



**We've got
you covered**



City of Orlando - 2025

**United
Healthcare**





Your guide to all the details

Welcome to your curated collection of plan resources.
Everything here was hand-selected to help make it easier for you to
learn about what your plan option(s) cover, include, require and more.

It's all here — and yours to explore:

Medical

- Plan benefits
- Pharmacy benefits
- Health and wellness programs
- Digital tools
- Where to Go for Care
- Additional info

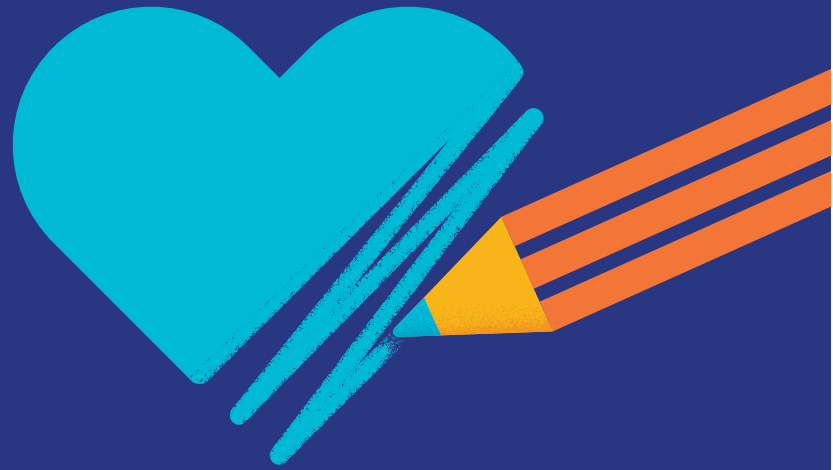




Medical

Plan benefits





Get a smart start to choosing your benefits

Welcome to a nationwide network of quality care, designed to help lower your costs. Our health plans are built with affordability, convenience and simplicity in mind. Speaking of simple, here are some quick things to consider when picking a plan that best fits your needs.

1 Ask yourself these questions

- Do you have a regular provider you'd like to keep seeing?
It's a good idea to make sure they're in the plan's network.
- What kind of care might you or your family need in the plan year ahead?
For example, if you have major health care needs or see specialists often, you may want a plan that offers more coverage.
- How do you prefer to manage your costs: lower monthly premiums or lower deductibles/copays?
- Are your medications covered?
Check a plan's Prescription Drug List (PDL) to see your costs and possible deductibles.

2 Consider the quality of providers

The UnitedHealth Premium® program works to help you find doctors who have met quality and cost-efficiency guidelines—a benefit designed to help you save time and money.

Get help choosing a plan



Scan this code for tips on how to pick a health plan.

Our broad national network includes

1.7M+

physicians and health care professionals*

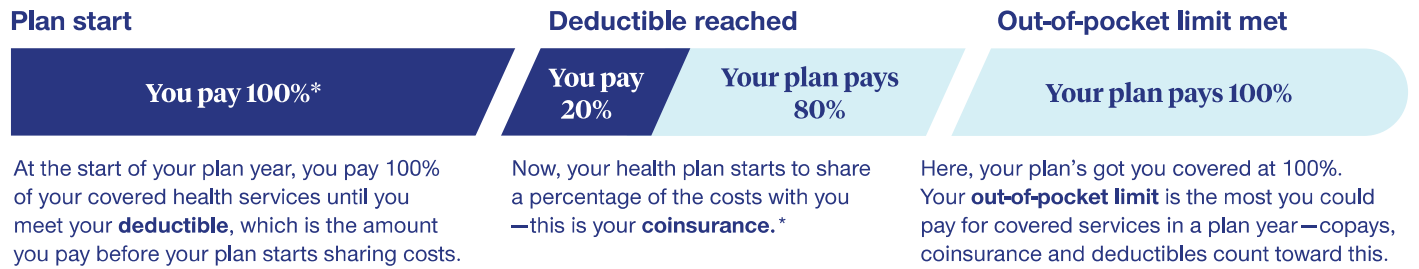
≈ 6K+

hospitals*

*As of April 15, 2024.

United Healthcare®

3 See an example of how health plans work



Some plans may require you to pay a fixed amount—or **copay**—each time you see a provider.



Every plan has a **premium**, a routine payment typically taken out of your paycheck to keep your plan active—so you stay covered.

*Your deductible and coinsurance may vary by plan or service. This example is for illustrative purposes only. These plans have exclusions, limitations and reduction of benefits. For costs and complete details contact your employer.

4 Access certain medications for \$0 out-of-pocket

Designed to help make prescription drugs more affordable, the Vital Medication Program eliminates out-of-pocket costs for certain preferred medications that are critical to maintaining health, including insulin, epinephrine, glucagon, naloxone and albuterol.

5 Get preventive care at no additional cost

Preventive care—such as routine wellness exams and certain recommended screenings and immunizations—is covered by most of our plans at no additional cost when you see network providers. A preventive care visit may be a good time to help establish your relationship with your primary care provider (PCP) and create a connection for future medical services.

For more helpful resources

Call 1-888-679-8925

United
Healthcare®

The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the member toll-free phone number listed on your ID card.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請撥打會員卡所列的免付費會員電話號碼。

Administrative services provided by United HealthCare Services, Inc. or their affiliates.

The UnitedHealth Premium® designation program is a resource for informational purposes only. Designations are displayed in online physician directories at myuhc.com®. You should always visit myuhc.com for the most current information. **Premium designations are a guide to choosing a physician and may be used as one of many factors you consider when choosing a physician. If you already have a physician, you may also wish to confer with him or her for advice on selecting other physicians. You should also discuss designations with a physician before choosing him or her. Physician evaluations have a risk of error and should not be the sole basis for selecting a physician.** Please visit myuhc.com for detailed program information and methodologies.

Certain preventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services may be based on your age and other health factors. Other routine services may be covered under your plan, and some plans may require copayments, coinsurance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details.

If you are not currently enrolled with pharmacy benefit coverage, you may access your health plan's member website for additional information during your open enrollment period or you may contact your employer or health plan for additional information. Medications are categorized by common therapeutic conditions in this reference guide for ease of reference only. These categories do not determine coverage for the medication for your condition. Your benefit plan determines how these medications may be covered for you. Where differences are noted between this reference guide and your benefit plan documents, the benefit plan documents will govern. This document applies to commercial group members of UnitedHealthcare or Oxford plans.

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Health plan coverage details

Effective on or after 1/1/2025

| | Choice Plan HMO | | Choice Plus Plan POS | |
|--|---|-----------------------|----------------------|-----------------------|
| Premium | Your employer will provide your premium amounts | | | |
| Annual medical deductibles and out-of-pocket limits | Network | Out-of-network | Network | Out-of-network |
| Deductible amounts | | | | |
| Individual | \$500 | Not Covered | \$500 | \$1,000 |
| Family | \$1,000 | Not Covered | \$1,000 | \$2,000 |
| Out-of-pocket limits | | | | |
| Individual | \$6,350 | Not Covered | \$3,000 | \$6,000 |
| Family | \$12,700 | Not Covered | \$6,000 | \$12,000 |
| Medical copays (\$) and coinsurance (%) | Network | Out-of-network | Network | Out-of-network |
| Doctors and specialists | | | | |
| Preventive care visit | \$0 | Not Covered | \$0 | 40%* |
| Primary care visit (illness or injury) | \$25* | Not Covered | \$25* | 40%* |
| 24/7 Virtual Visit (online doctor) | \$15* | Not Covered | \$15* | Not Covered |
| Specialist visit | \$50* | Not Covered | \$50* | 40%* |
| Urgent care visit | \$35* | Not Covered | \$35* | 40%* |
| Lab and X-ray | \$0 (Freestanding Facility)* / \$100 (Hospital Facility)* | Not Covered | 20%* | 40%* |
| Major diagnostic and imaging | \$50 (Freestanding Facility)* / \$250 (Hospital Facility)* | Not Covered | 20%* | 40%* |
| Emergency care | | | | |
| Emergency room | \$200* | \$200* | \$200* | \$200* |
| Emergency transportation | Covered 100%* | Covered 100%* | 20%* | 20%* |
| Other care | | | | |
| Mental health visit (outpatient) | \$15* | Not Covered | \$15* | 40%* |
| Mental health visit (inpatient) | \$600* | Not Covered | 20%* | 40%* |
| Surgery – outpatient | \$50 (Freestanding Facility)* / \$350 (Hospital Facility)* | Not Covered | 20%* | 40%* |
| Hospital – inpatient stay | \$600* | Not Covered | 20%* | 40%* |

Pharmacy deductible amounts

| | | |
|------------|-------|-------|
| Individual | \$100 | \$100 |
| Family | \$200 | \$200 |

| Prescription type | Retail up to 31-day supply | Out-of- network | Home Delivery up to 90-day supply | Retail up to 31-day supply | Out-of- network | Home Delivery up to 90-day supply |
|--|----------------------------------|--------------------|--|----------------------------------|--------------------|--|
| Tier level 1 (\$ - generic) | \$10** | Not Covered | \$ 30** | \$10** | 40%** | \$30** |
| Tier level 2 (\$\$ - brand-name and generic) | \$35** | Not Covered | \$105** | \$35** | 40%** | \$105** |
| Tier level 3 (\$\$\$ - brand-name and generic) | \$70** | Not Covered | \$210** | \$70** | 40%** | \$210** |
| Tier level 4 (\$\$\$\$ - Specialty) | \$100** | Not Covered | N/A | \$100** | N/A | N/A |



The above is only a summary. It is not intended to be a complete listing of all plan details.
 *After the medical deductible has been met.

**After the pharmacy deductible has been met. **Walgreens Pharmacy is excluded.

Note: Specialty Prescription Drugs are covered in network for both plans, subject to the pharmacy deductible. Tier 4 \$100 for up to a 31-day supply. Included in your Choice HMO and Choice Plus POS plans you have an eye exam every other year for \$15 copay. You are required to use a Routine Vision Provider listed in the Vision Provider Directory available on www.myuhc.com.



The importance of preventive health care

A yearly wellness exam is a good way to make sure everything checks out. Checking in on your health and getting recommended preventive care may help paint a more accurate picture of your overall health. That's one of the many reasons that preventive care is important.

Keep up on preventive care

Preventive care — such as routine wellness exams and certain recommended screenings and immunizations — is covered by most of our plans at no additional cost when you see network providers. A preventive care visit may be a good time to help establish your relationship and create a connection for future medical services.

Find your age/gender recommended preventive care checklist, access current preventive care guidelines and more at uhc.com/health-and-wellness/preventive-care.

Get a preventive care checklist

Wondering what to expect at your appointment? Use the form below to see a checklist of common tests and screenings for your age and gender.

Age: Years

Gender: Male Female

Visit uhc.com/health-and-wellness/preventive-care or sign in to myuhc.com[®] to learn more.



Certain preventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services may be based on your age and other health factors. Other routine services may be covered under your plan, and some plans may require copayments, coinsurance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by UnitedHealthcare Insurance Company, United HealthCare Services, Inc. or their affiliates. Health Plan coverage provided by or through a United-Healthcare company.



Visit with a doctor 24/7 — whenever, wherever

With 24/7 Virtual Visits, connect to a doctor by phone or video* through **myuhc.com**® or the UnitedHealthcare® app.



A convenient and faster way to get care

Doctors can treat a wide range of health conditions—including many of the same conditions as an emergency room (ER) or urgent care—and may even prescribe medications,** if needed. **With a UnitedHealthcare plan, your cost for a 24/7 Virtual Visit is \$15.*****

Consider 24/7 Virtual Visits for these common conditions:

- Allergies
- Flu
- Sore throats
- Bronchitis
- Headaches/migraines
- Stomachaches
- Eye infections
- Rashes
- And more

\$15 cost***

***After the medical deductible has been met

Get started

Sign in at myuhc.com/virtualvisits | Call **1-855-615-8335**
Download the UnitedHealthcare app



*Data rates may apply.

**Certain prescriptions may not be available, and other restrictions may apply.

The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

24/7 Virtual Visits phone and video chat with a doctor are not an insurance product, health care provider or a health plan. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. 24/7 Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates.



We're reaching out for a caring conversation

It's your health. Let's connect on it.

A compassionate UnitedHealthcare nurse or advocate may be reaching out to offer extra support. They may be trying to contact you to help schedule appointments, enroll you in complimentary programs, help fill prescriptions and answer your questions.

We may be connecting with those who are:



Recovering from a hospital stay

We'll confirm that you've received and understand your after-care instructions, medications, etc.



Managing a condition

We'll reach out to provide caring assistance to those with cancer, asthma, diabetes, heart failure, kidney issues and more.



Expecting a baby

If pregnant, an experienced maternity nurse may call to provide support.

Missed our call?

Call the number on your health plan ID card.

These services are for general informational purposes only and are not intended to be medical advice or a substitute for professional health care. You should consult an appropriate health care professional for your specific needs and to determine whether making a lifestyle change or decision based on this information is appropriate for you. Some treatments mentioned may not be covered by your health plan. Please refer to your benefit plan documents for information about coverage.

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United Healthcare



Medical

Pharmacy benefits





Free meter program



Helping you manage your diabetes

Diabetes may harm your eyes, kidneys, nerves, heart and blood vessels. The impact can be long-term. Regular blood sugar testing can help you manage your diabetes and may lead to better glucose control.

Take advantage of this great offer

To help you monitor blood sugar levels, your pharmacy benefit plan offers a free OneTouch®, CONTOUR®NEXT, or Accu-Chek® meter program.* With this program, you are able to get a blood sugar meter at no charge to you. You and your doctor can choose from a variety of meters. For more details, call customer service at the phone number on your benefit ID card, or contact the meter manufacturer at the numbers on the back page.

How to get your free meter

- 1 Discuss with your doctor and select the meter that is best for you.
- 2 Once you decide, follow the instructions on the next page. You can get your free meter at a retail pharmacy. For CONTOUR®NEXT products you can also call the manufacturer directly.

*One free meter per member. Other restrictions may apply.



Don't delay. Talk with your doctor about choosing the appropriate meter for you.

Choose from these brand-name meters

OneTouch®

| Blood Glucose Monitors | Test Strips |
|------------------------|-------------|
|------------------------|-------------|



OneTouch Verio Flex® Meter

OneTouch Verio® Test Strips

Warranty covers the OneTouch products for 36 months. Members can call LifeScan Customer Service at 800-524-7226 if member is experiencing problems/malfunction with the OneTouch Meter Kit.

Visit: qrco.de/beDe9v or

Scan QR code for an electronic version of voucher:



Order OneTouch® meters and test strips

| | |
|---|---|
| Retail pharmacy: Bring your prescription to a retail pharmacy. Share the information below or scan the QR code and present to the pharmacist. | |
| BIN | 601341 |
| RxPCN | OHS |
| GroupID | OH6504221 |
| ID# | NOCHARGEMETR |
| Pharmacist: | Submit this claim to IQVIA for reimbursement plus a dispensing fee. Questions? Call 1-800-364-4767. Requires a valid prescription. Offer valid for one meter per patient every 36 months. Offer good while supplies last. Void where prohibited by law. When you process this product, you declare that you will not submit a reimbursement claim for any meter with any commercial payor or state or federal government funded program. Examples include (but not limited to Medicare, Medicare Advantage, Medicaid, Medigap, VA, DOD, or TriCare®). |
| Member | Offer good while supplies last. Void where prohibited by law. This offer from LifeScan, Inc. can only be redeemed where OneTouch® products are sold and can be processed. |

CONTOUR®NEXT

| Blood Glucose Monitors | Test Strips |
|------------------------|-------------|
|------------------------|-------------|



CONTOUR®NEXT EZ Meter

CONTOUR®NEXT Test Strips



CONTOUR®NEXT ONE Meter

CONTOUR®NEXT Test Strips



CONTOUR®NEXT GEN Meter

CONTOUR®NEXT Test Strips

Order CONTOUR®NEXT meters and test strips

| | |
|--|--|
| Call | 1-800-401-8440 ask for order code: BDC-UHC |
| Retail pharmacy: Present meter voucher information | |
| BIN | 18844 |
| RxPCN | 3F |
| GroupID | MGDCARE |
| ID# | CNMC7246982 |
| Pharmacist: | Requires a valid Prescriber ID#, Patient's name and DOB for claim adjudication. Limit 1 meter per patient, per 12 month period for purchase of product indicated. |

Accu-Chek®

| Blood Glucose Monitors | Test Strips |
|------------------------|-------------|
|------------------------|-------------|



Accu-Chek® Guide Me Meter

Accu-Chek® Guide Test Strips



Accu-Chek® Guide Meter

Accu-Chek® Guide Test Strips

Order Accu-Chek® meters and test strips

| | |
|--|---|
| Retail pharmacy: Present meter voucher information | |
| BIN | 610524 |
| Issuer: | 80840 |
| RxPCN | 1016 |
| GroupID | 40026479 |
| ID# | 969608977 |
| Pharmacist: | Requires a valid prescription. Pharmacy Helpline number: 1-800-657-7613 Limit 1 meter per patient, per 12 month period for purchase of product indicated at a retail pharmacy. |



\$0 cost for certain medications*

We're making medications that may be essential to your health more affordable.



The new UnitedHealthcare Vital Medication Program offers certain drugs at **no additional cost**.* This means there may be no out-of-pocket costs for preferred insulins and certain other medications, including:

- ✓ **Insulin** – rapid, short and long-acting
- ✓ **Epinephrine** – allergic reactions
- ✓ **Glucagon** – hypoglycemia (low blood sugar)
- ✓ **Naloxone** – opioid overuse
- ✓ **Albuterol** – asthma



To see if you're eligible for no out-of-pocket costs on preferred insulins and other prescription drugs, sign in to myuhc.com/rx

United
Healthcare

* Available to eligible members. Check your coverage details at myuhc.com/rx.

If you are not currently enrolled with UnitedHealthcare pharmacy benefit coverage, you may access your health plan's member website for additional information during your open enrollment period or you may contact your employer or health plan for additional information.

Medications are categorized by common therapeutic conditions in this reference guide for ease of reference only. These categories do not determine coverage for the medication for your condition. Your benefit plan determines how these medications may be covered for you.

Where differences are noted between this reference guide and your benefit plan documents, the benefit plan documents will govern. This document applies to commercial group members of UnitedHealthcare plans.

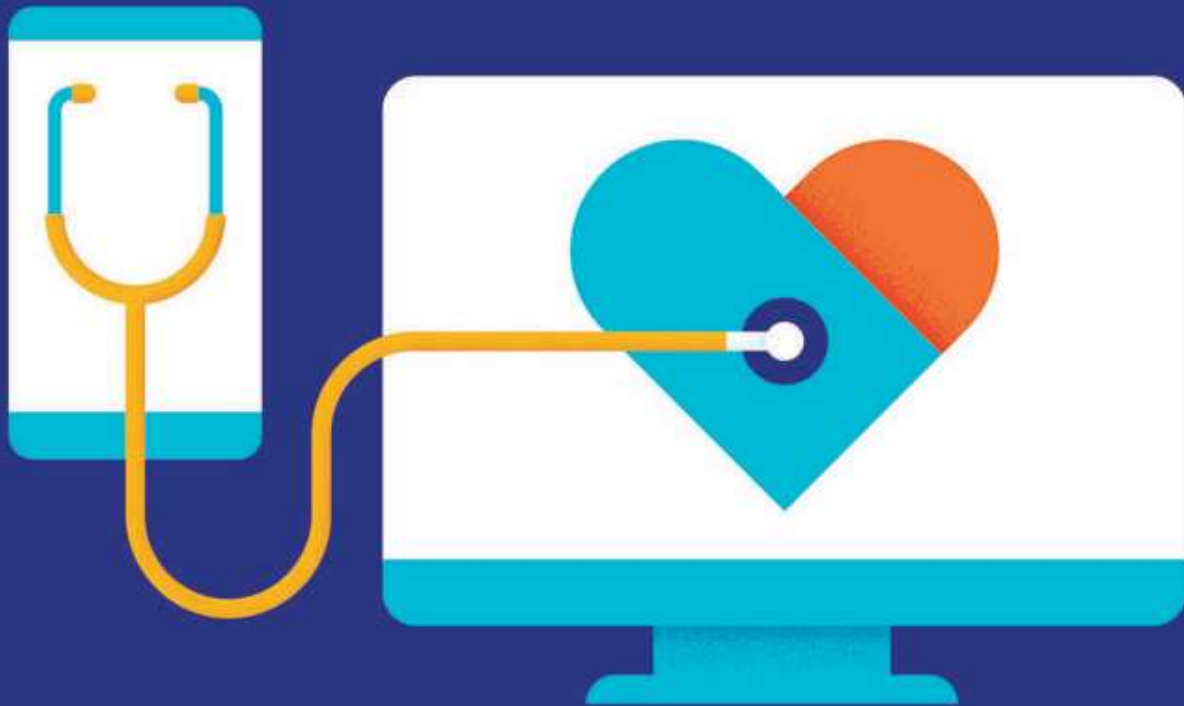
Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates, and UnitedHealthcare Service LLC in NY. Health plan coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Stop-loss insurance is underwritten by All Savers Insurance Company (except CA, MA, MN, NJ and NY), UnitedHealthcare Insurance Company in MA and MN, UnitedHealthcare Life Insurance Company in NJ, UnitedHealthcare Insurance Company of New York in NY, and All Savers Life Insurance Company of California in CA. Optum Rx® is an affiliate of United HealthCare Insurance Company.

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Medical

Digital tools





Get more out of your health plan benefits with these 2 handy digital tools



The UnitedHealthcare® app and myuhc.com®

Whether on the go or online, you'll have access to resources designed to help you:

- View benefit info, claim details and account balances
- Search network providers and facilities for the type of care you may need
- Quickly compare cost estimates before you get care
- Learn about covered preventive care
- Access your health plan ID card and add your plan details to your smartphone's digital wallet

Register once to access both tools

Start by downloading the UnitedHealthcare app or going to myuhc.com and then:

- Tap **Register Now** on the app, or select **Register** on the website
- Fill in the required fields and create your username and password
- Enter your contact information and select SMS text or phone call for two-factor authentication—then, agree to the terms and conditions
- Opt in to paperless delivery from your communication preferences

Now you're registered for—and connected to—the app and the website.

Get connected



Scan this code to download the app and register, or visit myuhc.com

**United
Healthcare**

Certain preventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services may be based on your age and other health factors. Other routine services may be covered under your plan, and some plans may require copayments, coinsurance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details.

All UnitedHealthcare members can access a cost estimate online or on the mobile app. None of the cost estimates are intended to be a guarantee of your costs or benefits. Your actual costs may vary. When accessing a cost estimate, please refer to the Website or Mobile application terms of use under the Find Care & Costs section. Available only for insured plans and self-funded plans with Optum Rx integrated pharmacy benefits.

The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

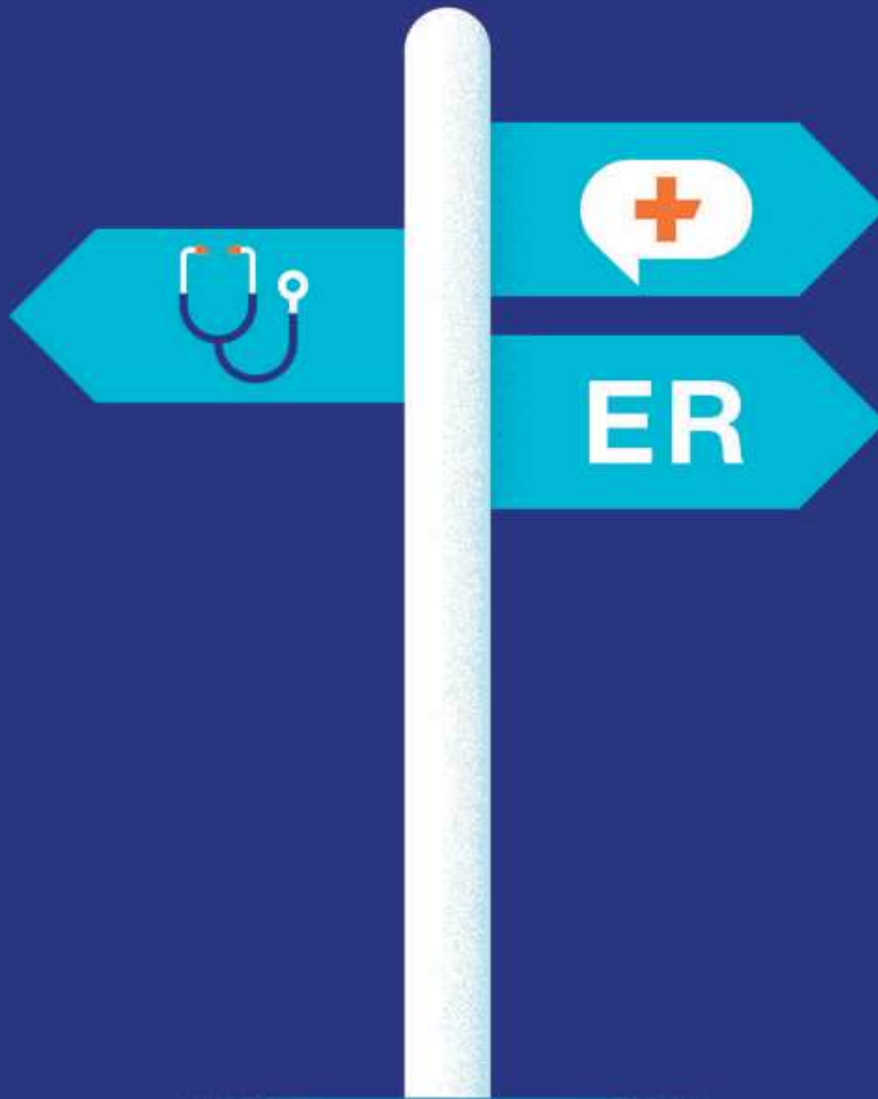
Health Plan coverage provided by or through a UnitedHealthcare company. Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

Administrative services provided by United HealthCare Services, Inc. or their affiliates, and UnitedHealthcare Service LLC in NY. Stop-loss insurance is underwritten by UnitedHealthcare Insurance Company or their affiliates, including UnitedHealthcare Life Insurance Company in NJ, and UnitedHealthcare Insurance Company of New York in NY.



Medical






Where to go for care





Compare options, help keep costs down

Getting care at the place that may best fit your condition or situation may save you up to \$2,500 compared to an emergency room (ER) visit.*

| Care options to consider | START HERE | | | | |
|---|---|---|---|---|---|
| |  Primary care provider (PCP) The provider who may know you best |  24/7 Virtual Visits A care provider over the phone or by video |  Convenience care Nurse practitioners and physician assistants at retail pharmacy clinics |  Urgent care Physicians and care teams at walk-in clinics |  Emergency room Physicians and care teams at hospital emergency departments |
| Average cost* | In-person: \$175 Virtual: \$99 or less** | \$54*** | \$100 | \$185 | \$2,700 |
| Allergies | ✓ | ✓ | | | |
| Bladder infection/UTI | ✓ | | | ✓ | |
| Broken bone | | | | ✓ | ✓ |
| Bronchitis | ✓ | ✓ | | ✓ | |
| Chest pain | | | | | ✓ |
| Cough | ✓ | ✓ | ✓ | | |
| COVID-19 symptoms | ✓ | | | ✓ | |
| Earache | ✓ | ✓ | ✓ | | |
| Fever | ✓ | ✓ | | | |
| Flu/common cold | ✓ | ✓ | ✓ | | |
| Migraine/headache | ✓ | ✓ | | | |
| Muscle ache/sprain | ✓ | | | ✓ | |
| Pinkeye | ✓ | ✓ | | | |
| Shortness of breath | | | | | ✓ |
| Sinus infection | ✓ | ✓ | | | |
| Skin rash | ✓ | ✓ | ✓ | | |
| Sore throat | ✓ | ✓ | | | |
| Stomach pain (nausea, vomiting, diarrhea) | ✓ | | | ✓ | |
| Yeast infection | ✓ | ✓ | | | |

✓ Indicates the care option to consider for the common conditions listed

Learn more

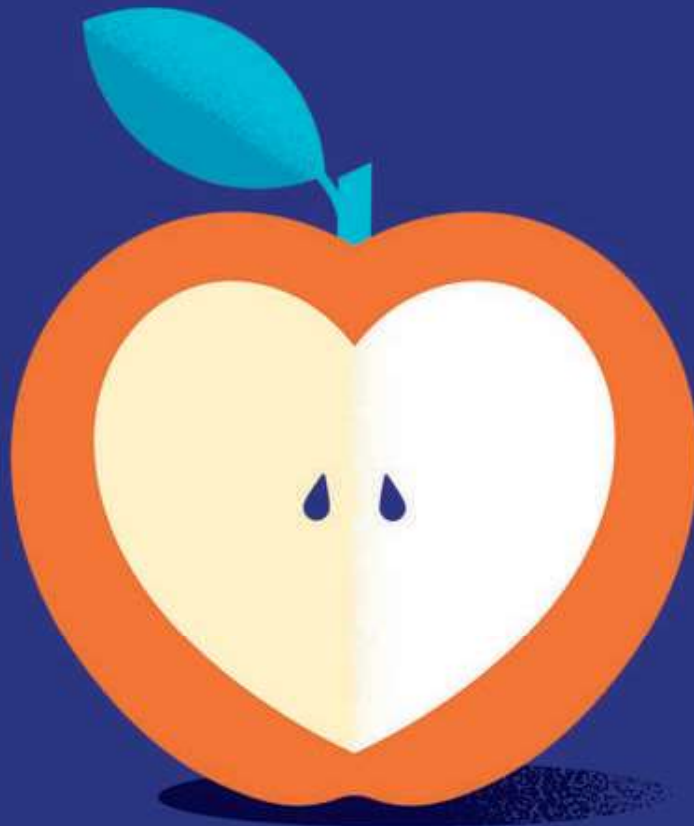
Visit uhc.com/quickcare

United Healthcare®



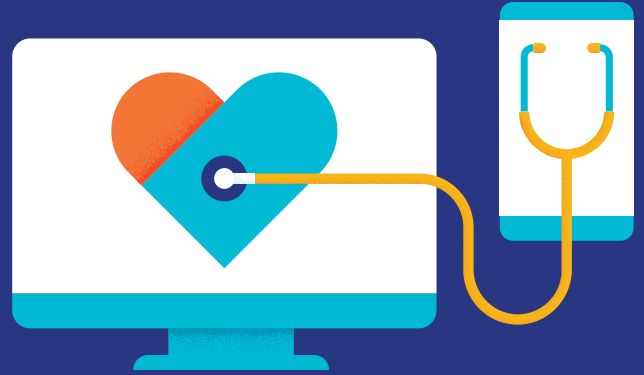
Medical

Health and wellness programs





Behavioral health resources and care, in one place



Connecting to care is easier than ever on myuhc.com[®], your personalized member website.

Behavioral health support services are available for you and your family to access anytime, anywhere. You'll find 24/7 confidential access to professional care, self-help programs and resources to help you manage stress and mental health challenges, including depression and anxiety.

Finding the right support just got easier.

Simply answer a few questions and we'll show you the top benefits and resources available for you, based on your needs and goals.

Get clear information about your benefits.

Learn what's covered and available to you to match your needs.

Set goals and improve your mental health.

Want to feel less stressed? Want to improve relationships at home or work? Want to better manage workplace burnout? Whatever your goals, getting connected to resources just got easier.

Connect with care quickly, on your own terms.

Learn about your options and choose what fits your lifestyle and needs. Therapists are available virtually or in-person.

Tools and resources at your fingertips

Learn about a variety of behavioral health solutions and well-being topics at myuhc.com/mental-health.

Get started

To find personalized behavioral health care recommendations, sign in or register on myuhc.com/mh-recommendations

United Healthcare

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. This program is not a substitute for a doctor's or professional's care. Consult with your clinician for specific health care needs, treatment or medication. Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against Optum or its affiliates, or any entity through which the caller is receiving these services directly or indirectly (e.g., employer or health plan). This program and its components may not be available in all states or for all group sizes and is subject to change. Coverage exclusions and limitations may apply.

All UnitedHealthcare members can access a cost estimate online or on the mobile app. None of the cost estimates are intended to be a guarantee of your costs or benefits. Your actual costs may vary. When accessing a cost estimate, please refer to the Website or Mobile application terms of use under Find Care & Costs section.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

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When life feels challenging, get caring and confidential help

Your Employee Assistance Program (EAP) offers access to personalized support, resources and no-cost referrals. It's confidential one-on-one help from a master's-level specialist.

No-cost, 24/7 access to support in the moments that matter

EAP helps you and your family with a range of issues, including:

- Identifying resources for managing stress, anxiety and depression
- Offering specialized help in improving relationships at home or work
- Providing guidance on legal and financial concerns
- Finding ways to help you cope with occupational stress and burnout
- Connecting you with care for addressing substance use issues

**Call EAP at
1-888-887-4114**

- 3 free counseling sessions per incident, per year
- Confidential and private; services will not be shared with your employer



Scan for more info

Use your phone's camera to scan this code and learn more.

The material provided through this program is for informational purposes only. EAP staff cannot diagnose problems or suggest treatment. EAP is not a substitute for your doctor's care. Employees are encouraged to discuss with their doctor how the information provided may be right for them. Your health information is kept confidential in accordance with the law. EAP is not an insurance program and may be discontinued at any time. Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against UnitedHealthcare or its affiliates, or any entity through which the caller is receiving these services directly or indirectly (e.g., employer or health plan). This program and its components may not be available in all states or for all group sizes and is subject to change. Coverage exclusions and limitations may apply.

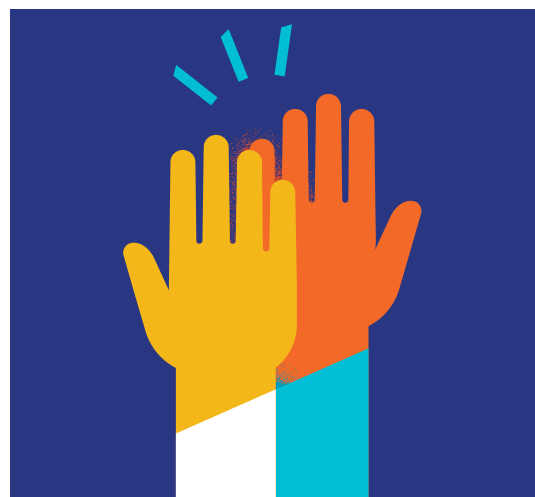
Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

One Pass Select™

Flexible fitness options for all

Being healthy shouldn't be a grind. It should involve trying new things, exploring new foods and pushing yourself to be slightly better than you were the day before.

With One Pass Select, our mission is to make being healthy fun for all. No matter your current fitness level, we have a wide variety of activities to challenge you and your eligible family members (18+). From strength training and swimming, to yoga and spin classes, you can try new things and push yourself physically and mentally. And that's not all. Get access to digital fitness apps and home grocery delivery to make it even more convenient to become a better you.



Choose the membership* that fits your lifestyle

\$29/Mo

Classic

12,000+ gym locations

\$64/Mo

Standard

13,500+ gym and premium locations

\$99/Mo

Premium

16,000+ gym and premium locations

\$144/Mo

Elite

18,000+ gym and premium locations

*** An enrollment fee may apply.**

Or get started with a digital-only plan for \$10/Mo.

All tiers Classic or above come with grocery and home essentials delivery at no extra cost.

One Pass Select is simple to set up

Your One Pass Select member code is a single code that will get you access to any fitness location in your chosen network tier. Additionally, use it for online fitness vendors and other One Pass offerings.

1. Go to OnePassSelect.com
2. Click "Get Started"
3. First time visitors, follow the prompts to register. Returning users log in with email and password
4. Get your One Pass Select member code on the dashboard page
5. Click "How to use code" to learn more about how to use your unique One Pass Select member code to access all of your services



Get started today
Visit OnePassSelect.com



One Pass Select is a voluntary program featuring a subscription based nationwide gym network, digital fitness and grocery delivery service. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them. Purchasing discounted gym and fitness studio memberships, digital fitness or grocery delivery services may have tax implications. Employers and individuals should consult an appropriate tax professional to determine if they have any tax obligations with respect to the purchase of these discounted memberships or services under this program, as applicable. One Pass Select is a program offered by Optum. Subscription costs are payable to Optum.

Administrative services provided by United HealthCare Services, Inc. or their affiliates.

This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend specific treatment and are not a substitute for your doctor's care. Please discuss with your doctor how the information provided may be right for you. Your health information is kept confidential in accordance with the law. The service is not an insurance program and may be discontinued at any time.

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