years 2 & 3.
GOAL A.2 - Improve the sense of place, comfort, and interconnectedness of communities by promoting culturally appropriate age-friendly amenities and events.	Action Item A.2.4: Recognize and encourage grassroots efforts such as Dementia-Friendly Dining in Central Florida.	
GOAL A.3 - Encourage application of Universal Design principles to create an accessible and equitable built environment.	Action Item A.3.1: Develop Universal Design principles/best practices that can be provided to developers, builders, homeowners, and business owners as part of the planning and permitting process.	Universal Design concepts incorporated into Accessory Dwelling Unit (ADU) Education & Outreach Campaign including brochures and Web Guide. HUD Choice Neighborhood Planning Grant (West Lakes) will address this item in Years 2 & 3.
GOAL A.4 - Foster the creation and maintenance of community gardens and local food production to contribute to the physical, social, and cultural well-being of older adults.	Action Item A.4.1: Through Green Works Orlando, continue to expand opportunities for people to learn how to garden and to develop opportunities that allow people to garden in their homes, apartments (e.g., balcony gardens), and neighborhoods (e.g., community gardening plots). As part of this effort, promote and educate people about composting including dissemination of Orlando’s Backyard Composting Guide.	Office of Sustainability & Resiliency/ Green Works Orlando conducts periodic educational sessions and provides information through ongoing programs.
GOAL A.4 - Foster the creation and maintenance of community gardens and local food production to contribute to the physical, social, and cultural well-being of older adults.	Action Item A.4.2: Create and disseminate guidelines on how to build raised bed gardens that are appropriate for people living with mobility impairments (e.g., wheelchair users) and those who cannot bend or squat.	
GOAL A.4 - Foster the creation and maintenance of community gardens and local food production to contribute to the physical, social, and cultural well-being of older adults.	Action Item A.4.3: Explore partnership opportunities with the Senior Resource Alliance, Seniors First, and/or other senior-serving nonprofits to create and maintain community gardens with and for older adults.	

**Domain: Housing**

GOAL	ACTION ITEM	STATUS/RESULTS (End of Year One - 2023)
GOAL B.1 - Encourage age-friendly development and explore innovative housing approaches such as dementia-friendly housing, cooperative and/or intergenerational housing, home sharing, and partnerships among senior living communities, colleges, and universities.	Action Item B.1.1: Encourage demonstration projects, design competitions, and innovative approaches to shared housing such as accessory dwelling units, shared single family homes, as well as intergenerational housing and all-age communities.	ADU Education and Outreach Campaign completed. HUD Choice Neighborhood Planning Grant (West Lakes) will address this item in Years 2 & 3.
GOAL B.1 - Encourage age-friendly development and explore innovative housing approaches such as dementia-friendly housing, cooperative and/or intergenerational housing, home sharing, and partnerships among senior living communities, colleges, and universities.	Action Item B.1.2: Explore creation of a "Homeshare" network, matching older homeowners with rooms to rent with others who need to rent a room, such as graduate students or other older adults.	Based on initial exploration, it appears this concept is not feasible at the present time.
GOAL B.1 - Encourage age-friendly development and explore innovative housing approaches such as dementia-friendly housing, cooperative and/or intergenerational housing, home sharing, and partnerships among senior living communities, colleges, and universities.	Action Item B.1.3: For senior housing projects receiving financial incentives or assistance from the City of Orlando, require embedded services or a plan for connecting older adults to services.	This is standard practice for senior affordable housing projects in Orlando. It was incorporated into The Roberts senior apartment renovation and is anticipated in the Kinneret Towers renovations and Fern Grove apartments, both currently under construction.
GOAL B.2 - Implement strategies to improve accessibility so that older adults can age in place.	Action Item B.2.1: Provide guidance to developers, builders, planners, and residents regarding best practices for age-friendly housing and technical assistance for completing age- and ability-appropriate housing including Universal Design and the accessibility concepts described in AARP's Livable Communities HomeFit Guide.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> ADU Outreach/Education. HUD Choice Planning Grant. AARP Leadership Academy. AARP Affordable Housing Table of Experts.



Domain: Housing (cont.)

GOAL	ACTION ITEM	STATUS/RESULTS (End of Year One - 2023)
GOAL B.2 - Implement strategies to improve accessibility so that older adults can age in place.	Action Item B.2.2: Identify mechanisms to encourage and incentivize developers and builders to use Universal Design principles in newly proposed housing projects.	Universal Design concepts incorporated into Accessory Dwelling Unit (ADU) Education & Outreach Campaign including brochures and Web Guide. HUD Choice Neighborhood Planning Grant (West Lakes) will address this item in Years 2 & 3.
GOAL B.2 - Implement strategies to improve accessibility so that older adults can age in place.	Action Item B.2.3: Encourage both mixed-use development and residential mixed-income development throughout Orlando.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> The City's GMP includes incentives for mixed-use including density bonuses for projects' affordable housing components. The Affordable Housing Trust Fund and HUD Choice Planning Grant should help to implement this concept.
GOAL B.3 - Improve education about housing and housing services available in Orlando.	Action Item B.3.1: Create and implement a communication plan to educate residents who are looking for housing and those who desire to stay in their existing homes about options and costs so that they can consider their current and future needs, whether they are looking for affordable or market-rate housing or seeking long-term care and supportive services.	While a holistic plan has not yet been created, communication plans for the ADU Education & Outreach Campaign and Accelerate Orlando Funds (housing rehabilitation) program were developed. The HUD Choice Neighborhood Planning Grant (West Lakes) should address this item.
GOAL B.3 - Improve education about housing and housing services available in Orlando.	Action Item B.3.2: Increase outreach to older adult homeowners about how to access existing housing support services such as home repair, weatherization, and modification resources.	Accelerate Orlando Funds for Housing Rehabilitation program created in 2023. In addition, Community Investment Program Grants were also provided in 2023.
GOAL B.3 - Improve education about housing and housing services available in Orlando.	Action Item B.3.3: Increase outreach to older adults who are renters about resources available to assist in remaining in their homes or finding appropriate housing, as well as their rights as tenants.	
GOAL B.3 - Improve education about housing and housing services available in Orlando.	Action Item B.3.4: Increase outreach on affordability programs and foreclosure prevention for older adults, particularly within communities of color, including non- or limited-English speaking elders.	Accelerate Orlando Funds for Housing Rehabilitation program created in 2023. Housing Department also provides information on affordability programs as part of their mission.
GOAL B.3 - Improve education about housing and housing services available in Orlando.	Action Item B.3.5: Conduct an inventory of existing programs and services that help older adults stay in their homes and compile them into an easy-to-access, centralized location.	

**Domain: Transportation/Mobility**

GOAL	ACTION ITEM	STATUS/RESULTS (End of Year One - 2023)
GOAL C.1 - Promote healthy mobility options for all ages and abilities.	Action Item C.1.1: Develop and implement goals, objectives, policies, and strategies in the Growth Management Plan, Green Works Community Action Plan, Future-Ready City Master Plan, and other City documents that create clean, healthy environments that are non-auto-centric, safe, and which facilitate physical activity.	Livable Orlando Action Plan recognized with an APA Florida Innovation in Planning for All Ages Award of Excellence. City working with MetroPlan to implement Vision Zero. LYNX/LYMMO system expanded to serve Beardall Senior Center and senior towers in Downtown.
GOAL C.1 - Promote healthy mobility options for all ages and abilities.	Action Item C.1.2: Implement the City’s adopted future land use philosophy which is based on a hierarchy of mixed-use activity centers connected by mixed use corridors - to encourage more active pedestrian friendly environments for people to live, work, learn, and play, and so they don’t have to travel as far as they might in more isolated locations.	The City’s GMP future land use concept is based on mixed use activity centers and corridors, and is being implemented in new growth areas such as the Lake Nona Town Center as well as infill redevelopment areas like the Packing District.
GOAL C.1 - Promote healthy mobility options for all ages and abilities.	Action Item C.1.3: Apply “Complete Streets” principles to all mobility projects, encouraging best design criteria while recognizing flexibility in balancing user needs. Consistent with the Green Works Community Action Plan, increase the number of miles of “Complete Streets” from 23 miles (2018) to at least 38 miles (2040 goal).	All new roads in Orlando are required to be "complete streets". Examples of 2023 complete streets projects in existing areas include Raleigh Street and Corrine Drive Safety Improvements.
GOAL C.1 - Promote healthy mobility options for all ages and abilities.	Action Item C.1.4: Prioritize funding for healthy mobility options (sidewalks, urban trails, bicycle lanes, bike infrastructure, and public transit service) over improvements for vehicles.	Numerous activities including MetroPlan Safety Grant, funding of Senior Tran, creation of Downtown Connector Trail, Raleigh Street & Corrine Drive Safety Improvements, Bus Stop Boarder Platform in Creative Village, LYNX/LYMMO Expansion, and Autonomous SWAN demonstration project in Downtown.
GOAL C.1 - Promote healthy mobility options for all ages and abilities.	Action Item C.1.5: Ensure that mobility infrastructure (such as bus shelters, benches, traffic signals, bike paths, sidewalks, crosswalks, and wayfinding signage) is made available in all areas of Orlando in an equitable manner, and that it is designed to human scale using Universal Design principles with special consideration for the needs of older adults such as shade/protection from the effects of the sun’s heat (above and beyond required minimum accessibility standards where financially feasible).	Numerous activities including MetroPlan Safety Grant, funding of Senior Tran, creation of Downtown Connector Trail, Raleigh Street & Corrine Drive Safety Improvements, Bus Stop Boarder Platform in Creative Village, LYNX/LYMMO Expansion, and Autonomous SWAN demonstration project in Downtown.

**Domain: Transportation/Mobility (cont.)**

GOAL	ACTION ITEM	STATUS/RESULTS (End of Year One - 2023)
GOAL C.1 - Promote healthy mobility options for all ages and abilities.	Action Item C.1.6: Encourage micro-mobility operators (Bike and Scooter Sharing) to explore and include age-friendly options such as three-wheeled scooters in City-sponsored/authorized programs.	Motorized Scooter Share Program, currently under bid, requires vendors to provide on-demand, adaptive scooters for individuals experiencing mobility and balance challenges.
GOAL C.1 - Promote healthy mobility options for all ages and abilities.	Action Item C.1.7: Collaborate and partner with MetroPlan Orlando on initiatives that further the goals and strategies outlined in their 2022 Health Strategic Plan.	City is partnering with MetroPlan on the Vision Zero transportation safety grant.
GOAL C.1 - Promote healthy mobility options for all ages and abilities.	Action Item C.1.8: Support the Orange County Transportation Sales Tax Referendum to provide a dedicated funding source for healthy mobility options in Orlando and throughout Orange County.	Unfortunately, the Orange County Transportation Sales Tax Referendum failed; however, it is hoped that a new effort will commence in Years 2 & 3.
GOAL C.1 - Promote healthy mobility options for all ages and abilities.	Action Item C.1.9: Through the City’s Downtown Community Redevelopment Agency, continue to partner with Seniors First, Inc. to provide the Senior Tran shuttle service for older adults in Downtown Orlando.	Orlando City Council and CRA provided \$63,260 to Seniors First, Inc. to provide senior transportation services to residents of 12 downtown senior housing towers in FY 2023/2024.
Goal C.2 - Implement the Vision Zero Orlando Action Plan	Action Item C.2.1: Consistent with the Vision Zero Orlando Action Plan and the Green Works Community Action Plan, implement policies, strategies, educate, and build infrastructure to eliminate pedestrian and bike fatalities by 100% by 2040.	Numerous activities including MetroPlan Safety Grant, funding of Senior Tran, creation of Downtown Connector Trail, Raleigh Street & Corrine Drive Safety Improvements, Bus Stop Boarder Platform in Creative Village, LYNX/LYMMO Expansion, and Autonomous SWAN demonstration project in Downtown.
Goal C.2 - Implement the Vision Zero Orlando Action Plan	Action Item C.2.2: Collaborate with the Florida Department of Transportation, MetroPlan Orlando, and Orange County to implement Vision Zero.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> Numerous activities including MetroPlan Safety Grant, funding of Senior Tran, creation of Downtown Connector Trail, Raleigh Street & Corrine Drive Safety Improvements, Bus Stop Boarder Platform in Creative Village, LYNX/LYMMO Expansion, and Autonomous SWAN demonstration project in Downtown.

**Domain: Transportation/Mobility (Cont.)**

<b>GOAL</b>	<b>ACTION ITEM</b>	<b>STATUS/RESULTS (End of Year One - 2023)</b>
Goal C.2 - Implement the Vision Zero Orlando Action Plan	Action Item C.2.3: Support the efforts of the Safe Mobility for Life Coalition to increase the safety, access, and mobility of Florida’s aging road users and promote design features that support safety and aging in place.	Orlando participated in the AARP Florida MOVE Roundtable. Bus Stop Boarder Platform demonstration project in Creative Village. Smart DriverTEK program offered at senior and community centers.
Goal C.2 - Implement the Vision Zero Orlando Action Plan	Action Item C.2.4: Support and promote the efforts of Bike/Walk Central Florida as a member of the Best Foot Forward Pedestrian Safety Coalition.	In fall 2023, Orlando launched a Bicycle Friendly Business program.
Goal C.3 - Promote educational programming to increase older adults' knowledge of and access to healthy mobility options.	Action Item C.3.1: Promote educational opportunities for older adults – whether they drive or not – that teach them about alternative mobility options, including ways to take advantage of discounted rates and passes for transportation services.	In 2023, Orlando completed the Downtown Orlando Active Aging Opportunity Series in partnership with LYNX, Orange County Library System, AARP, UCF, and the Dr. Phillips Center for the Performing Arts.
Goal C.3 - Promote educational programming to increase older adults' knowledge of and access to healthy mobility options.	Action Item C.3.2: Promote the Safe Mobility for Life Coalition’s CarFit program to help aging drivers improve the “fit” of their vehicles for safety and comfort.	
Goal C.3 - Promote educational programming to increase older adults' knowledge of and access to healthy mobility options.	Action Item C.3.3: Promote AARP's Smart Driver™ defensive driving online course which features research-based driving strategies and appropriate adult-learning principles.	Starting in fall 2023, Smart DriverTEK Training provided at Orlando's senior and community centers.

**Domain: Civic Participation & Employment**

GOAL	ACTION ITEM	STATUS/RESULTS (End of Year One - 2023)
Goal D.1 - Improve access to employment opportunities and reduce ageism.	Action Item D.1.1: Develop and implement a public awareness campaign promoting the value of older workers and combating myths and stereotypes about aging.	
Goal D.1 - Improve access to employment opportunities and reduce ageism.	Action Item D.1.2: Promote the value of older workers to Orlando area businesses and in our Main Street districts.	Met with Main Street staff. Action item deferred at this time.
Goal D.1 - Improve access to employment opportunities and reduce ageism.	Action Item D.1.3: Engage and/or partner with community nonprofits, faith-based institutions, and other groups to inform older adults of employment opportunities.	
Goal D.2 - Provide support and connect older adults to employment opportunities and resources.	Action Item D.2.1: Champion community efforts that ensure that Orlando residents gain a life-long love for learning, and that help them gain the skills and knowledge necessary to succeed in the 21st century workforce.	FPR staff received Senior Planet/OATS Technology Training. Senior Connection Committee created.
Goal D.2 - Provide support and connect older adults to employment opportunities and resources.	Action Item D.2.2: Work to identify barriers to employment for older adults in the city. Further, develop materials to assist businesses to become more age-, disability, and dementia-friendly.	
Goal D.2 - Provide support and connect older adults to employment opportunities and resources.	Action Item D.2.3: Advocate for increased job training and placement programs that are inclusive of job seekers of all ages including older adults.	
Goal D.2 - Provide support and connect older adults to employment opportunities and resources.	Action Item D.2.4: Support entrepreneurs of all ages including older adults by equipping them with the skills they need to successfully launch startups and small businesses including businesses at home, including coordination with potential community partners such as the Service Corps of Retired Executives (SCORE) and the National Entrepreneur Center in Orlando.	
Goal D.3 - Enhance and promote volunteer opportunities for older adults.	Action Item D.3.1: Explore ways for the city to recognize volunteers, such as developing a “Volunteer of the Year” award.	
Goal D.3 - Enhance and promote volunteer opportunities for older adults.	Action Item D.3.2: Identify city offices and departments that could benefit from additional volunteers, including AmeriCorps volunteers, and publicize such opportunities to older adults who may be interested.	



**Domain: Civic Participation & Employment (cont.)**

<b>GOAL</b>	<b>ACTION ITEM</b>	<b>STATUS/RESULTS (End of Year One - 2023)</b>
Goal D.3 - Enhance and promote volunteer opportunities for older adults.	Action Item D.3.3: Utilize the city's Orlando Cares Volunteer Recruitment website to post volunteer opportunities and recruit seniors for city and community organization volunteer opportunities.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> Deferred to Years 2 & 3.

**Domain: Respect & Social Inclusion**

GOAL	ACTION ITEM	STATUS/RESULTS (End of Year One - 2023)
Goal E.1 - Support inclusive, age-friendly customer service in city operations and throughout the community.	Action Item E.1.1: Educate city employees, particularly those with direct and regular public contact such as emergency responders, on the unique needs of older adults, including those with dementia, taking into account cultural and language diversity.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> OFD's Elder Links program. Orlando Employees' Men's Wellness Summit and Women's Escape to Wellness; Wellness Wednesday Newsletter articles.
Goal E.1 - Support inclusive, age-friendly customer service in city operations and throughout the community.	Action Item E.1.2: Periodically evaluate the programs and services offered to older adults at the city's senior centers and recreation centers, including the use of surveys, focus groups, and other appropriate community engagement tools.	<b>MCLHA identified this action item as a "First Priority" on January 25, 2023.</b> FPR created Senior Connection Committee and programming in 2023.
Goal E.1 - Support inclusive, age-friendly customer service in city operations and throughout the community.	Action Item E.1.3: In coordination with Orlando's Future-Ready City Master Plan, gather data and survey technology needs of older adults, and develop programs to address equitable resilience and the digital divide including Wi-Fi accessibility projects and/or hot spot and tablet checkout pilot projects which incorporate age-friendly connectivity links.	Completed Tables of Connection Project (2021 AARP Community Challenge Grant; Prince Hall Park & Willows Park); Office of Sustainability & Resiliency working on additional Tables in City parks as well as Resiliency Hubs at various community centers.
Goal E.2 - Create opportunities for intergenerational activities and events, services, and other programs.	Action Item E.2.1: Implement best practices to successfully nurture and strengthen connections across generations.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> FPR participated in AARP's Reach Out and Play Board Games Event. FPR created Senior Connection Committee and programming.
Goal E.2 - Create opportunities for intergenerational activities and events, services, and other programs.	Action Item E.2.2: Promote intergenerational arts, cultural, and recreational programs and events at the city's senior centers and recreational centers, as well as in neighborhood Main Streets.	Downtown Active Aging Opportunity Series completed. FPR created Senior Connection Annual Calendar.
Goal E.3 - Ensure the perspectives and needs of older adults are included in city planning processes and policies.	Action Item E.3.1: Explore strategies for older adults to be more deeply involved in policy making and advocacy.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> The MCLHA includes senior residents. Older residents were included in the Parks Master Plan process as well as DTO 2.0.
Goal E.3 - Ensure the perspectives and needs of older adults are included in city planning processes and policies.	Action Item E.3.2: Incorporate the voice of Orlando's older residents by ensuring that an older resident or representative of the Mayor's Committee on Livability & Healthy Aging serves on relevant internal working groups or task forces where appropriate.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> Members of the MCLHA were included in the review of Community Investment Program Grants for FY 2022-23 and 2023-24.

**Domain: Social Participation**

GOAL	ACTION ITEM	STATUS/RESULTS (End of Year One - 2023)
Goal F.1 - Create and promote culturally-sensitive engagement opportunities for older adults.	Action Item F.1.1: Using tools such as surveys and/or focus groups of senior residents, identify gaps, in arts, cultural, and recreational programming offered by the city with an emphasis on older adults and adults living with disabilities.	City utilized surveys/focus group in the creation of the Livable Orlando Action Plan. Additional outreach is anticipated in Years 2 & 3.
Goal F.1 - Create and promote culturally-sensitive engagement opportunities for older adults.	Action Item F.1.2: Enhance opportunities for social engagement, both through the city and by partnering with other organizations, leveraging existing resources and public spaces as well as working to fill the identified programming gaps.	Completed Downtown Active Aging Opportunity Series. FPR created Senior Connection Committee. Intergenerational amenities incorporated into Prince Hall Park, Grand Ave Park, and The Grove Park.
Goal F.1 - Create and promote culturally-sensitive engagement opportunities for older adults.	Action Item F.1.3: Collaborate with arts and cultural organizations to provide meaningful ways for different generations to connect and participate in Orlando’s vibrant cultural scene.	Completed Downtown Active Aging Opportunity Series which included the Dr. Phillips Center for the Performing Arts. Senior Connection Committee.
Goal F.1 - Create and promote culturally-sensitive engagement opportunities for older adults.	Action Item F.1.4: Ensure that social engagement opportunities are equitably distributed and inclusive throughout the city, including all ethnicities as well as the LGBTQ+ community.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> UCF Falls Research focused on area served by L. Claudia Allen Senior Center. ADU Education & Outreach Campaign focused on underserved communities. FPR created Senior Connection Committee.
Goal F.1 - Create and promote culturally-sensitive engagement opportunities for older adults.	Action Item F.1.5: Effectively market social engagement opportunities to Orlando’s older adults through various media.	<b>MCLHA identified this action item as a "First Priority" on January 25, 2023.</b> FPR created Senior Connection Website and an ADU Web Guide was created as part of a 2023 AARP Community Challenge Grant.
Goal F.2 - Celebrate the lives and experiences of older adults in Orlando.	Action Item F.2.1: Explore the creation of intergenerational exchanges and programs that include art, music, storytelling, oral histories, and written histories as ways to pass along knowledge and experience.	City evaluating integration/partnership with Orange County Library System storytelling programs.
Goal F.3 - Reimagine senior centers and recreation center as intergenerational focal points for the community.	Action Item F.3.1: Explore different concepts for transforming Orlando’s senior centers and recreational centers to emphasize intergenerational opportunities.	FPR is currently in the process of creating a new Parks Master Plan which will include analysis of intergenerational programming.
Goal F.3 - Reimagine senior centers and recreation center as intergenerational focal points for the community.	Action Item F.3.2: Support intergenerational technology training, particularly in-person, one-on-one opportunities.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> FPR is implementing Senior Planet/OATS Technology Training. Completed the Downtown Active Aging Opportunity Series.

**Domain: Community Support & Health Systems**

GOAL	ACTION ITEM	STATUS/RESULTS (End of Year One - 2023)
<p>Goal G.1 - Assess and support services designed to reach older adults in need who are vulnerable and isolated, as well as their caregivers.</p>	<p>Action Item G.1.1: Continue to provide financial support to community partners who provide nutrition, healthcare, medical, and other wrap-around services to vulnerable seniors through the City’s Community Investment Program.</p>	<p><b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> On October 23, 2023, the Orlando City Council allocated \$508,000 to nine agencies under the CIP Support of Seniors category including Senior First, Inc.'s Project Home as well as funding for legal services, vision impairment services, home improvements, support services, and arts programming.</p>
<p>Goal G.1 - Assess and support services designed to reach older adults in need who are vulnerable and isolated, as well as their caregivers.</p>	<p>Action Item G.1.2: Educate older adults about options for improving their access to healthy food, including but not limited to, availability of delivery service options, farmer’s markets, Hebni’s food and nutrition program and Fresh Stop Mobile Food Market, SNAP (Supplemental Nutrition Assistance Program), as well as congregate and home-delivered meals programs.</p>	<p>Creation of OFD's Elder Links. Provision of Community Investment Program Grants.</p>
<p>Goal G.1 - Assess and support services designed to reach older adults in need who are vulnerable and isolated, as well as their caregivers.</p>	<p>Action Item G.1.3: Increase awareness about caregiving and caregiver support. Specifically, develop or expand recreation and neighborhood programs to reduce social isolation experienced by many caregivers, with special focus on communities with health disparities.</p>	<p>Mayor's Veteran's Advisory Council with AARP exploring Hidden Heroes City program (Elizabeth Dole Foundation) to support caregivers of military veterans.</p>
<p>Goal G.1 - Assess and support services designed to reach older adults in need who are vulnerable and isolated, as well as their caregivers.</p>	<p>Action Item G.1.4: In partnership with appropriate subject-area experts, complete an assessment of Orlando residents over 55 years old to determine the types and amount of healthcare support services needed.</p>	
<p>Goal G.2 - Explore new and innovative approaches to providing healthcare and relates services.</p>	<p>Action Item G.2.1: Explore telehealth in the city’s senior centers and recreation centers with an emphasis on communities of concern, and to significantly reduce health inequities.</p>	
<p>Goal G.2 - Explore new and innovative approaches to providing healthcare and relates services.</p>	<p>Action Item G.2.2: Take advantage of existing and emergent technologies to assist people to age in place at home, such as unobtrusive monitoring of activity to identify changes in health, digital technologies that help people stay in touch with family and friends, and other assistive technologies.</p>	<p>UCF Falls Research. Seniors First, Inc. Virtual Reality Engagement and their distribution of smart tablets to Meals on Wheels participants.</p>

**Domain: Community Support & Health Systems (cont.)**

GOAL	ACTION ITEM	STATUS/RESULTS (End of Year One - 2023)
Goal G.2 - Explore new and innovative approaches to providing healthcare and relates services.	Action Item G.2.3: Partner with community organizations to educate policy makers, health professionals, community organizations, businesses, and families about ways to interact and communicate with people living with dementia.	
Goal G.2 - Explore new and innovative approaches to providing healthcare and relates services.	Action Item G.2.4: Explore creation of an innovation fund, perhaps in partnership with the Central Florida Foundation or other donors, to support age- and dementia-friendly community projects.	
Goal G.2 - Explore new and innovative approaches to providing healthcare and relates services.	Action Item G.2.5: Coordinate with community partners to support the work of the Department of Elder Affairs’ Dementia Care and Cure Initiative (DCCI) Task Force for Central Florida including grassroots programs such as Dementia-Friendly Dining in Central Florida.	
Goal G.3 - Enhance older adults' health, safety, and welfare through education and emergency preparedness.	Action Item G.3.1: Educate and empower people of all ages and abilities to positively affect their own health and wellbeing through engaging in healthy behaviors (e.g., being physically active, eating healthy food, staying engaged) as well as understanding and working to improve the social conditions that influence how well people age.	Creation of Senior Connection Committee. City Employee Wellness Summits. OFD's Elder Links. UCF Falls Research.
Goal G.3 - Enhance older adults' health, safety, and welfare through education and emergency preparedness.	Action Item G.3.2: Collaborate with community partners who are experts on fraud, elder abuse and financial exploitation to raise awareness of warning signs and avenues for assistance through various social and traditional media.	Additional work to be completed in Years 2 & 3.
Goal G.3 - Enhance older adults' health, safety, and welfare through education and emergency preparedness.	Action Item G.3.3: Improve emergency preparedness and systems for ensuring the safety of older adults and people with special needs in response to natural disasters such as tropical storms and hurricanes.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> Seniors First, Inc. Emergency Preparedness Efforts. OFD's Elder Links.
Goal G.3 - Enhance older adults' health, safety, and welfare through education and emergency preparedness.	Action Item G.3.4: Improve city personnel’s knowledge of mental health issues, procedures, and practices for dealing with people with conditions such as dementia.	Employee Wellness Summits. OFD's Elder Links.



**Domain: Communication & Information**

GOAL	ACTION ITEM	STATUS/RESULTS (End of Year One - 2023)
Goal H.1 - Develop an Age-Friendly Communications and Implementation Strategy	Action Item H.1.1: Develop a strategic Communications Plan that will serve as a roadmap for age-friendly communications across all channels including both traditional and new media.	<b>MCLHA identified this action item as a "First Priority" on January 25, 2023.</b> While a formal Communications Plan has not been created, the Age-Friendly team continues to work with the Office of Communication and Neighborhood Relations to inform and implement age-friendly concepts/events, etc.
Goal H.1 - Develop an Age-Friendly Communications and Implementation Strategy	Action Item H.1.2: Conduct and analyze marketing research about the communications preferences of older adults, including national and local trends, as well as understanding best practices of other cities when informing older residents about resources, services, and activities.	<b>MCLHA identified this action item as a "First Priority" on January 25, 2023.</b> City staff participated in the inaugural AARP National Leadership Academy.
Goal H.1 - Develop an Age-Friendly Communications and Implementation Strategy	Action Item H.1.3: Enhance and expand communication channels using the above-mentioned marketing research and best practices, and by collaborating with community partners to expand reach.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> Exploring Hidden Heroes program. Livable Orlando/Age-Friendly presentation provided to LIFE at UCF and Florida Conference on Aging. Completed ADU Education & Outreach Campaign.
Goal H.1 - Develop an Age-Friendly Communications and Implementation Strategy	Action Item H.1.4: Promote senior centers, recreation centers, neighborhood associations, and faith-based organizations as places where information exchanges can and should be concentrated.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> Senior Centers & Community Center used for UCF Falls Research, OATS Technology Training, and Seniors First, Inc. Virtual Reality Engagement, etc.
Goal H.1 - Develop an Age-Friendly Communications and Implementation Strategy	Action Item H.1.5: Promote the Florida Department of Elder Affairs' Livable Florida Initiative and the various resources available to older adults through their network.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> City participates in weekly AARP FL coordination meetings with the FDEA and other age-friendly communities across the state.
Goal H.1 - Develop an Age-Friendly Communications and Implementation Strategy	Action Item H.1.6: Promote the Senior Resource Alliance and their efforts to inform and educate older adults about the various programs and services that are available to Orlando residents.	Implementing OFD's Elder Links.

**Domain: Communication & Information (cont.)**

GOAL	ACTION ITEM	STATUS/RESULTS (End of Year One - 2023)
Goal H.1 - Develop an Age-Friendly Communications and Implementation Strategy	Action Item H.1.7: Explore the creation of a staff position dedicated solely to collaborating with partner organizations, communicating with, and educating the public, and further implementing this Livable Orlando Initiative Age Friendly Action Plan.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> Hired part-time Livable Orlando Project Manager. Working to create permanency and expand operational integration in key City departments.
Goal H.2 - Coordinate with Orange County's Office on Aging to share information relevant to older adults living in Orlando and Orange County.	Action Item H.2.1: As members of the AARP Age-Friendly Network of States and Communities, further develop and enhance a working partnership with the Orange County Office on Aging to share information and resources of interest to older adults in both jurisdictions.	This relationship is ongoing and will hopefully be strengthened in Years 2 & 3.
Goal H.2 - Coordinate with Orange County's Office on Aging to share information relevant to older adults living in Orlando and Orange County.	Action Item H.2.2: Promote and participate fully in the Orange County Elder Ambassador initiative and/or explore the creation of a similar program in the City of Orlando.	
Goal H.3 - Build individual and community resiliency.	Action Item H.3.1: Develop and implement strategies to disseminate emergency preparedness information to older adults and caregivers, and involve more older adults and people with disabilities in neighborhood emergency preparation and safety programs across generations.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> Elder Links. Seniors First, Inc. emergency preparedness efforts.
Goal H.3 - Build individual and community resiliency.	Action Item H.3.2: Engage faith- and community-based organizations in disaster preparedness training for older adults.	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> Elder Links. Seniors First, Inc. emergency preparedness efforts.
Goal H.3 - Build individual and community resiliency.	Action Item H.3.3: Provide training on emergency preparedness to older adults, their families and caregivers, as well as organizations serving older adults (e.g., senior centers, home meal delivery volunteers, etc.).	<b>MCLHA identified this action item as a "Next Priority" on January 25, 2023.</b> Elder Links. Seniors First, Inc. emergency preparedness efforts.